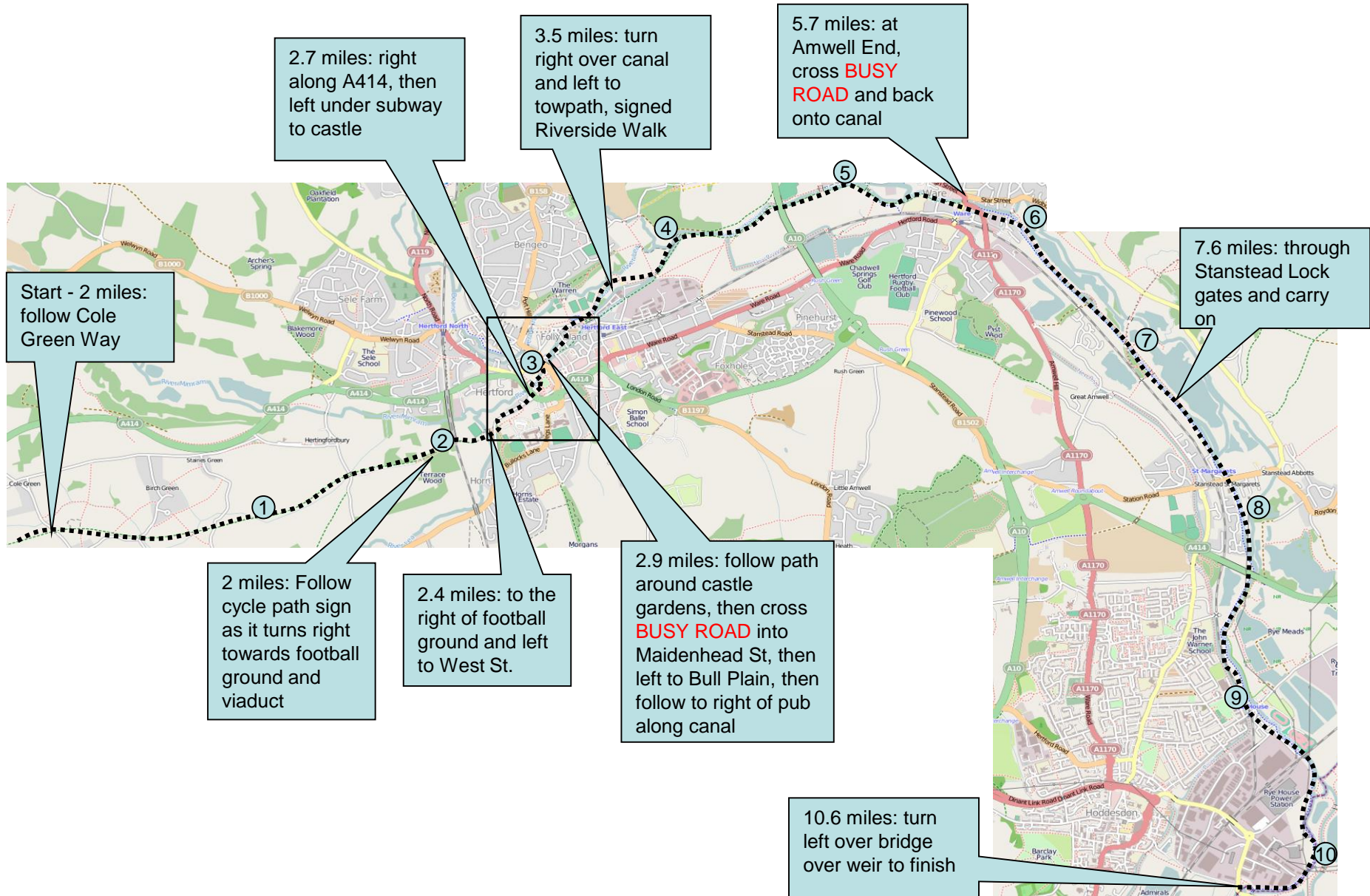
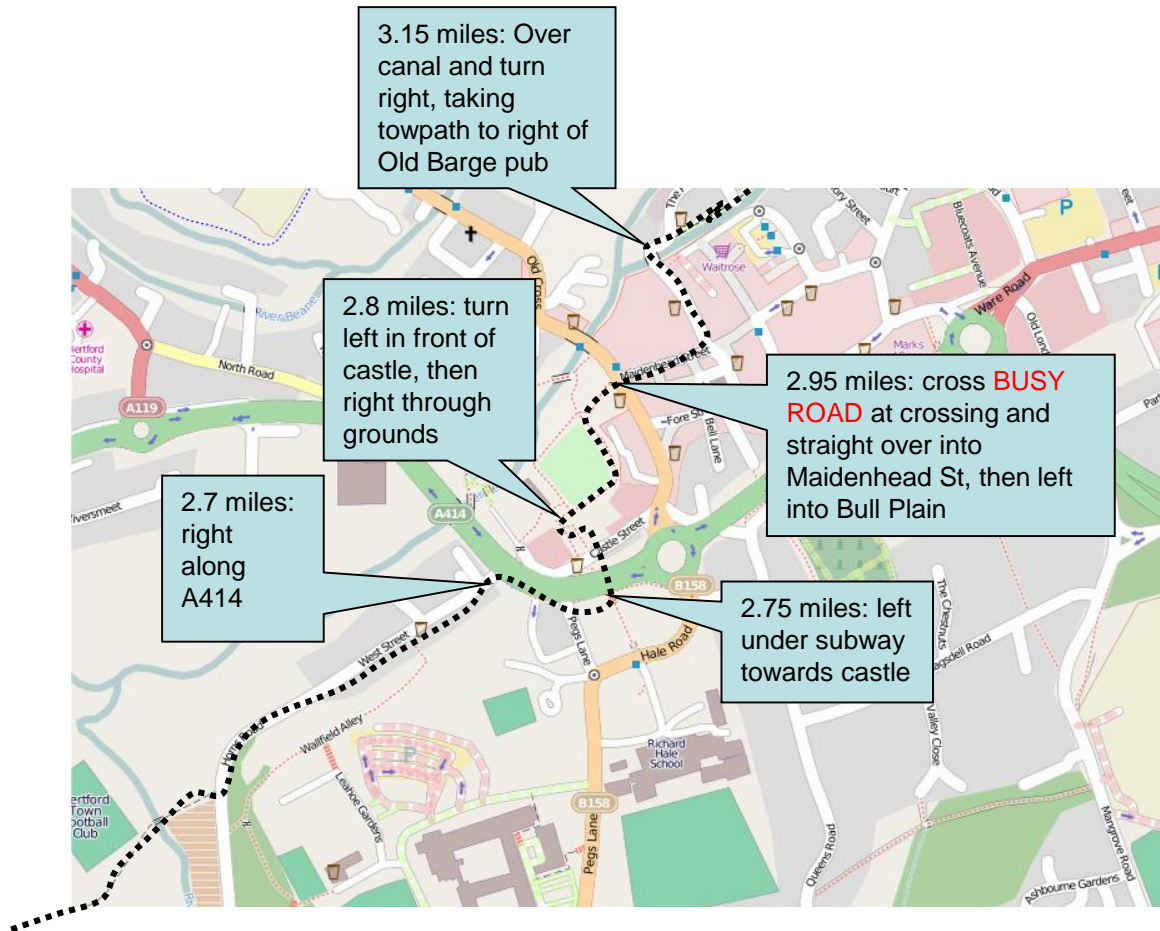


Stage 8 – Overview

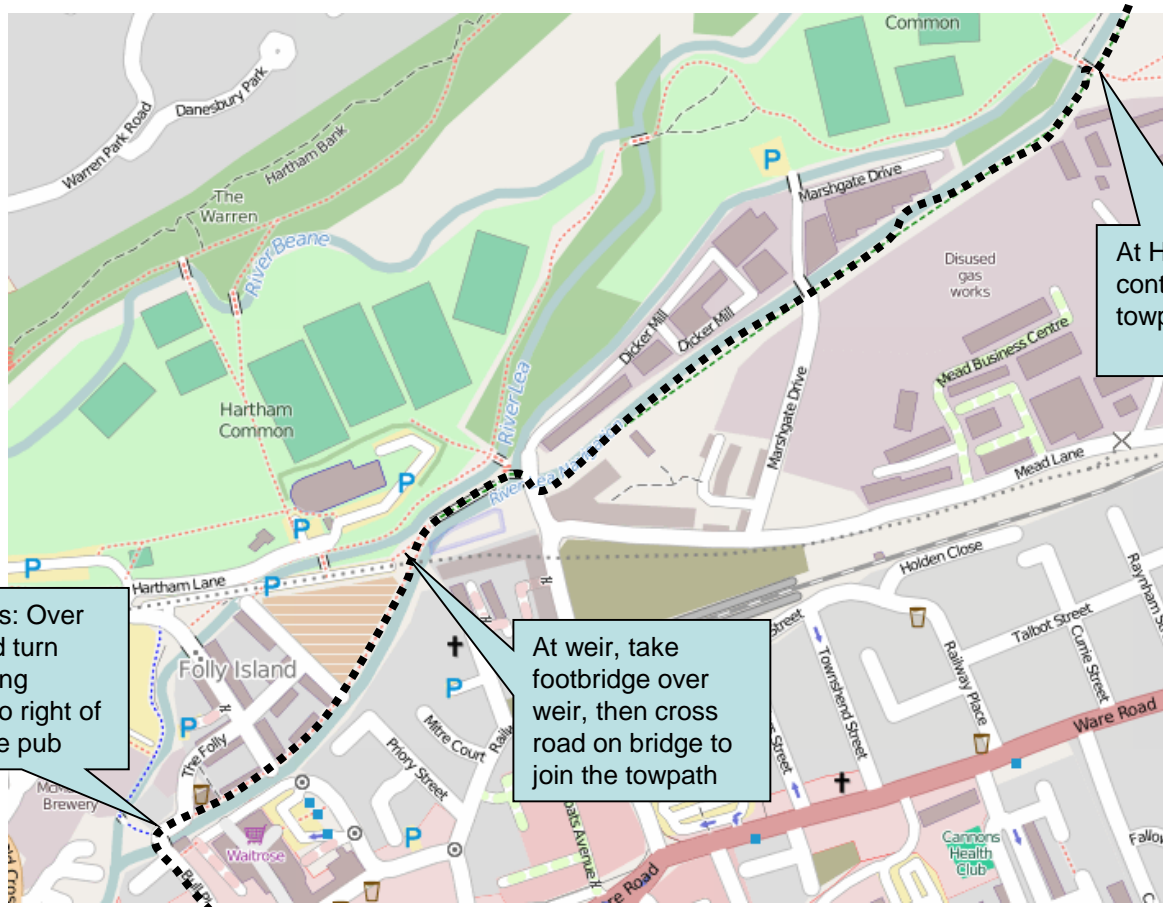
Start time: 16:03 Saturday
Distance: 10.65 miles
Emergency: 07966 542315



Stage 8 Detail – 3 Miles - Hertford



Stage 8 Detail – 3 Miles



3.15 miles: Over canal and turn right, taking towpath to right of Old Barge pub

At weir, take footbridge over weir, then cross road on bridge to join the towpath

At Hertford Lock, continue on towpath

Stage 8 – Top Tips

- **Navigation:** Navigating through Hertford town centre needs some care, but once you are on the canal towpath, just keep going.
- The canal towpath crosses a road in Hertford (3.5 miles) and Ware (5.7 miles) – take care
- **Marshal and Support Points:**

Stage	Place	Risk	Miles	Water?	Postcode	Time	Description (please refer to map for details)
8	Subway to Hertford castle	L	2.75		SG13 8FL	16:08	Ignore cycle path signs to use pedestrian underpass
8	Maidenhead Rd Hertford	M	2.85		SG14 1EA	16:08	Use pelican crossing to cross into pedestrian shopping street
8	Mill Rd canal crossing	L	3.5	Water	SG13 7GD	16:13	Cross Mill Rd and weir to join canal towpath
8	Amwell End crossing	H	5.7	Water	SG12 9BS	16:23	Towpath emerges onto road - use traffic islands
8	St Margarets	L	7.75	Water	SG12 8DH	16:38	(Water only)

- **Stage Records:**

Year	Stage	Name	Team	Time	Category
2008	8	Jeff Cunningham	Serpentine	00:59:35	Overall (men)
2006	8	Rachel Townsend	StockExchange	01:03:51	Overall (women)
2012	8	Louise Watson	Millennium Group	01:08:23	V35 Women
2007	8	Hugh Shields	Millennium Group	01:02:41	V40 Men
2011	8	Cathy Ulliot	Brighton & Hove City	01:12:02	V45 Women
2008	8	Steve Badgery	Millennium Group	01:05:53	V50 Men

Start:

Letty Green

Nearest Post Code SG14 2NS

Lat (WGS84) N51:47:02 (51.783977)

Long (WGS84) W0:08:09 (-0.135752)

LR TL286111

Hospital:

Queen Elizabeth 1

Hospital

Howlands, Welwyn

Garden City AL7 4HQ

End:

Dobbs Weir

Nearest Post Code EN11 0AY

Lat (WGS84) N51:45:19 (51.755182)

Long (WGS84) E0:00:19 (0.005301)

LR TL385081