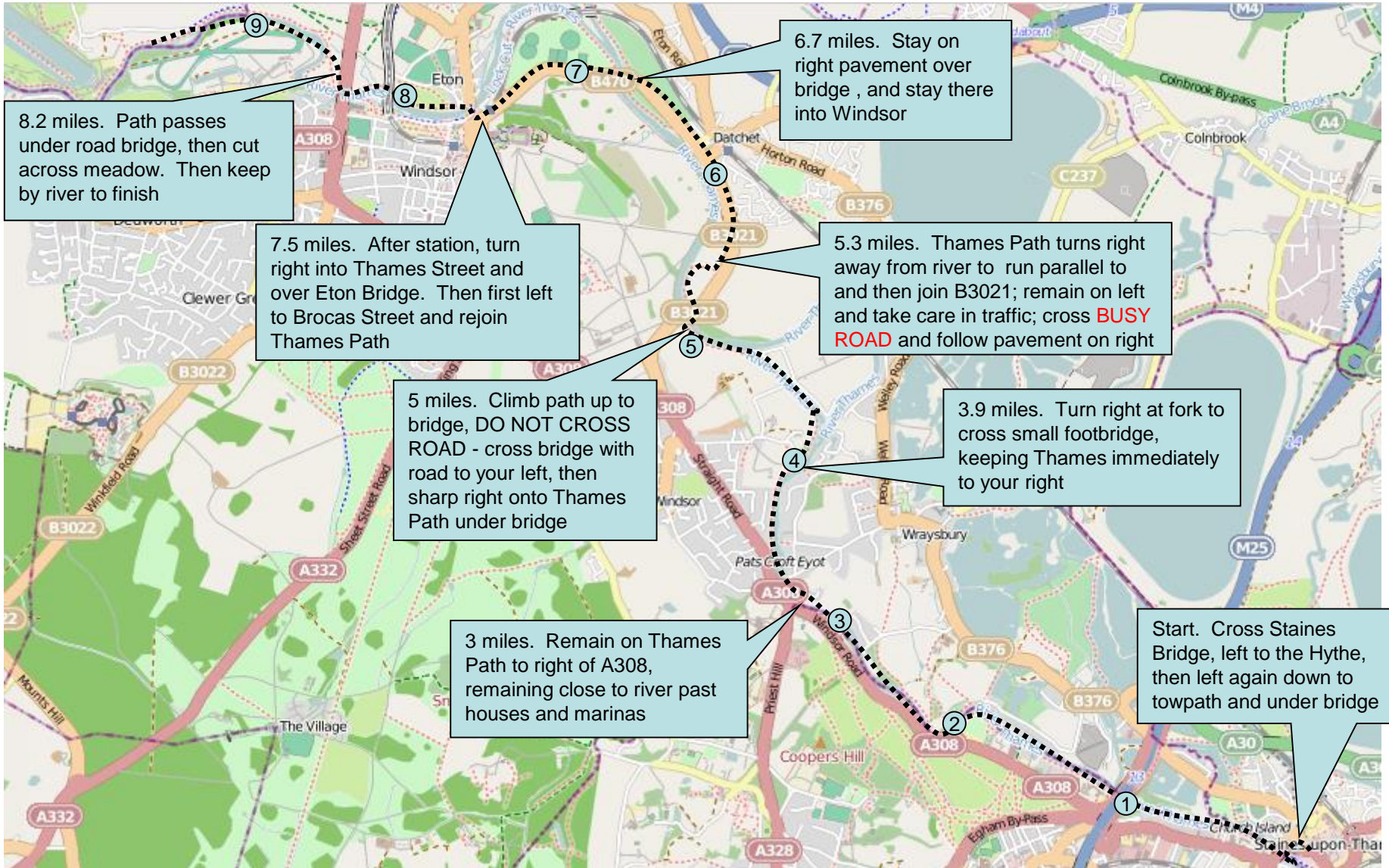
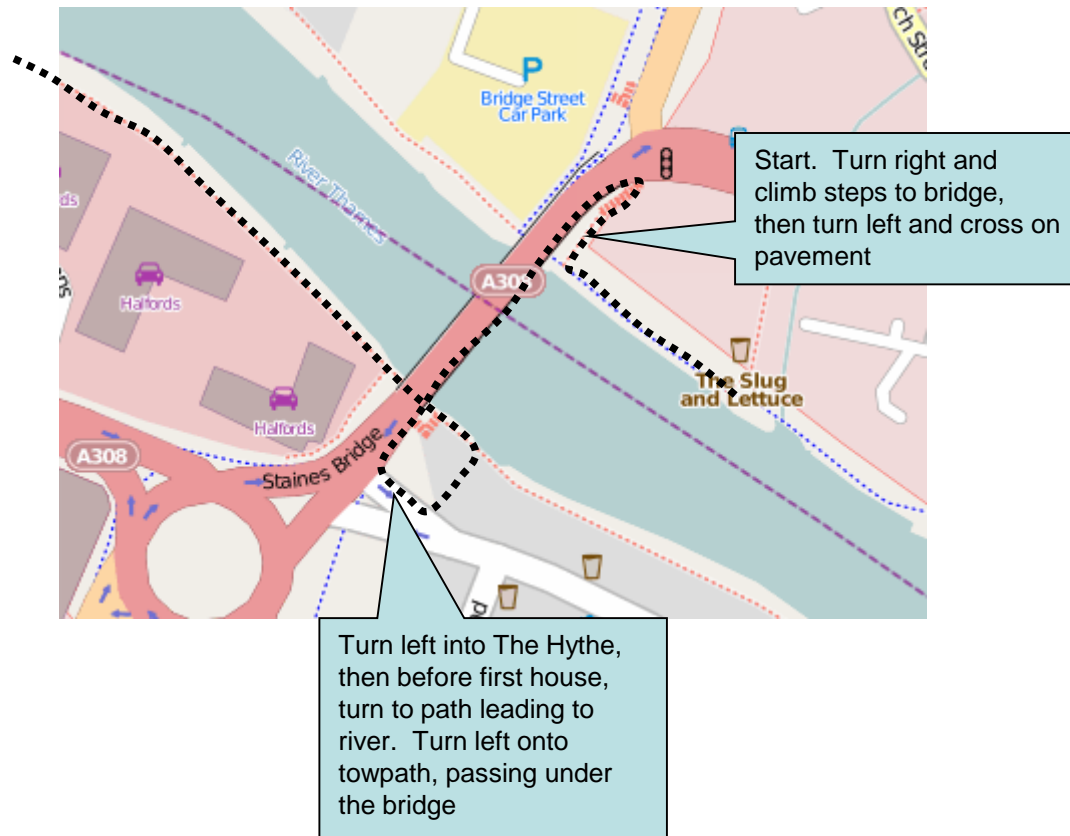


Stage 2 – Overview

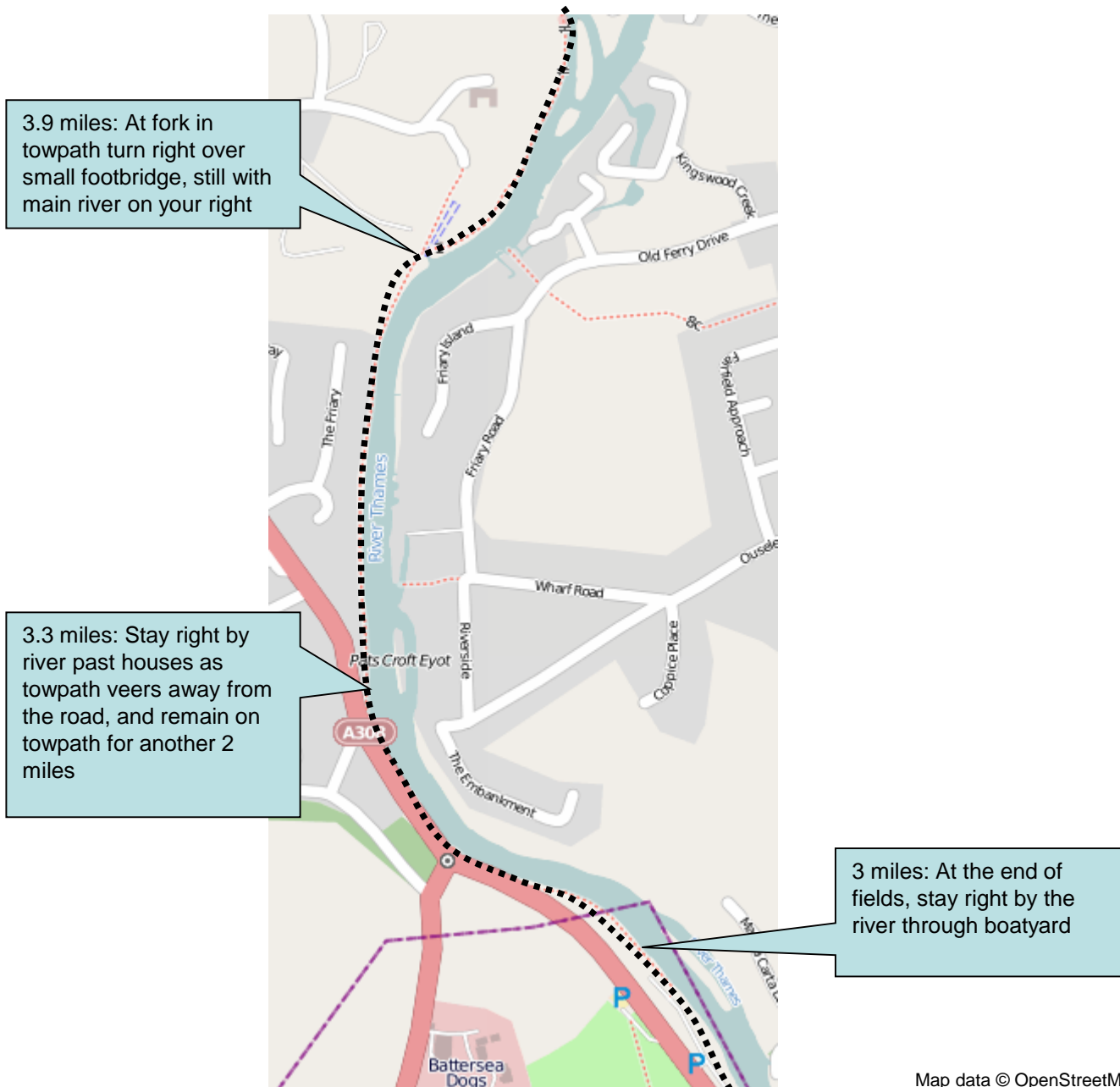
Start time: 09:42 Saturday
Distance: 9.64 miles
Emergency: 07966 542315



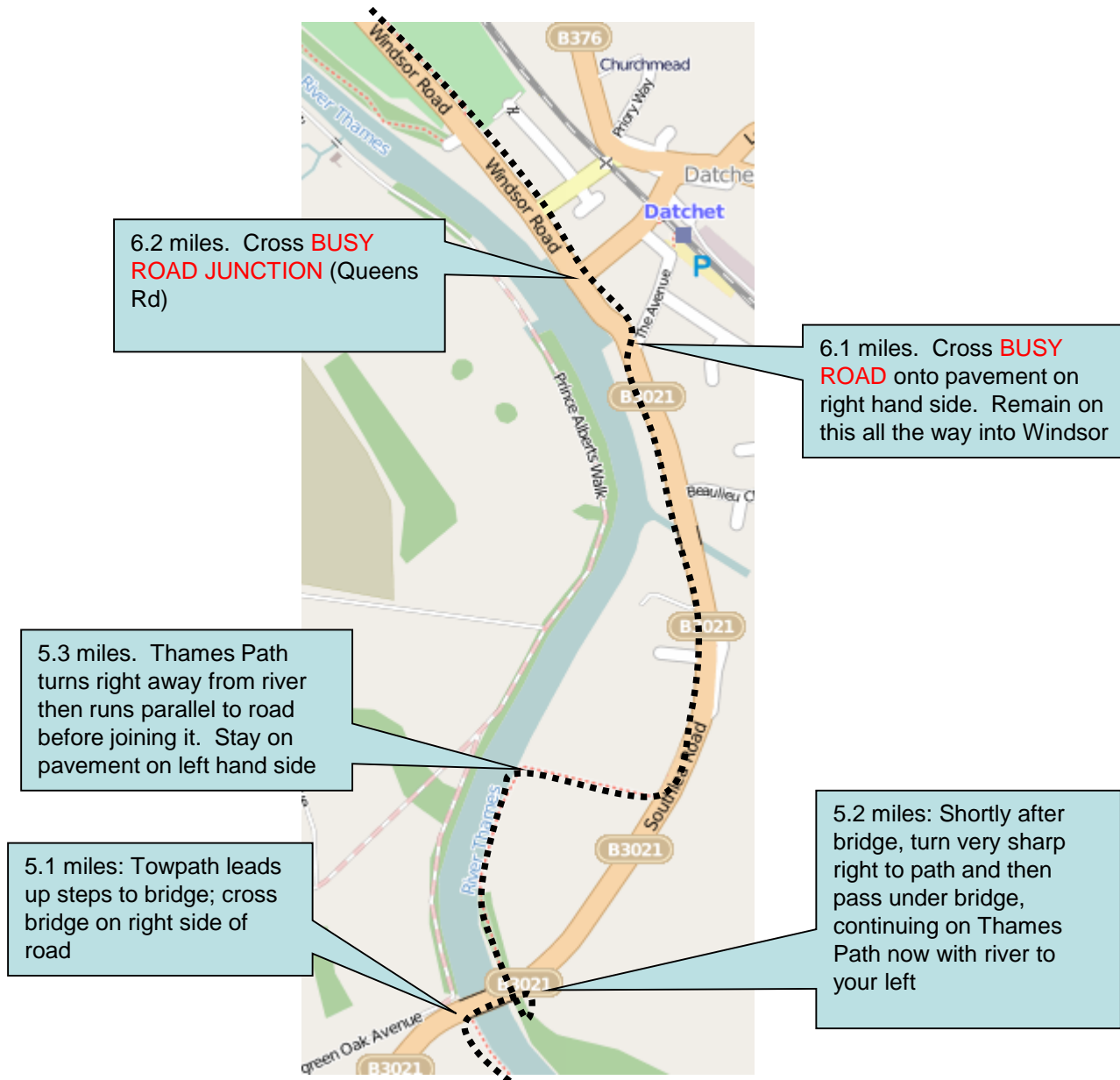
Stage 2 Detail - Start



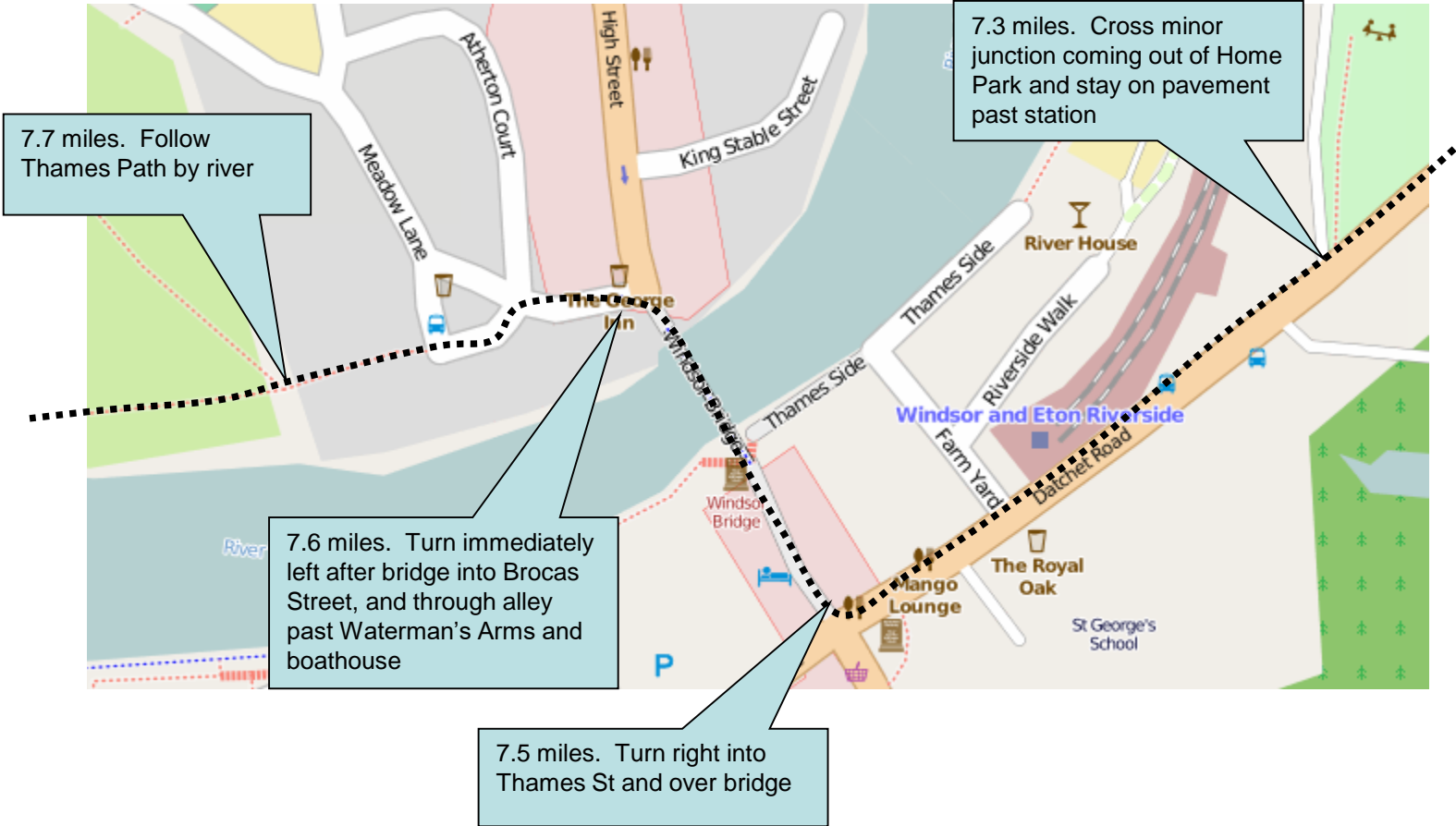
Stage 2 Detail – 3 miles: Runnymede



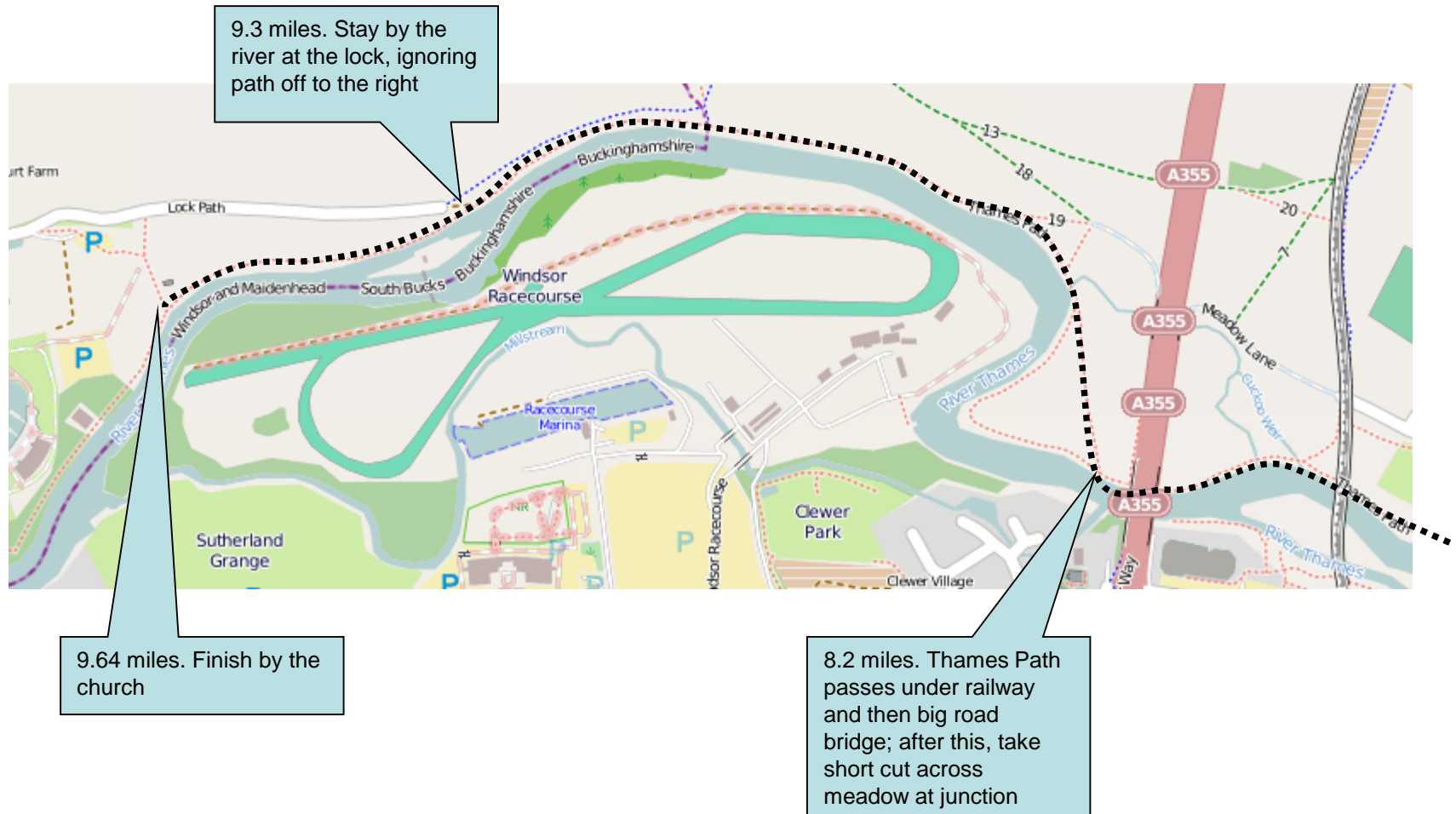
Stage 2 Detail – 5 miles: Albert Bridge & Datchet



Stage 2 Detail – 7.5 Miles: Windsor



Stage 2 Details – 8.5 Miles: Towpath to Finish



Stage 2 – Top Tips

Race Navigation:

- This follows the Thames Path almost the whole way, although with a short-cut approaching Windsor
- You may take the short cut over the meadow at 8.2 miles
- Near the finish, stay by the river as you pass the lock at 9.3 miles. Runners in the past have missed this.
- Changeover point at the finish can be tricky to find; don't go into Dorney Lake.

Marshal and Support Points:

Stage	Place	Risk	Miles	Water?	Postcode	Time	Description (please refer to map for details)
2	Staines Bridge/towpath	L	0.0		TW18 3JF	09:40	Onto towpath from bridge
2	Towpath/mooring	M	3.3	Water	SL4 2SH	09:57	Guide away from A308 onto towpath
2	Bridge	L	5.1		SL3 9DA	10:07	Sharp right after bridge and back onto towpath
2	Turn onto road towards Datchet	M	5.4	Water	SL3 9BZ	10:10	Left onto pavement
2	Road crossing through Datchet	H	6.1		SL3 9BR	10:14	Past road crossings and then over to pavement on RHS
2	Windsor/Eton Bridge	M	7.5	Water	SL4 1PU	10:20	Cross Farm Yard, right to bridge, then left to Brocas

Stage Records:

Year	Stage		Name	Team	Time	Category
2016	2	9.64	Barrett, Simon	Serpentine Running Club Men	00:56:14	Overall (men)
2016	2	9.64	Ansell, Cathy	Stock Exchange AC	01:00:38	Overall (women)
2014	2	9.64	Scally, Anna	Ranelagh 1	01:13:09	V35 Women
2016	2	9.64	Barrett, Simon	Serpentine Running Club Men	00:56:14	V40 Men
2014	2	9.64	Jacky Balfour	Stragglers 2	01:11:13	V45 Women
2016	2	9.64	Forrest, Mark	Front Runners 1	01:00:22	V50 Men

Location (Start):

Staines Bridge

Nearest Post Code TW18 4BU

Lat (WGS84) N51:26:00 (51.433436)

Long (WGS84) W0:30:58 (-0.516080)

LR TQ032715

Hospital:

St Peter's
Guildford Road,
Chertsey KT16 0PZ

Location (End):

Boveney Church

Nearest Post Code SL4 6QQ

Lat (WGS84) N51:29:24 (51.490118)

Long (WGS84) W0:38:50 (-0.647305)

LR SU940776