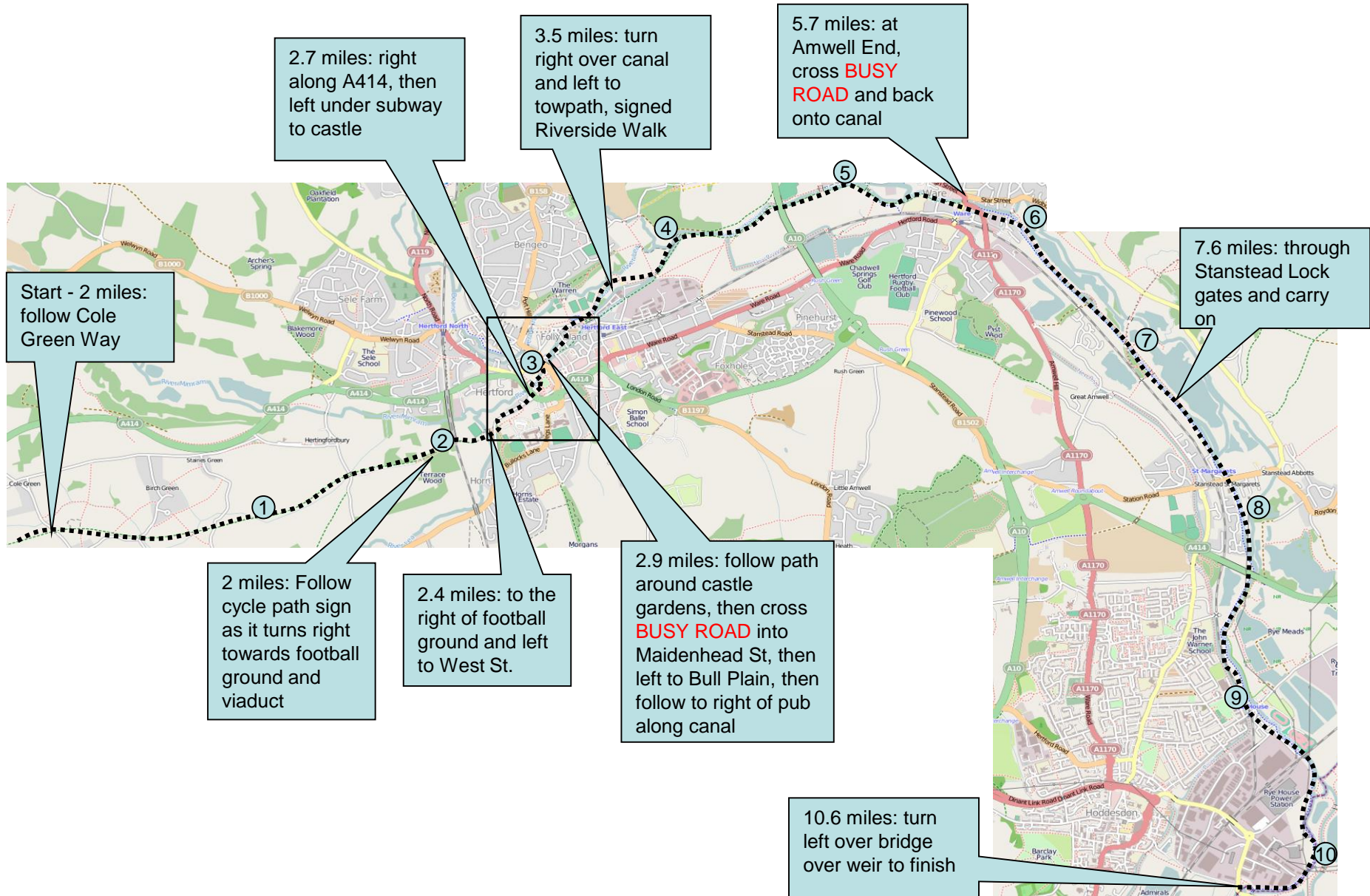
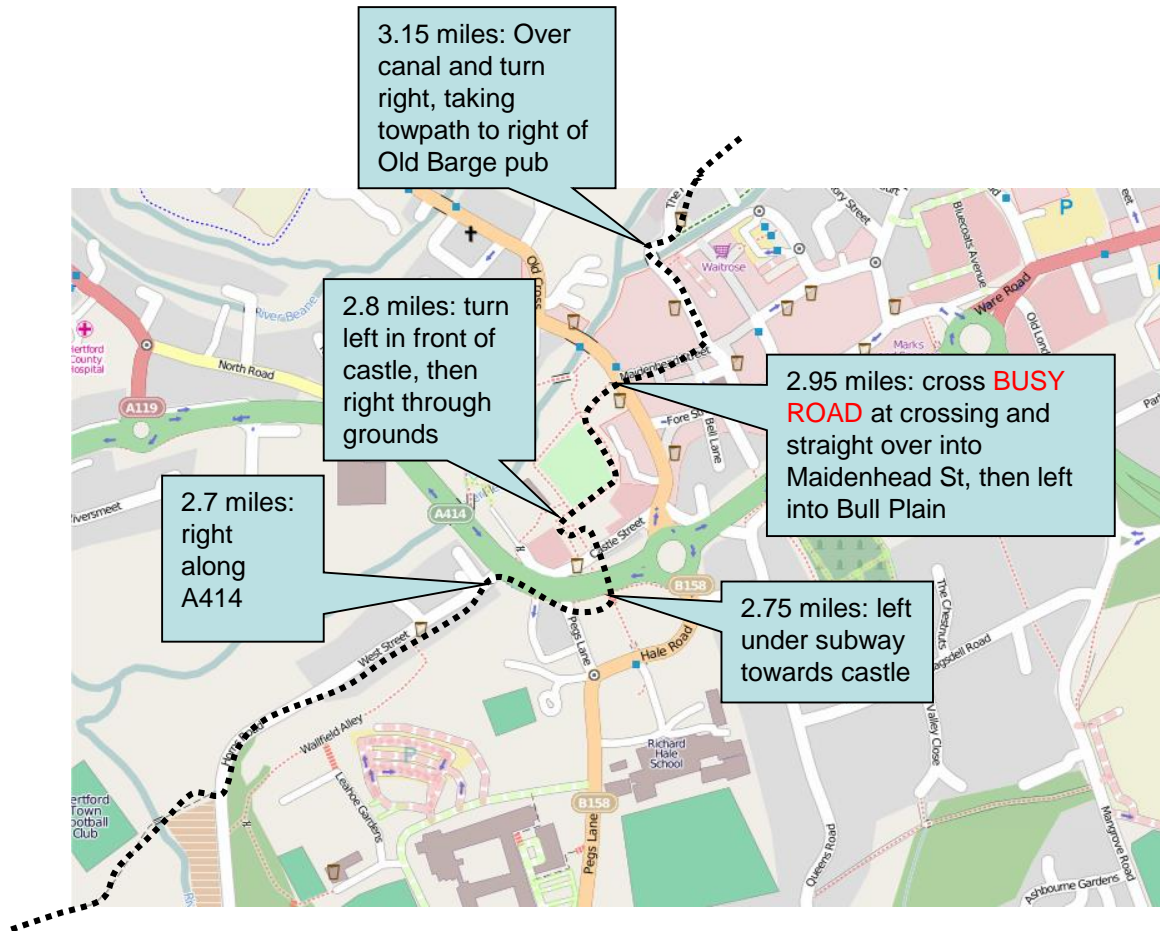


# Stage 8 – Overview

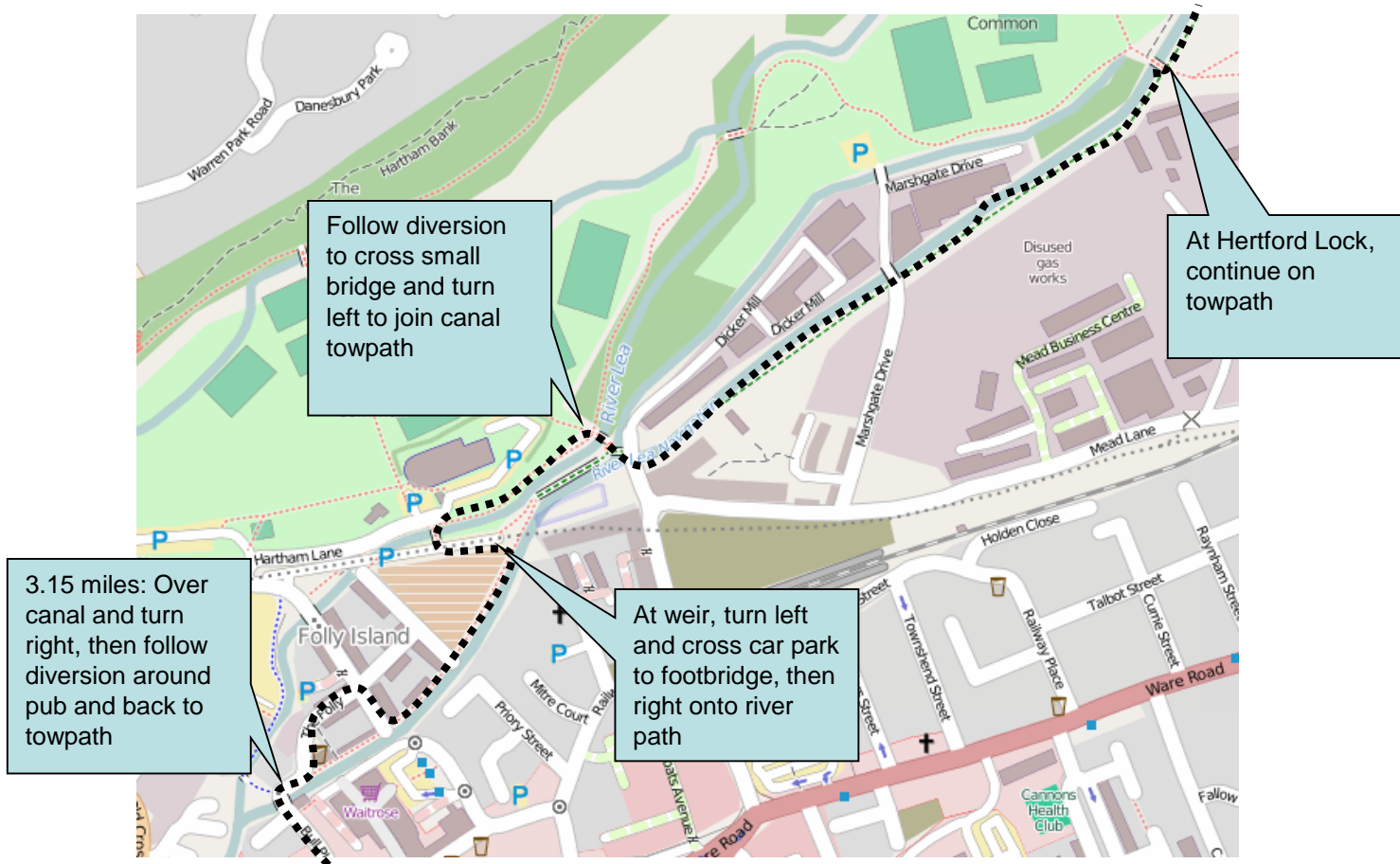
Start time: 16:03 Saturday  
Distance: 10.65 miles  
Emergency: 07966 542315



# Stage 8 Detail – 3 Miles - Hertford



# Stage 8 Detail – 3 Miles



## Stage 8 – Top Tips

- **Navigation:** Navigating through Hertford town centre needs some care, but once you are on the canal towpath, just keep going.
- The canal towpath crosses a road in Hertford (3.5 miles) and Ware (5.7 miles) – take care
- **Marshal and Support Points:**

Stage	Place	Risk	Miles	Water?	Postcode	Time	Description (please refer to map for details)
8	Subway to Hertford castle	L	2.75		SG13 8FL	16:08	Ignore cycle path signs to use pedestrian underpass
8	Maidenhead Rd Hertford	M	2.85		SG14 1EA	16:08	Use pelican crossing to cross into pedestrian shopping street
8	Mill Rd canal crossing	L	3.5	Water	SG13 7GD	16:13	Cross Mill Rd and weir to join canal towpath
8	Amwell End crossing	H	5.7	Water	SG12 9BS	16:23	Towpath emerges onto road - use traffic islands
8	St Margarets	L	7.75	Water	SG12 8DH	16:38	(Water only)

- **Stage Records:**

Year	Stage		Name	Team	Time	Category
2008	8	10.65	Jeff Cunningham	Serpentine	00:59:35	Overall (men)
2006	8	10.65	Rachel Townsend	StockExchange	01:03:51	Overall (women)
2012	8	10.65	Louise Watson	Millennium Group	01:08:23	V35 Women
2007	8	10.65	Hugh Shields	Millennium Group	01:02:41	V40 Men
2011	8	10.65	Cathy Ulliot	Brighton & Hove City	01:12:02	V45 Women
2008	8	10.65	Steve Badgery	Millennium Group	01:05:53	V50 Men

Start:

**Letty Green**

Nearest Post Code SG14 2NS  
 Lat (WGS84) N51:47:02 (51.783977)  
 Long (WGS84) W0:08:09 (-0.135752)  
 LR TL286111

**Hospital:**

Queen Elizabeth 1  
 Hospital  
 Howlands, Welwyn  
 Garden City AL7 4HQ

End:

**Dobbs Weir**

Nearest Post Code EN11 0AY  
 Lat (WGS84) N51:45:19 (51.755182)  
 Long (WGS84) E0:00:19 (0.005301)  
 LR TL385081