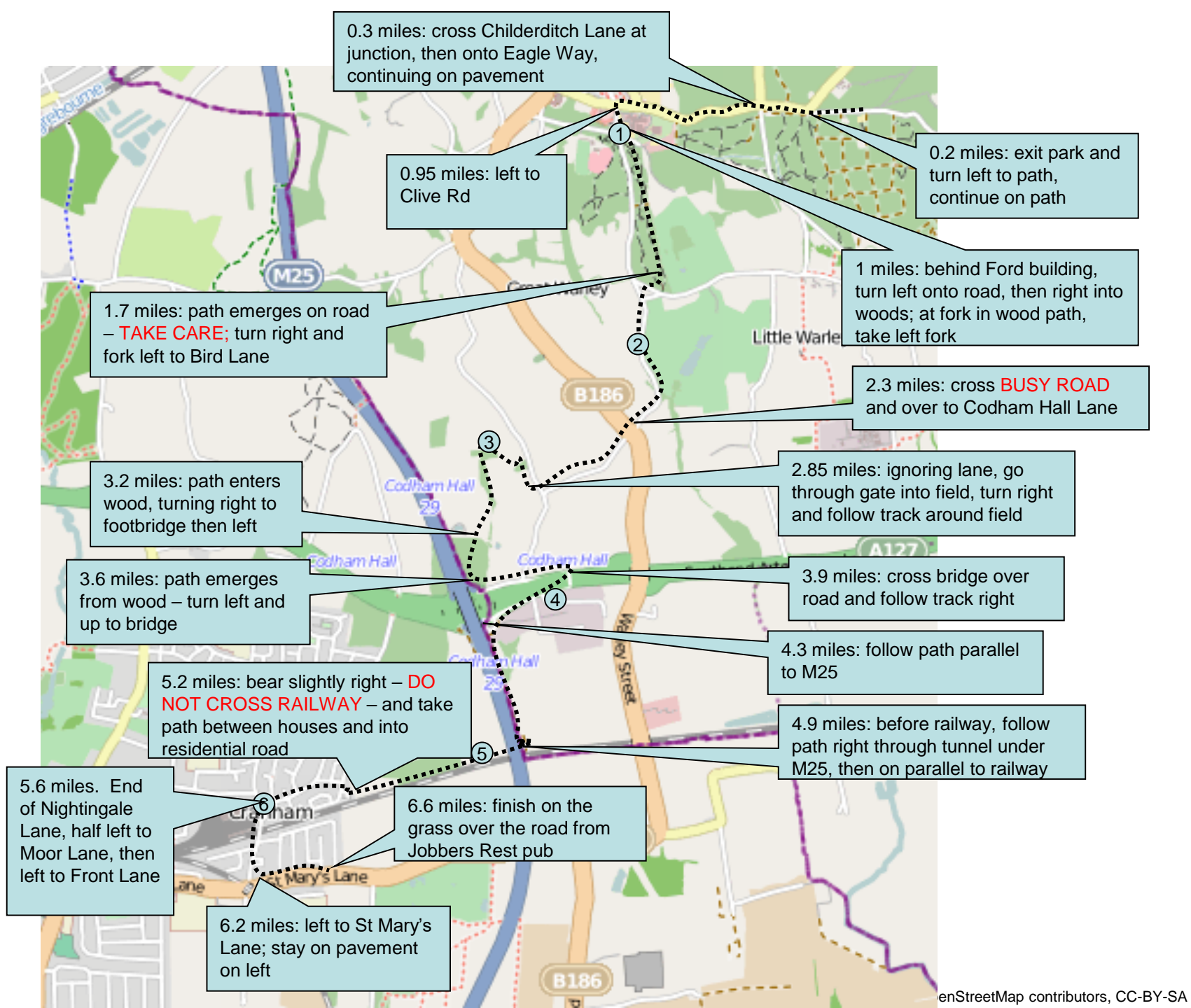
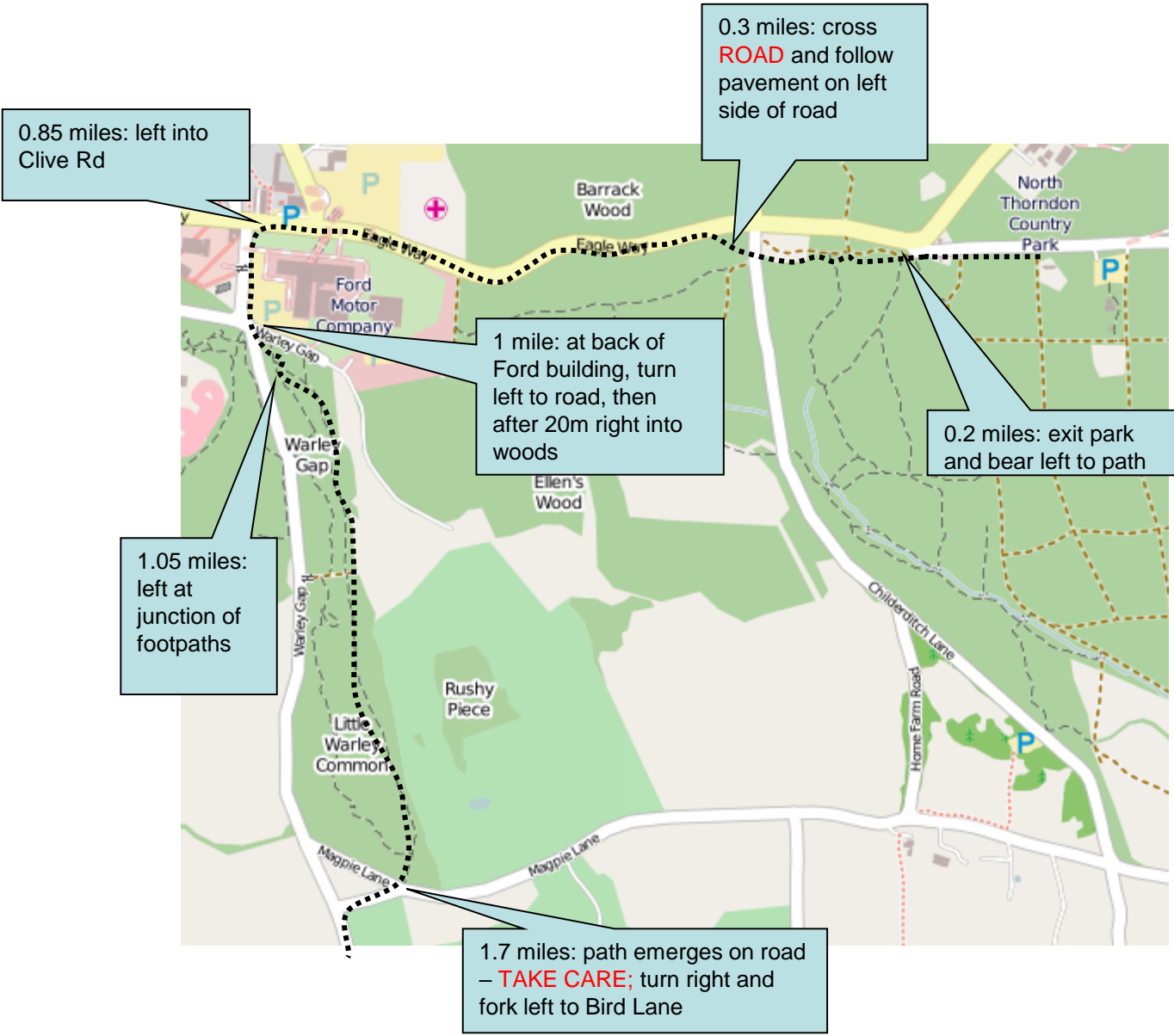


Start time: 09:04 Sunday
Distance: 6.6 miles
Emergency: 07966 542315

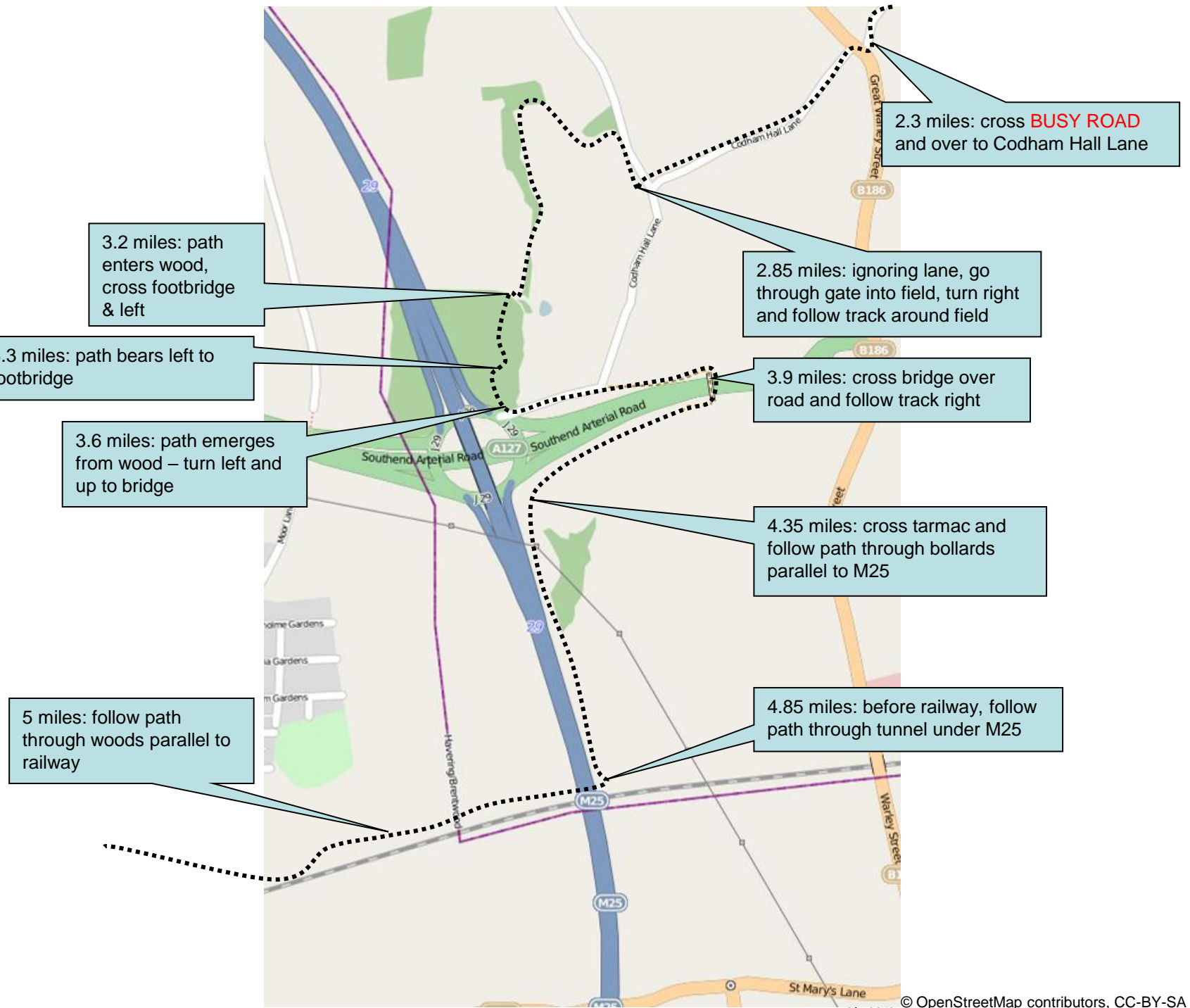
Stage 13 – Overview



Stage 13 Detail - Start



Stage 13
Detail - 3
to 6 miles



Stage 13 Detail - Finish



5.8 miles: end of Moor Lane at shops, turn left into Front Lane and stay on pavement on left hand side

5.5 miles: path emerges into residential road; cross into Nightingale Lane and then bear left into Moor Lane

5.2 miles: exit wood, and bear slightly right on grass towards gate and then houses

6.6 miles; finish on the grass over the road from the Jobbers Rest pub

6.2 miles: end of Front Lane before railway bridge, turn left into St Mary's Lane, staying on pavement on left hand side

Stage 13 – Top Tips

- **Navigation:** a twisty course with a mixture of fiddly urban turns, woods and fields.
- The Jobber's Rest has been re-branded but is still in the same place.
- **Marshal and Support Points:**

Stage	Miles	Place	Risk	Postcode	Start	What Three Words
13	Start	Thorndon Park	n/a	CM13 9RZ	09:04	///vision.open.hobby
13	0.3	Childerditch Lane	H	CM13 3RZ	09:05	///parks.silly.happen
13	1.7	Magpie Lane crossing	H	CM13 3DT	09:12	///transfers.each.gravy
13	2.3	Warley Rd crossing	H	CM13 3JH	09:14	///mutual.ridge.middle
13	6.6	Finish	L	RM14 3JX	09:37	///caged.deeply.combining

- **Stage Records:**

Year	Stage	Distance	Name	Team	Time	Category
2019	13	6.6	Glenn Hughes	Serpentine	00:35:38	Overall (men)
2018	13	6.6	Natasha Sheel	Serpentine	00:41:58	Overall (women)
2022	13	6.6	Gavin Brandie	Clapham Chasers	00:38:36	V40 Men
2018	13	6.6	Karen Ellison	Stock Exchange	00:45:29	V35 Women
2022	13	6.6	Crispin Allen	Stragglers	00:40:04	V50 Men
2017	13	6.6	Sue Hall	Stragglers	00:47:08	V45 Women

Start:
Thorndon Park
 Nearest Post Code CM13 3RZ
 Lat (WGS84) N51:35:60 (51.599883)
 Long (WGS84) E0:19:05 (0.318169)
 LR TQ606915

Hospital:
 Queen's Hospital
 Rom Valley Way,
 Romford RM7 0AG

End:
Jobbers Rest, Cranham
 Nearest Post Code RM14 3JX
 Lat (WGS84) N51:33:28 (51.557729)
 Long (WGS84) E0:16:24 (0.273335)
 LR TQ576867