

## 2024 - Category Winners

| Stage | Pos | Name                   | Time     | Cat                   | Team                                     | Notes               |
|-------|-----|------------------------|----------|-----------------------|--|---------------------|
| 1     | 1   | Roddy, Paddy           | 01:10:01 | Senior Men            | Thames Hare & Hounds Men                 | Stage record        |
| 1     | 3   | Bull, Rich             | 01:13:49 | V35 Men               | Clapham Chasers X - Chasing glory        |                     |
| 1     | 4   | Francis, Steve         | 01:17:58 | V45 Men               | Maidenhead AC - Oldtimers                |                     |
| 1     | 6   | Gonzalez-Armas, Joseph | 01:21:10 | V55 Men               | 26.2 RRC Men - London                    | Stage record        |
| 1     | 14  | Garner, Maddie         | 01:28:05 | Senior Women          | Stragglers 2                             |                     |
| 1     | 17  | Shannon, Helen         | 01:28:27 | V35 Women             | Dulwich Runners 1                        |                     |
| 1     | 30  | Renihan, Colleen       | 01:41:11 | V45 Women             | Serpentine Battersea                     |                     |
| 1     | 49  | Dunks, Alison          | 01:55:13 | V55 Women             | Burgess Hill Runners 1 - Olivers Army    |                     |
| 1     | 54  | Austin, Dineke         | 02:12:34 | V65 Women             | Ealing Eagles 3 - 'Not in a Rush'        |                     |
| 2     | 1   | Ollington, Richard     | 00:54:16 | Senior Men            | Thames Hare & Hounds Men                 | Stage record        |
| 2     | 2   | Leyshon, Marc          | 00:57:37 | V35 Men               | Ranelagh Rapids                          |                     |
| 2     | 4   | Gorman, Denis          | 00:59:43 | V45 Men               | London Front Runners Mens Senior A       |                     |
| 2     | 11  | Daniel, Harri          | 01:07:02 | Senior & V35 Women    | Stragglers 2                             |                     |
| 2     | 14  | Prosser, Paul          | 01:08:15 | V55 Men               | Burgess Hill Runners 1 - Olivers Army    | Stage record        |
| 2     | 22  | Carter, Kate           | 01:12:11 | V45 Women             | The A Team (Windmilers)                  |                     |
| 2     | 24  | Filsell, Vikki         | 01:13:13 | V55 Women             | Thames Hare & Hounds Women               | Stage record        |
| 3     | 1   | Biley, Chris           | 01:02:23 | Senior & V35 Men      | Clapham Chasers X - Chasing glory        | Stage record        |
| 3     | 4   | Holt, Sarah            | 01:10:33 | Senior & V35 Women    | Stragglers 2                             | Stage record        |
| 3     | 7   | Buckle, Rob            | 01:14:04 | V45 Men               | 26.2 RRC Mixed - Tokyo                   | Stage record        |
| 3     | 10  | Wright, Duncan         | 01:18:20 | V55 Men               | British Airways AC                       | Stage record        |
| 3     | 15  | Osborne, Aurelia       | 01:22:18 | V45 Women             | Beckenham Running Club 1 (Superstars!)   | Stage record        |
| 3     | 47  | Kearey, Ann            | 01:46:25 | V55 Women             | Ranelagh Roses*                          | Stage record        |
| 3     | 50  | Atkinson, Andrew       | 01:52:09 | V65 Men               | SHAEF Shifters                           | Stage record        |
| 4     | 1   | Chisholm, Neil         | 01:21:06 | Senior, V35 & V45 Men | Thames Hare & Hounds Men                 |                     |
| 4     | 17  | Paterson, Catriona     | 01:31:53 | Senior & V35 Women    | Hillingdon AC                            |                     |
| 4     | 23  | Stevenson, David       | 01:34:28 | V55 Men               | Stragglers 3                             |                     |
| 4     | 24  | Biggs, Sophie          | 01:34:44 | V45 Women             | Stragglers 2                             |                     |
| 5     | 1   | Hoad, James            | 01:13:50 | Senior Men            | Thames Hare & Hounds Men                 |                     |
| 5     | 4   | McCall, Steph          | 01:26:01 | Senior Women          | Clapham Chasers X - Chasing glory        | Stage record        |
| 5     | 5   | Hughes, James          | 01:26:14 | V35 Men               | Windmilers Blue Team                     |                     |
| 5     | 6   | Seymour, Natalie       | 01:28:36 | V35 Women             | Thames Hare & Hounds Women               |                     |
| 5     | 11  | Weller, Graham         | 01:33:09 | V45 Men               | Ranelagh Golds                           |                     |
| 5     | 13  | Day, Oliver            | 01:35:01 | V55 Men               | Burgess Hill Runners 1 - Olivers Army    |                     |
| 5     | 33  | Norris, Ange           | 01:43:35 | V45 & V55 Women       | Dulwich Runners 2                        | Stage record (V55)  |
| 6     | 1   | McDaid, Eirin          | 00:51:56 | Senior & V35 Men      | Ranelagh Rapids                          |                     |
| 6     | 3   | Lawson, Anna           | 00:53:50 | Senior Women          | Clapham Chasers X - Chasing glory        | Stage record        |
| 6     | 4   | Barrett, Simon         | 00:55:12 | V45 Men               | Thames Hare & Hounds Men                 |                     |
| 6     | 9   | Hancock, Lucy          | 01:00:40 | V35 Women             | Clapham Chasers Z - Wild goose Chase     |                     |
| 6     | 11  | Ceccolini, Andrea      | 01:01:15 | V55 Men               | Dulwich Runners 1                        | Stage record        |
| 6     | 26  | Simms, Sarah           | 01:11:19 | V45 Women             | Maidenhead AC - Female first timers      |                     |
| 6     | 37  | Kipling, Robert        | 01:20:51 | V65 Men               | Ealing Eagles 1 - 'Terenasaurus Wrecks'* | Stage record        |
| 6     | 44  | Maguire, Paula         | 01:26:54 | V55 Women             | Ranelagh Rebels                          | Stage record        |
| 7     | 1   | Mason, Charlie         | 01:06:18 | Senior Men            | Clapham Chasers X - Chasing glory        |                     |
| 7     | 2   | Pearce, Gordon         | 01:09:56 | V35 Men               | Thames Hare & Hounds Men                 |                     |
| 7     | 7   | Murray, Bethanie       | 01:14:36 | Senior Women          | Thames Hare & Hounds Women               |                     |
| 7     | 10  | Sheel, Natasha         | 01:15:39 | V35 Women             | Serpentine Paddington                    |                     |
| 7     | 11  | Sille, Nick            | 01:16:06 | V45 Men               | Maidenhead AC - Oldtimers                |                     |
| 7     | 15  | Davies, Malcolm        | 01:19:39 | V55 Men               | Stragglers 1                             | Stage record        |
| 7     | 18  | Winter, Sarah          | 01:20:47 | V45 Women             | Stragglers 2                             | Stage record        |
| 7     | 22  | Foss, John             | 01:25:29 | V65 Men               | Sutton Striders Yellow Team              | Stage record        |
| 7     | 41  | McCulloch, Alison      | 01:41:30 | V55 Women             | Ealing Eagles 3 - 'Not in a Rush'        | Stage record        |
| 8     | 1   | Pocock, Chris          | 01:02:30 | Senior Men            | Clapham Chasers X - Chasing glory        |                     |
| 8     | 2   | Perry, Ed              | 01:03:07 | V35 Men               | Ranelagh Rapids                          |                     |
| 8     | 3   | McKay, Nick            | 01:05:17 | V45 Men               | Windmilers Blue Team                     |                     |
| 8     | 4   | Allen, Crispin         | 01:05:33 | V55 Men               | Stragglers 1                             | Stage record        |
| 8     | 7   | Preedy, Harriet        | 01:07:25 | Senior Women          | Queens Park Harriers                     |                     |
| 8     | 12  | Douglas, Nicola        | 01:11:36 | V35 Women             | Ranelagh Roses*                          |                     |
| 8     | 18  | Curtain, Claire        | 01:14:33 | V45 Women             | Stragglers 2                             |                     |
| 8     | 28  | Wilkinson, Dorothy     | 01:24:22 | V55 Women             | Elmbridge Road Runners                   | Stage record        |
| 9     | 1   | Torry, Hugh            | 01:02:22 | Senior, V35 & V45 Men | Serpentine Paddington                    |                     |
| 9     | 4   | Cheetham, Ellen        | 01:07:05 | Senior Women          | Clapham Chasers X - Chasing glory        |                     |
| 9     | 5   | Symons, David          | 01:07:59 | V55 Men               | Thames Hare & Hounds Men                 | Stage record        |
| 9     | 8   | Crawford, Victoria     | 01:10:04 | V35 Women             | Thames Hare & Hounds Women               |                     |
| 9     | 9   | Bandeira, Sonia        | 01:12:25 | V45 Women             | Stragglers 2                             | Stage record        |
| 9     | 38  | Lane, Helen            | 01:31:08 | V55 Women             | Serpentine Battersea                     |                     |
| 9     | 49  | Robinson, Paul         | 01:47:53 | V65 Men               | Ealing Eagles 1 - 'Terenasaurus Wrecks'* |                     |
| 10    | 1   | Reynolds, Bryn         | 00:58:24 | Senior & V35 Men      | Clapham Chasers X - Chasing glory        | Stage record (V35)  |
| 10    | 2   | Reynolds, Ben          | 00:58:58 | V45 & V55 Men         | Thames Hare & Hounds Men                 | Stage record (both) |

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| Stage | Pos | Name                  | Time     | Cat                        | Team                                      | Notes               |
|-------|-----|-----------------------|----------|----------------------------|---|---------------------|
| 10    | 4   | Apsley, Lizzy         | 01:02:01 | Senior Women               | Thames Hare & Hounds Women                | Stage record        |
| 10    | 12  | Easten, Ellen         | 01:11:23 | V35 Women                  | Maidenhead AC - Oldtimers                 |                     |
| 10    | 16  | Ferguson, Libby       | 01:13:12 | V45 Women                  | Stragglers 2                              |                     |
| 10    | 42  | Arnott, Gail          | 01:35:14 | V55 Women                  | Beckenham Running Club 2 (Supernovas!)    | Stage record        |
| 11    | 1   | MacDonald, Ross       | 00:45:12 | Senior & V35 Men           | Ranelagh Rapids                           |                     |
| 11    | 3   | Moore, Jonathan       | 00:47:58 | V45 & V55 Men              | Ranelagh Golds                            | Stage record (V55)  |
| 11    | 9   | Hedgethorpe, Katy     | 00:52:16 | Senior & V35 Women         | Thames Hare & Hounds Women                |                     |
| 11    | 10  | Hornzee, Nicky        | 00:52:27 | V45 Women                  | Stragglers 2                              | Stage record        |
| 11    | 15  | Dennison, Mike        | 00:54:59 | V65 Men                    | British Airways AC                        | Stage record        |
| 11    | 51  | Wilson, Lizzie        | 01:20:00 | V55 Women                  | 26.2 RRC Mixed - Berlin                   | Stage record        |
| 12    | 1   | Rees, Ed              | 01:03:44 | Senior & V35 Men           | Clapham Chasers X - Chasing glory         |                     |
| 12    | 4   | Gillanders, James     | 01:10:47 | V45 Men                    | Serpentine Paddington                     |                     |
| 12    | 5   | Murray, Bethanie      | 01:12:19 | Senior Women               | Thames Hare & Hounds Women                |                     |
| 12    | 10  | Dixon, Dave           | 01:14:30 | V55 Men                    | British Airways AC                        |                     |
| 12    | 13  | Winter, Sarah         | 01:15:33 | V35 & V45 Women            | Stragglers 2                              | Stage record (V45)  |
| 12    | 22  | Norris, Ange          | 01:22:07 | V55 Women                  | Dulwich Runners 2                         |                     |
| 13    | 1   | Allen, Crispin        | 00:41:04 | Senior, V35, V45 & V55 Men | Stragglers 1                              | Stage record (v55)  |
| 13    | 7   | Matthews, Kirsty      | 00:43:10 | Senior Women               | Maidenhead AC - Female first timers       |                     |
| 13    | 11  | Hornzee, Nicky        | 00:43:57 | V35 & V45 Women            | Stragglers 2                              | Stage record (both) |
| 13    | 24  | Pickering, Lucy       | 00:51:26 | V55 Women                  | Dulwich Runners 1                         | Stage record        |
| 14    | 1   | Roddy, Paddy          | 00:52:57 | Senior Men                 | Thames Hare & Hounds Men                  |                     |
| 14    | 2   | Lawson, Anna          | 00:56:00 | Senior Women               | Clapham Chasers X - Chasing glory         | Stage record        |
| 14    | 4   | Lawley, Dave          | 00:57:44 | V35 Men                    | Ranelagh Rapids                           |                     |
| 14    | 5   | Seymour, Natalie      | 01:00:23 | V35 Women                  | Thames Hare & Hounds Women                | Stage record        |
| 14    | 8   | Weller, Graham        | 01:01:09 | V45 Men                    | Ranelagh Golds                            |                     |
| 14    | 12  | Day, Oliver           | 01:03:51 | V55 Men                    | Burgess Hill Runners 1 - Olivers Army     | Stage record        |
| 14    | 19  | Curtain, Claire       | 01:10:03 | V45 Women                  | Stragglers 2                              | Stage record        |
| 14    | 44  | Kearey, Ann           | 01:27:19 | V55 Women                  | Ranelagh Roses*                           | Stage record        |
| 14    | 51  | Austin, Dineke        | 01:34:00 | V65 Women                  | Ealing Eagles 3 - 'Not in a Rush'         |                     |
| 15    | 1   | Bull, Rich            | 00:55:44 | Senior & V35 Men           | Clapham Chasers X - Chasing glory         |                     |
| 15    | 10  | Sutherland, Graham    | 01:07:27 | V45 Men                    | Clapham Chasers Y - Ready to Rumbler      |                     |
| 15    | 11  | Crawford, Victoria    | 01:08:34 | Senior & V35 Women         | Thames Hare & Hounds Women                |                     |
| 15    | 17  | Dennison, Mike        | 01:11:38 | V55 & V65 Men              | British Airways AC                        | Stage record (both) |
| 15    | 24  | Ferguson, Libby       | 01:13:26 | V45 Women                  | Stragglers 2                              |                     |
| 15    | 44  | Arnott, Gail          | 01:30:41 | V55 Women                  | Beckenham Running Club 2 (Supernovas!)    | Stage record        |
| 16    | 1   | Hoad, James           | 01:15:33 | Senior Men                 | Thames Hare & Hounds Men                  | Stage record        |
| 16    | 2   | Biley, Chris          | 01:16:19 | V35 Men                    | Clapham Chasers X - Chasing glory         | Stage record        |
| 16    | 5   | Gregorowski, Pete     | 01:29:37 | V45 Men                    | Stragglers 1                              |                     |
| 16    | 7   | Robbins, Lu           | 01:32:44 | Senior Women               | Clapham Chasers Y - Ready to Rumbler      |                     |
| 16    | 14  | Stevenson, David      | 01:42:15 | V55 Men                    | Stragglers 3                              |                     |
| 16    | 18  | Biggs, Sophie         | 01:45:23 | V35 & V45 Women            | Stragglers 2                              |                     |
| 16    | 39  | Wilkinson, Dorothy    | 02:03:04 | V55 Women                  | Elmbridge Road Runners                    | Stage record        |
| 16    | 50  | Kipling, Robert       | 02:19:08 | V65 Men                    | Ealing Eagles 1 - 'Terenasaurus Wrecks'*  | Stage record        |
| 17    | 1   | McDaid, Eirin         | 01:01:01 | Senior & V35 Men           | Ranelagh Rapids                           |                     |
| 17    | 3   | Holt, Sarah           | 01:07:37 | Senior & V35 Women         | Stragglers 2                              | Stage record        |
| 17    | 7   | Altmann, Nick         | 01:09:51 | V45 Men                    | Thames Hare & Hounds Men                  |                     |
| 17    | 9   | Wright, Duncan        | 01:11:53 | V55 Men                    | British Airways AC                        | Stage record        |
| 17    | 32  | Wilson-Shaw, Lucy     | 01:30:45 | V45 Women                  | London Front Runners Mixed A              |                     |
| 17    | 49  | Hemsley-Smith, Chania | 01:49:21 | V55 Women                  | Burgess Hill Runners 3 - Phil's a-Phletes |                     |
| 18    | 1   | Neville, Jonathan     | 01:01:56 | Senior Men                 | Burgess Hill Runners 3 - Phil's a-Phletes |                     |
| 18    | 2   | Leyshon, Marc         | 01:03:06 | V35 Men                    | Ranelagh Rapids                           |                     |
| 18    | 3   | Torry, Hugh           | 01:05:45 | V45 Men                    | Serpentine Paddington                     | Stage record        |
| 18    | 4   | Apsley, Lizzy         | 01:06:14 | Senior Women               | Thames Hare & Hounds Women                |                     |
| 18    | 26  | Nott, Verity          | 01:23:05 | V35 & V45 Women            | 26.2 RRC Women - Boston                   |                     |
| 18    | 29  | Coffey, Damian        | 01:25:35 | V55 Men                    | Ealing Eagles 2 - 'Duff's Dashers'        | Stage record        |
| 18    | 46  | Lane, Helen           | 01:40:53 | V55 Women                  | Serpentine Battersea                      | Stage record        |
| 19    | 1   | Cook, Peter           | 00:51:58 | Senior Men                 | Ranelagh Rapids                           | Stage record        |
| 19    | 2   | Reynolds, Bryn        | 00:54:34 | V35 Men                    | Clapham Chasers X - Chasing glory         | Stage record        |
| 19    | 5   | Barrett, Simon        | 00:57:53 | V45 Men                    | Thames Hare & Hounds Men                  | Stage record        |
| 19    | 7   | Preedy, Harriet       | 00:59:58 | Senior Women               | Queens Park Harriers                      | Stage record        |
| 19    | 13  | Daniel, Harri         | 01:03:43 | V35 Women                  | Stragglers 2                              |                     |
| 19    | 26  | Reece, John           | 01:12:09 | V55 Men                    | BearCat Bears                             | Stage record        |
| 19    | 34  | Bissell, Rebecca      | 01:17:31 | V45 Women                  | Ranelagh Roses*                           |                     |
| 19    | 40  | Chandler, Charlie     | 01:21:33 | V65 Men                    | SHAFF Shifters                            | Stage record        |
| 19    | 51  | Rush, Caroline        | 01:32:00 | V55 Women                  | Ealing Eagles 3 - 'Not in a Rush'         | Stage record        |
| 20    | 1   | Thies, Marius         | 00:33:38 | Senior & V35 Men           | London Front Runners Mens Vet             |                     |
| 20    | 4   | Reynolds, Ben         | 00:35:28 | V45 & V55 Men              | Thames Hare & Hounds Men                  | Stage record (both) |
| 20    | 9   | Sheel, Natasha        | 00:37:03 | Senior & V35 Women         | Serpentine Paddington                     |                     |

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| Stage | Pos | Name                   | Time     | Cat                   | Team                                   | Notes               |
|-------|-----|------------------------|----------|-----------------------|--|---------------------|
| 20    | 15  | Carter, Kate           | 00:39:36 | V45 Women             | The A Team (Windmilers)                | Stage record        |
| 20    | 51  | Wilson, Lizzie         | 01:04:00 | V55 Women             | 26.2 RRC Mixed - Berlin                | Stage record        |
| 21    | 1   | Ollington, Richard     | 00:44:57 | Senior Men            | Thames Hare & Hounds Men               | Stage record        |
| 21    | 4   | Francis, Steve         | 00:49:55 | V35 & V45 Men         | Maidenhead AC - Oldtimers              | Stage record        |
| 21    | 6   | Gonzalez-Armas, Joseph | 00:51:05 | V55 Men               | 26.2 RRC Men - London                  | Stage record        |
| 21    | 8   | Binley, Chloe          | 00:54:53 | Senior Women          | Stragglers 2                           |                     |
| 21    | 13  | Shannon, Helen         | 00:58:00 | V35 Women             | Dulwich Runners 1                      |                     |
| 21    | 23  | Foss, John             | 01:02:55 | V65 Men               | Sutton Striders Yellow Team            |                     |
| 21    | 32  | Chiswick, Lindsey      | 01:09:38 | V45 Women             | Serpentine Battersea                   |                     |
| 21    | 45  | McCulloch, Alison      | 01:14:01 | V55 Women             | Ealing Eagles 3 - 'Not in a Rush'      |                     |
| 22    | 1   | Chisholm, Neil         | 00:40:24 | Senior, V35 & V45 Men | Thames Hare & Hounds Men               | Stage record (V45)  |
| 22    | 3   | Bailey, Lisa           | 00:42:07 | Senior & V35 Women    | Stragglers 2                           | Stage record (both) |
| 22    | 18  | Osborne, Aurelia       | 00:50:04 | V45 Women             | Beckenham Running Club 1 (Superstars!) |                     |
| 22    | 22  | Filsell, Vikki         | 00:52:34 | V55 Women             | Thames Hare & Hounds Women             | Stage record        |
| 22    | 25  | Willoughby, Richard    | 00:53:14 | V55 Men               | BeaRCat Bears                          | Stage record        |
| 22    | 47  | Atkinson, Andrew       | 01:08:20 | V65 Men               | SHAEF Shifters                         | Stage record        |