

## Green Belt Relay - Stage Records

Year	Stage	Distance	Name	Team	Time	Category
2024	1	12.7	Paddy Roddy	Thames Hare & Hounds	01:10:01	Overall (men)
2005	1	12.7	Sonia O'Sullivan	Millennium	01:13:04	Overall (women)
2023	1	12.7	Martin Alvarez-Espinar	Thames Hare & Hounds	01:13:16	V35 Men
2005	1	12.7	Sonia O'Sullivan	Millennium	01:13:04	V35 Women
2010	1	12.7	Howard Gleave	Ranelagh	01:17:21	V45 Men
2007	1	12.7	Dee Smale	Stragglers	01:26:41	V45 Women
2024	1	12.7	Joseph Gonzalez-Armas	26.2 RRC	01:21:10	V55 Men
2011	1	12.7	Jane Davies	Elmbridge	01:33:36	V55 Women
2005	1	12.7	Pete Warren	Ranelagh	01:37:34	V65 Men
2007	1	12.7	Sue Lambert	Serpentine	01:44:07	V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2024	2	9.7	Richard Ollington	Thames Hare & Hounds	00:54:16	Overall (men)
2022	2	9.42	Natalie Seymour	Thames Hare & Hounds	01:00:34	Overall (women)
2016	2	9.42	Simon Barrett	Serpentine	00:56:14	V35 Men
2022	2	9.42	Natalie Seymour	Thames Hare & Hounds	01:00:34	V35 Women
2023	2	9.42	Joseph Gonzalez-Armas	26.2 RRC	00:58:05	V45 Men
2018	2	9.42	Fiona Slevin-Brown	Sandhurst	01:07:23	V45 Women
2024	2	9.7	Paul Prosser	Burgess Hill	01:08:15	V55 Men
2024	2	9.7	Vikki Filsell	Thames Hare & Hounds	01:13:13	V55 Women
	2	9.42				V65 Men
	2	9.42				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2024	3	11.2	Chris Biley	Clapham Chasers	01:02:23	Overall (men)
2024	3	11.2	Sarah Holt	Stragglers	01:10:33	Overall (women)
2024	3	11.2	Chris Biley	Clapham Chasers	01:02:23	V35 Men
2024	3	11.2	Sarah Holt	Stragglers	01:10:33	V35 Women
2024	3	11.2	Rob Buckle	26.2 RRC	01:14:04	V45 Men
2024	3	11.2	Ann Keary	Ranelagh Roses	01:19:22	V45 Women
2024	3	11.2	Duncan Wright	British Airways	01:18:20	V55 Men
2024	3	11.2	Ann Keary	Ranelagh Roses	01:19:22	V55 Women
2024	3	11.2	Andrew Atkinson	SHAEF Shifters	01:52:09	V65 Men
	3	11.2				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2017	4	12.2	James McMullan	Thames Hare & Hounds	01:11:10	Overall (men)
2004	4	12.2	Barbara Yff	Serpentine	01:23:21	Overall (women)
2022	4	12.2	Martin Alvarez-Espinar	Thames Hare & Hounds	01:14:29	V35 Men
2007	4	12.2	Louise Watson	Millennium	01:26:52	V35 Women
2018	4	12.2	Ben Reynolds	Thames Hare & Hounds	01:18:02	V45 Men
2016	4	12.2	Ange Norris	Dulwich Runners	01:32:44	V45 Women
2003	4	12.2	Steve Badgery	Millenium	01:25:26	V55 Men
2007	4	12.2	Liz Pritchard	Dulwich Runners	01:44:42	V55 Women
	4	12.2				V65 Men
	4	12.2				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2023	5	13.5	James Hoad	Thames Hare & Hounds	01:13:50	Overall (men)
2024	5	13.5	Steph McCall	Clapham Chasers	01:26:01	Overall (women)
2017	5	13.5	Hugh Jones	Ranelagh	01:16:45	V35 Men
2023	5	13.5	Gaby Reynolds	Sutton Striders	01:28:09	V35 Women
2019	5	13.5	Hugh Jones	Ranelagh	01:16:45	V45 Men
2017	5	13.5	Marie Synott-Wells	Ranelagh	01:42:48	V45 Women
2005	5	13.5	Mike Mann	Dulwich Runners	01:29:06	V55 Men
2024	5	13.5	Ange Norris	Dulwich Runners	01:43:35	V55 Women
	5	13.5				V65 Men
	5	13.5				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2018	6	8.5	James Gillanders	London Front Runners	00:50:06	Overall (men)
2024	6	8.5	Anna Lawson	Clapham Chasers	00:53:50	Overall (women)
2018	6	8.5	James Gillanders	London Front Runners	00:50:06	V35 Men
2019	6	8.5	Rebekah Edgar	Thames Hare & Hounds	00:55:29	V35 Women
2023	6	8.5	Graham Sutherland	Sutherland	00:54:33	V45 Men
2019	6	8.5	Sophie Biggs	Stragglers	00:59:29	V45 Women
2024	6	8.5	Andrea Ceccolini	Dulwich Runners	01:01:15	V55 Men
2024	6	8.5	Paula Maguire	Ranelagh	01:26:54	V55 Women
2024	6	8.5	Robert Kipling	Ealing Eagles	01:20:51	V65 Men
	6	8.5				V65 Women

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Year	Stage	Distance	Name	Team	Time	Category
2019	7	12	Richard Ollington	Thames Hare & Hounds	01:02:21	Overall (men)
2019	7	12	Rose Harvey	Clapham Chasers	01:14:05	Overall (women)
2008	7	12	Shaun Whelan	London Front Runners	01:06:19	V35 Men
2017	7	12	Alexi Shaw	Dulwich Runners	01:15:39	V35 Women
2016	7	12	Shaun Whelan	London Front Runners	01:09:16	V45 Men
2024	7	12	Sarah Winter	Stragglers	01:20:47	V45 Women
2024	7	12	Malcolm Davies	Stragglers	01:19:39	V55 Men
2024	7	12	Alison McCulloch	Ealing Eagles	01:41:30	V55 Women
2024	7	12	John Foss	Sutton Striders	01:25:29	V65 Men
	7	12				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2019	8	10.65	James McMullan	Thames Hare & Hounds	00:58:02	Overall (men)
2006	8	10.65	Rachel Townend	Stock Exchange	01:03:51	Overall (women)
2018	8	10.65	Matt Jones	Thames Hare & Hounds	01:00:10	V35 Men
2012	8	10.65	Louise Watson	Millennium	01:08:23	V35 Women
2023	8	10.65	Crispin Allen	Stragglers	01:04:06	V45 Men
2011	8	10.65	Cathy Ulliot	Brighton & Hove City	01:12:02	V45 Women
2024	8	10.65	Crispin Allen	Stragglers	01:05:33	V55 Men
2024	8	10.65	Dorothy Wilkinson	Elmbridge	01:24:22	V55 Women
2009	8	10.65	Bill Stewart	Stragglers	01:30:18	V65 Men
	8	10.65				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2019	9	10.2	Matt Jones	Thames Hare & Hounds	00:58:23	Overall (men)
2023	9	10.2	Anna Lawson	Clapham Chasers	01:01:59	Overall (women)
2019	9	10.2	Matt Jones	Thames Hare & Hounds	00:58:23	V35 Men
2007	9	10.2	Anna McLaughlin	Ranelagh	01:07:50	V35 Women
2006	9	10.2	Mick Lane	Ranelagh	01:01:14	V45 Men
2024	9	10.2	Sonia Bandeira	Stragglers	01:12:25	V45 Women
2024	9	10.2	David Symons	Thames Hare & Hounds	01:07:59	V55 Men
2009	9	10.2	Claire Steward	Dulwich Runners	01:19:50	V55 Women
2011	9	10.2	Brian Bennett	British Airways	01:26:10	V65 Men
	9	10.2				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2019	10	9	Gordon Pearce	Thames Hare & Hounds	00:54:25	Overall (men)
2024	10	9	Lizzy Apsley	Thames Hare & Hounds	01:02:01	Overall (women)
2024	10	9	Bryn Reynolds	Clapham Chasers	00:58:24	V35 Men
2018	10	9	Becky Hall	Ranelagh	01:06:05	V35 Women
2018	10	9	Ben Reynolds	Thames Hare & Hounds	00:58:58	V45 Men
2019	10	9	Andrea Pickup	Dulwich Runners	01:07:18	V45 Women
2024	10	9	Ben Reynolds	Thames Hare & Hounds	00:58:58	V55 Men
2024	10	9	Gail Arnott	Beckenham	01:35:14	V55 Women
	10	9				V65 Men
n	10	9				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2007	11	7.5	Graham Brook	Stragglers	00:43:22	Overall (men)
2007	11	7.5	Zara Hyde- Peters	Stock Exchange	00:46:49	Overall (women)
2016	11	7.5	Andrew Reeves	Serpentine	00:44:15	V35 Men
2007	11	7.5	Zara Hyde-Peters	Stock Exchange	00:46:49	V35 Women
2007	11	7.5	Andy Bickerstaff	Ranelagh	00:46:22	V45 Men
2024	11	7.5	Nicky Hornzee	Stragglers	00:52:57	V45 Women
2024	11	7.5	Jonathan Moore	Ranelagh	00:47:58	V55 Men
2024	11	7.5	Lizzie Wilson	26.2 RRC	01:20:00	V55 Women
2024	11	7.5	Mike Dennison	British Airways	00:54:59	V65 Men
n	11	7.5				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2011	12	10.9	Richard Phillips	Serpentine	00:59:36	Overall (men)
2010	12	10.9	Teresa Gaillard de Laubenque	Dulwich Runners	01:08:39	Overall (women)
2015	12	10.9	Andrew Reeves	Serpentine	01:02:38	V35 Men
2010	12	10.9	Teresa Gaillard de Laubenque	Dulwich Runners	01:08:39	V35 Women
2018	12	10.9	Ben Reynolds	Thames Hare & Hounds	01:05:23	V45 Men
2024	12	10.9	Sarah Winter	Dulwich Runners	01:15:33	V45 Women
2003	12	10.9	Brian Wiles	Stragglers	01:09:20	V55 Men
2007	12	10.9	Jane Davies	Elmbridge	01:21:37	V55 Women
2005	12	10.9	Brian Bennett	British Airways	01:24:59	V65 Men
n	12	10.9				V65 Women

## Green Belt Relay - Stage Records

Year	Stage	Distance	Name	Team	Time	Category
2019	13	6.6	Glenn Hughes	Serpentine	00:35:38	Overall (men)
2018	13	6.6	Natasha Sheel	Serpentine	00:41:58	Overall (women)
2022	13	6.6	Gavin Brandie	Clapham Chasers	00:38:36	V35 Men
2024	13	6.6	Nicky Hornzee	Stragglers	00:43:57	V35 Women
2022	13	6.6	Crispin Allen	Stragglers	00:40:04	V45 Men
2024	13	6.6	Nicky Hornzee	Stragglers	00:43:57	V45 Women
2024	13	6.6	Crispin Allen	Stragglers	00:41:04	V55 Men
2024	13	6.6	Lucy Pickering	Dulwich Runners	00:51:26	V55 Women
	13	6.6				V65 Men
n	13	6.6				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2023	14	9.41	Alastair Matheson	Queens Park Harriers	00:51:06	Overall (men)
2024	14	9.41	Anna Lawson	Clapham Chasers	00:56:00	Overall (women)
2023	14	9.41	Gareth Williams	Ranelagh	00:57:22	V35 Men
2024	14	9.41	Natalie Seymour	Thames Hare & Hounds	01:00:23	V35 Women
2023	14	9.41	Kevin Murray	Serpentine	01:00:49	V45 Men
2024	14	9.41	Claire Curtain	Stragglers	01:10:03	V45 Women
2024	14	9.41	Oliver Day	Burgess Hill	01:03:51	V55 Men
2024	14	9.41	Ann Keary	Ranelagh	01:27:19	V55 Women
	14	9.41				V65 Men
n	14	9.41				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2019	15	9.4	Richard Ollington	Thames Hare & Hounds	00:53:17	Overall (men)
2023	15	9.4	Gaby Reynolds	Sutton Striders	00:59:19	Overall (women)
2023	15	9.4	Rich Bull	Clapham Chasers	00:55:44	V35 Men
2023	15	9.4	Gaby Reynolds	Sutton Striders	00:59:19	V35 Women
2019	15	9.4	Dean Morley	Stragglers	01:03:07	V45 Men
2022	15	9.4	Maria Jovani	British Airways	01:11:17	V45 Women
2024	15	9.4	Mike Dennison	British Airways	01:11:38	V55 Men
2024	15	9.4	Gail Arnott	Beckenham	01:30:41	V55 Women
2024	15	9.4	Mike Dennison	British Airways	01:11:38	V65 Men
n	15	9.4				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2024	16	13.1	James Hoad	Thames Hare & Hounds	01:15:33	Overall (men)
2023	16	13.1	Steph McCall	Clapham Chasers	01:27:53	Overall (women)
2024	16	13.1	Chris Biley	Clapham Chasers	01:16:19	V35 Men
2008	16	13.1	Karine Pradier	Serpentine	01:29:58	V35 Women
2007	16	13.1	Hugh Jones	Ranelagh	01:19:41	V45 Men
2012	16	13.1	Carys Mills	Stragglers	01:39:42	V45 Women
2002	16	13.1	Tony Croft	Thriff Green Trotters	01:39:33	V55 Men
2024	16	13.1	Dorothy Wilkinson	Elmbridge	02:03:04	V55 Women
2024	16	13.1	Robert Kipling	Ealing Eagles	02:19:08	V65 Men
n	16	13.1				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2019	17	10.5	Paddy Roddy	Thames Hare & Hounds	00:55:08	Overall (men)
2011	17	10.5	Lucie Custance	Serpentine	01:05:28	Overall (women)
2016	17	10.5	Simon Barrett	Serpentine	00:59:24	V35 Men
2024	17	10.5	Sarah Holt	Stragglers	01:07:37	V35 Women
2007	17	10.5	Greg Stevens	Stock Exchange	01:02:02	V45 Men
2002	17	10.5	Jane Davies	Epsom & Ewell Harriers	01:14:49	V45 Women
2024	17	10.5	Duncan Wright	British Airways	01:11:53	V55 Men
2009	17	10.5	Sue Ashley	Ranelagh	01:27:20	V55 Women
2009	17	10.5	Brian Bennett	British Airways	01:27:45	V65 Men
n	17	10.5				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2022	18	9.7	Martin Alvarez-Espinar	Thames Hare & Hounds	01:00:22	Overall (men)
2022	18	9.7	Lizzy Apsley	Thames Hare & Hounds	01:06:14	Overall (women)
2022	18	9.7	Martin Alvarez-Espinar	Thames Hare & Hounds	01:00:22	V35 Men
2019	18	9.7	Melissah Gibson	Ealing Eagles	01:15:39	V35 Women
2024	18	9.7	Hugh Torry	Serpentine	01:05:45	V45 Men
2023	18	9.7	Sarah Winter	Stragglers	01:20:20	V45 Women
2024	18	9.7	Damian Coffey	Ealing Eagles	01:25:35	V55 Men
2024	18	9.7	Helen Lane	Serpentine	01:40:53	V55 Women
	18	9.7				V65 Men
n	18	9.7				V65 Women

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Year	Stage	Distance	Name	Team	Time	Category
2024	19	8.4	Peter Cook	Ranelagh	00:51:58	Overall (men)
2024	19	8.4	Harriet Preedy	Queen's Park Harriers	00:59:58	Overall (women)
2024	19	8.4	Bryn Reynolds	Clapham Chasers	00:54:34	V35 Men
2022	19	8.4	Charlotte Firth	Clapham Chasers	01:02:54	V35 Women
2024	19	8.4	Simon Barrett	Thames Hare & Hounds	00:57:53	V45 Men
2019	19	8.4	Sophie Biggs	Stragglers	01:03:19	V45 Women
2024	19	8.4	John Reece	BeaRCat	01:12:09	V55 Men
2024	19	8.4	Caroline Rush	Ealing Eagles	01:32:00	V55 Women
2024	19	8.4	Charlie Chandler	SHAEF Shifters	01:21:33	V65 Men
n	19	8.4				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2019	20	6	Chris Wright	Serpentine	00:31:07	Overall (men)
2022	20	6	Natalie Seymour	Thames Hare & Hounds	00:35:32	Overall (women)
2017	20	6	Simon Barrett	Serpentine	00:32:30	V35 Men
2022	20	6	Natalie Seymour	Thames Hare & Hounds	00:35:32	V35 Women
2024	20	6	Ben Reynolds	Thames Hare & Hounds	00:35:28	V45 Men
2024	20	6	Kate Carter	Windmilers	00:39:36	V45 Women
2024	20	6	Ben Reynolds	Thames Hare & Hounds	00:35:28	V55 Men
2024	20	6	Lizzie Wilson	26.2 RRC	01:04:00	V55 Women
	20	6				V65 Men
n	20	6				V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2024	21	8.4	Richard Ollington	Stock Exchange	00:45:35	Overall (men)
2019	21	8.4	Rebekah Edgar	Thames Hare & Hounds	00:54:10	Overall (women)
2008	21	8.4	Mark Forrest	London Front Runners	00:47:59	V35 Men
2019	21	8.4	Rebekah Edgar	Thames Hare & Hounds	00:54:10	V35 Women
2024	21	8.4	Steve Francis	Maidenhead AC	00:50:37	V45 Men
2011	21	8.4	Cathy Ulliot	Brighton & Hove City	00:55:57	V45 Women
2024	21	8.4	Joseph Gonzalez-Armas	26.2 RRC	00:51:48	V55 Men
2012	21	8.4	Sue Dale	Havering 90	01:08:10	V55 Women
2024	21	8.4	John Foss	British Airways	01:03:48	V65 Men
2007	21	8.4	Sue Lambert	Serpentine	01:10:49	V65 Women

Year	Stage	Distance	Name	Team	Time	Category
2022	22	7.1	Neil Chisholm	Thames Hare & Hounds	00:39:10	Overall (men)
2024	22	7.1	Lisa Bailey	Stragglers	00:42:07	Overall (women)
2022	22	7.1	Neil Chisholm	Thames Hare & Hounds	00:39:10	V35 Men
2024	22	7.1	Lisa Bailey	Stragglers	00:42:07	V35 Women
2024	22	7.1	Neil Chisholm	Thames Hare & Hounds	00:40:24	V45 Men
2023	22	7.1	Michelle Lennon	Dulwich Runners	00:49:42	V45 Women
2024	22	7.1	Richard Willoughby	BeaRCat	00:53:14	V55 Men
2024	22	7.1	Vikki Filsell	Thames Hare & Hounds	00:52:34	V55 Women
2024	22	7.1	Andrew Atkinson	SHAEF Shifters	01:08:20	V65 Men
n	22	7.1				V65 Women