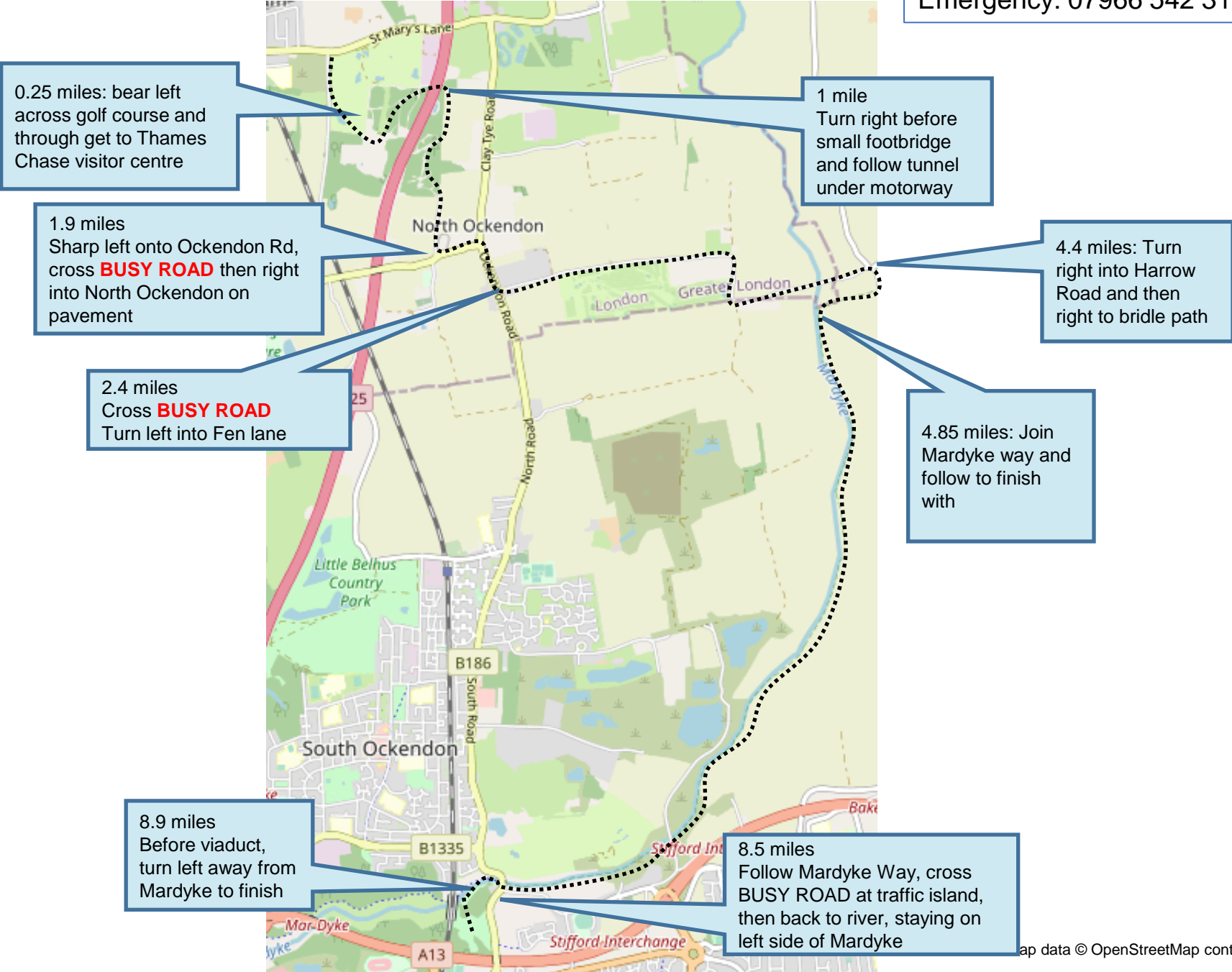
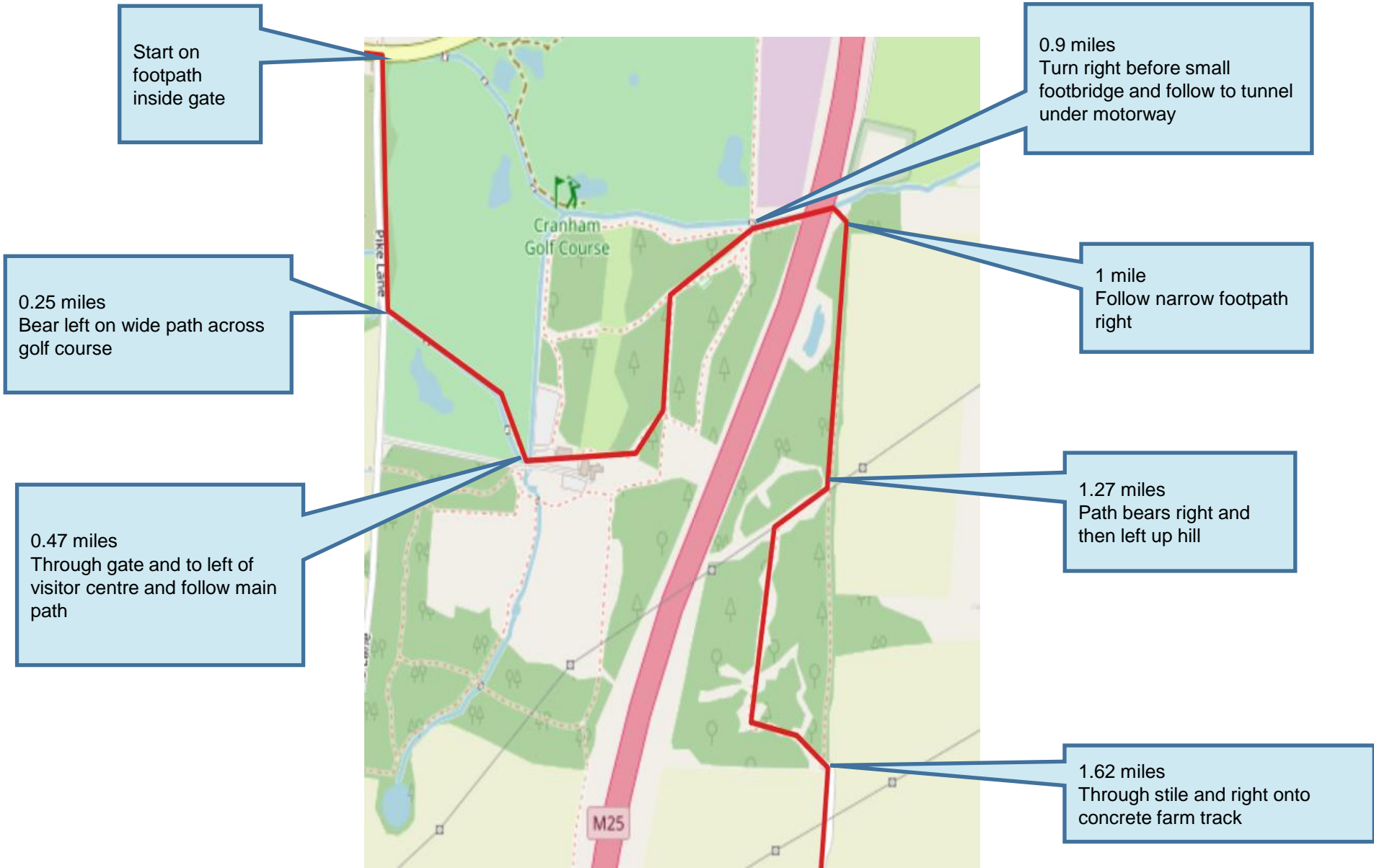


Stage 14

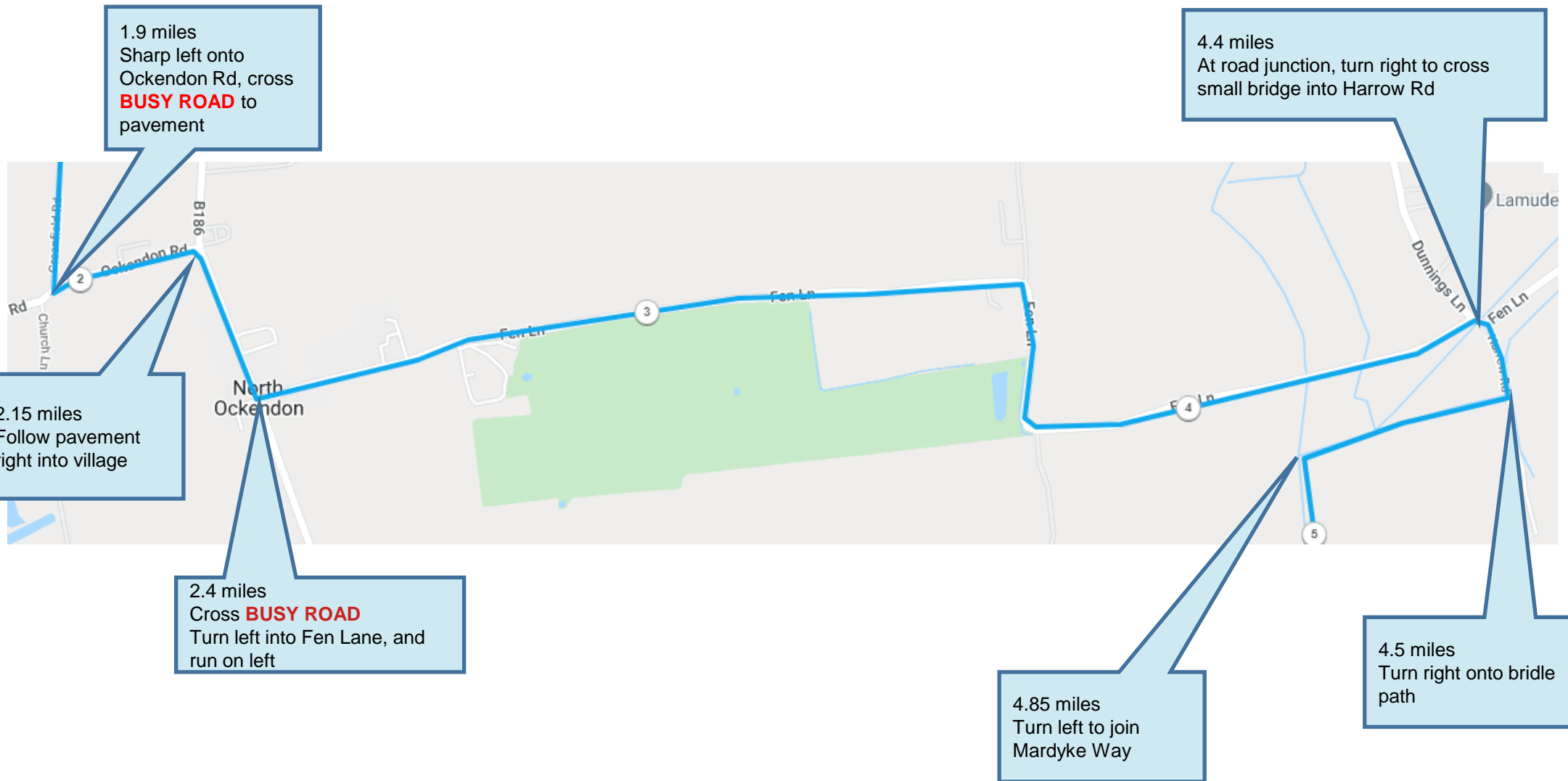
Start time: 9:41 Sunday
Distance: 9 miles
Emergency: 07966 542 315



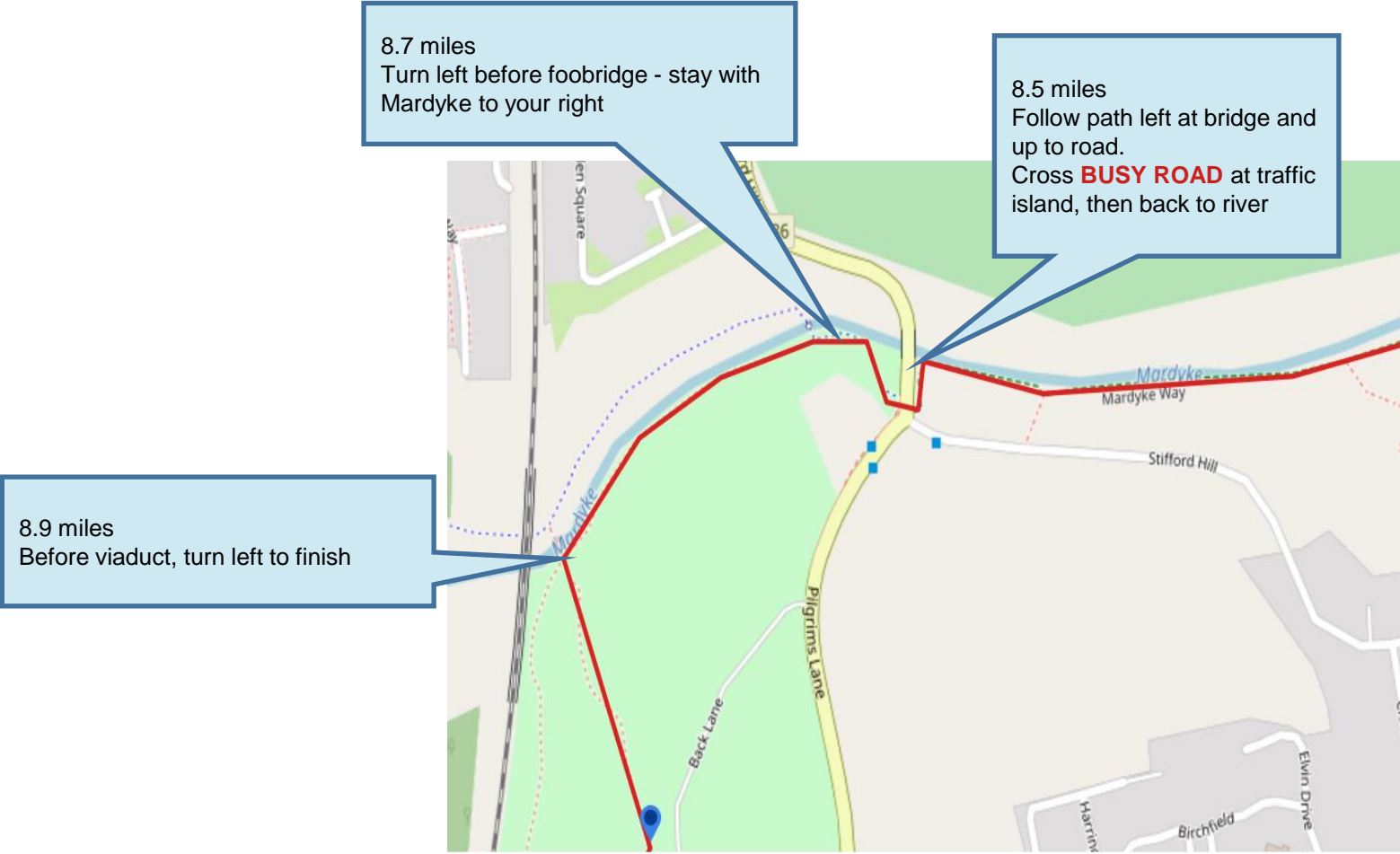
Stage 14 (start)



Stage 14 (middle)



Stage 14 (end)



Stage 14 – Top Tips

Navigation:

- The start is a short walk from the finish of 13, just inside the golf course.
- The finish is a distance away from the start of 15 (which is over the QE2 bridge); please bear this in mind when planning your team logistics.

Marshal and Support Points:

Stage	Miles	Place	Risk	Postcode	Start	What Three Words
14	Start	Cranham	n/a	RM14 3JX	09:44	///safely.tiles.speeds
14	1.9	Ockendon Rd/Church Lane	H	RM14 3PX	09:52	///dome.mostly.needed
14	2.3	Ockendon Rd/Fen Lane	M	RM14 3PS	09:54	///vague.wisdom.thin
14	4.4	Fen Lane bend	M	RM14 3BP	10:04	///hunter.warns.rocket
14	8.2	Finish	L	RM16 5UL	10:25	///raves.clocks.grain
14	8.5	Stifford Hill crossing	M	RM16 5AA	10:24	///reject.keen.hook
14	9	Finish	n/a	RM16 5UL	10:28	///squad.organs.wipe

Stage Records:

Year	Stage	Distance	Name	Team	Time	Category
2023	14	9.41	Alastair Matheson	Queens Park Harriers	00:51:06	Overall (men)
2023	14	9.41	Katy Hedgethorne	Thames Hare & Hounds	01:04:24	Overall (women)
2023	14	9.41	Gareth Williams	Ranelagh	00:57:22	V40 Men
2023	14	9.41	Eleanor Simmons	Dulwich Runners	01:14:08	V35 Women
2023	14	9.41	Kevin Murray	Serpentine	01:00:49	V50 Men
2023	14	9.41	Eleanor Simmons	Dulwich Runners	01:14:08	V45 Women

Start:

Jobbers Rest, Cranham

Nearest Post Code RM14 3JX
 Lat (WGS84) N51:33:28 (51.557729)
 Long (WGS84) E0:16:24 (0.273335)
 LR TQ576867

Hospital:

Queen's Hospital
 Rom Valley Way,
 Romford RM7 0AG

End:

Davy Down

Nearest Post Code RM16 5UL
 Lat (WGS84) N51:29:52 (51.497861)
 Long (WGS84) E0:17:34 (0.292816)
 LR TQ592801