**London Green Belt Relay Stage 9 Route Instructions**

Hertford East Station to Cheshunt Station 11.45 miles

For a map of stage 9 see [MapMyWalk](https://www.mapmywalk.com/routes/view/2567539228) - This can be downloaded as a GPX or KML file

Starts on Mill Road, on the south side of the River Lee Navigation, just 170 yards north of Hertford East Station. Grid Reference TL3292213074. Postcode SG13 7GD. See [Map.of Start](https://www.google.com/maps/place/Hertford%2BSG13%2B7GD/%4051.8004377%2C-0.0753354%2C17z/data%3D%213m1%214b1%214m5%213m4%211s0x4876268d74edb10b%3A0x3699e0d9a1c08fb3%218m2%213d51.800595%214d-0.0735679).

This route is flat and follows the Lea Valley Walk all the way. It should be easy to follow, but I’ll also name some of the places we pass below. NOTE: The Lea is also spelt Lee.

**1.** From Mill Road follow the Lee Towpath east, signed Riverside Walk, for the next 2.25 miles to Ware.

**2.** At 1.2 miles we pass under the Kingsmead Viaduct which carries the A10 over the Lea Valley.

**3.** At 1.7 miles we pass Ware Lock.

**4.** At 2.25 milesthe towpath eventually leads to Amwell End (to the left is the bridge over the Lee leading to Ware High Street). Go straight on across the road and back onto the Lee Towpath.

**5.** 3.12 miles we pass Hardmead Lock.

**6.** 4.1 miles we pass Stanstead Lock.

**7.** 4.35 miles we pass under Stanstead Abbots Bridge.

**8.** 4.9 miles we pass under A414.

**9.** 5.72 miles we pass under Rye Road.

**10.** At 6.1 miles we pass under a metal bridge. It carries the train line from London Liverpool Street to Stansted Airport and Cambridge.

**11.** 6.28 miles we pass Fieldes Weir Lock

**12.** On approaching Dobbs Weir at just over 7 miles (the river widens), follow the towpath left over a long footbridge next to the weir and through a small grassy area to reach the road.

**13.** Turn left over a bridge then turn right and back down to the canal path with a public car park to your left.

**14.** 7.35 miles we pass Dobbs Weir Lock.

**15.** Carthagena Weir is passed at 8 miles, and Carthagena Lock soon after.

**16.** 8.24 miles we pass under Nazeing New Road.

**17.** On passing The Crown Pub, turn right along Old Nazeing Road and over the bridge to the west bank of the River Lee.

**18.** Immediately over, turn left to continuing south along the towpath, and soon over a footbridge which crosses the Broxbourne Mill Stream. The railway is just to the right.

**19.** 10.1 miles we pass Aqueduct Lock

**20.** 10.9 miles we pass Cheshunt Lock.

**21.** At 11.42 miles, the canal bends slightly to the left, and shortly after this, to the right of the path, is a River Lee Country Park sign. This is where we finish the stage.

On the RHS a footpath leads to a small car park with public toilets and a picnic area. A few yards later is the entrance to the [Lee Valley YHA](http://www.yha.org.uk/find-accommodation/east-of-england/hostels/Lee-Valley/index.aspx) and the [Herts Young Mariners Base](http://www.hymb.com/). 100 yards further along Windmill Lane is [Cheshunt railway station](http://www.nationalrail.co.uk/stations/chn/details.html) - it's only 300 yards away from the finish of the stage (see [map](https://www.mapmywalk.com/routes/view/3196774843)).

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