

Green Belt Relay

Green Belt Relay

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All Stage Winners

All Stage Winners

All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2024	Hampton Court - Staines	1	12.7	Paddy Roddy	Thames Hare & Hounds	01:10:01	1	12.7	Maddie Garner	Stragglers	01:28:05
2	2024	Staines - Boveney	2	9.7	Richard Ollington	Thames Hare & Hounds	00:54:16	2	9.7	Harri Daniel	Stragglers	01:07:02
3	2024	Boveney - Little Marlow	3	11.2	Chris Biley	Clapham Chasers	01:02:23	3	11.2	Sarah Holt	Stragglers	01:10:33
4	2024	Little Marlow - Great Kingshill	4	11.5	Neil Chisholm	Thames Hare & Hounds	01:21:06	4	11.5	Catriona Paterson	Hillingdon AC	01:31:53
5	2024	Great Kingshill - Chipperfield	5	13.5	James Hoad	Thames Hare & Hounds	01:13:50	5	13.5	Steph McCall	Clapham Chasers	01:26:01
6	2024	Chipperfield - St Albans	6	8.4	Eirin McDaid	Ranelagh Harriers	00:51:56	6	8.4	Anna Lawson	Clapham Chasers	00:53:50
7	2024	St Albans - Letty Green	7	11.6	Charlie Mason	Clapham Chasers	01:06:18	7	11.6	Bethanie Murray	Thames Hare & Hounds	01:14:36
8	2024	Letty Green - Dobbs Weir	8	10.7	Chris Pocock	Clapham Chasers	01:02:30	8	10.7	Harriet Preedy	Queens Park Harriers	01:07:25
9	2024	Dobbs Weir - High Beach	9	10.2	Hugh Torry	Serpentine	01:02:22	9	10.2	Ellen Cheetham	Clapham Chasers	01:07:05
10	2024	High Beach - Toot Hill	10	9	Bryn Reynolds	Clapham Chasers	00:58:24	10	9	Lizzy Apsley	Thames Hare & Hounds	01:02:01
11	2024	Toot Hill - Blackmore	11	7.5	Ross MacDonald	Ranelagh Harriers	00:45:12	11	7.5	Katy Hedgethorne	Thames Hare & Hounds	00:52:16
12	2024	Blackmore - Thorndon Park	12	10.75	Ed Rees	Clapham Chasers	01:03:44	12	10.75	Bethanie Murray	Thames Hare & Hounds	01:12:19
13	2024	Thorndon Park - Cranham	13	6.6	Crispin Allen	Stragglers	00:41:04	13	6.6	Kirsty Matthews	Maidenhead AC	00:43:10
14	2024	Cranham - Davy Down	14	9	Paddy Roddy	Thames Hare & Hounds	00:52:57	14	9	Anna Lawson	Clapham Chasers	00:56:00
15	2024	Stone Lodge - Lullingstone	15	9.4	Rich Bull	Clapham Chasers	00:55:44	15	9.4	Victoria Crawford	Thames Hare & Hounds	01:08:34
16	2024	Lullingstone - Tatsfield	16	13.1	James Hoad	Thames Hare & Hounds	01:15:33	16	13.1	Lu Robbins	Clapham Chasers	01:32:44
17	2024	Tatsfield - Merstham	17	10.5	Eirin McDaid	Ranelagh Harriers	01:01:01	17	10.5	Sarah Holt	Stragglers	01:07:37
18	2024	Merstham - Burford Bridge	18	9.7	Jonathan Neville	Burgess Hill Runners	01:01:56	18	9.7	Lizzy Apsley	Thames Hare & Hounds	01:06:14
19	2024	Burford Bridge - West Hanger	19	8.4	Peter Cook	Ranelagh Harriers	00:51:58	19	8.4	Harriet Preedy	Queens Park Harriers	00:59:58
20	2024	West Hanger - Ripley	20	6	Marius Thies	London Front Runners	00:33:38	20	6	Natasha Sheel	Serpentine	00:37:03
21	2024	Ripley - Walton Bridge	21	8.4	Richard Ollington	Thames Hare & Hounds	00:44:57	21	8.4	Chloe Binley	Stragglers	00:54:53
22	2024	Walton Bridge - Bushy Park Sport Ctr	22	7.1	Neil Chisholm	Thames Hare & Hounds	00:40:24	22	7.1	Lisa Bailey	Stragglers	00:42:07

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2023	Hampton Court - Staines	1	12.7	Martin Alvarez-Espinar	Thames Hare & Hounds	01:13:16	1	12.7	Steph McCall	Clapham Chasers	01:17:52
2	2023	Staines - Boveney	2	9.42	Nick Twomey	Ranelagh Harriers	00:55:20	2	9.42	Natalie Haarer	Ranelagh Harriers	01:08:29
3	2023	Boveney - Little Marlow	3	11.2	James McMullan	Thames Hare & Hounds	01:06:55	3	11.2	Sarah Palmer	Ranelagh Harriers	01:16:33
4	2023	Little Marlow - Great Kingshill	4	11.5	Alastair Matheson	Queens Park Harriers	01:15:19	4	11.5	Polly Warrack	Dulwich Runners	01:33:42
5	2023	Great Kingshill - Chipperfield	5	13.5	James Hoad	Thames Hare & Hounds	01:13:50	5	13.5	Gaby Reynolds	Sutton Striders	01:28:09
6	2023	Chipperfield - St Albans	6	8.4	Eirin McDaid	Ranelagh Harriers	00:51:40	6	8.4	Chloe Beckett	Thames Hare & Hounds	01:02:32
7	2023	St Albans - Letty Green	7	11.6	Chris Biley	Clapham Chasers	01:05:28	7	11.6	Suzy Whatmough	Ranelagh Harriers	01:15:11
8	2023	Letty Green - Dobbs Weir	8	10.7	Jonathan Smith	Ranelagh Harriers	01:00:44	8	10.7	Claire Hammett	Thames Hare & Hounds	01:10:21
9	2023	Dobbs Weir - High Beach	9	10.2	David Ready	Ranelagh Harriers	01:01:48	9	10.2	Anna Lawson	Clapham Chasers	01:01:59
10	2023	High Beach - Toot Hill	10	9	Mark Herbert	Ranelagh Harriers	00:59:30	10	9	Harriet Preedy	Queens Park Harriers	01:04:25
11	2023	Toot Hill - Blackmore	11	7.5	Tom Cameron	Ranelagh Harriers	00:50:52	11	7.5	Lynne Barnes	Clapham Chasers	00:53:11
12	2023	Blackmore - Thorndon Park	12	10.75	Nick Twomey	Ranelagh Harriers	01:04:01	12	10.75	Polly Warrack	Dulwich Runners	01:12:00
13	2023	Thorndon Park - Cranham	13	6.6	Ed Rees	Clapham Chasers	00:39:35	13	6.6	Natalie Haarer	Ranelagh Harriers	00:44:52
14	2023	Cranham - Davy Down	14	9	Alastair Matheson	Queens Park Harriers	00:51:06	14	9	Katy Hedgethorne	Thames Hare & Hounds	01:04:24
15	2023	Stone Lodge - Lullingstone	15	9.4	Chris Biley	Clapham Chasers	00:56:15	15	9.4	Gaby Reynolds	Sutton Striders	00:59:19
16	2023	Lullingstone - Tatsfield	16	13.1	James Hoad	Thames Hare & Hounds	01:18:05	16	13.1	Steph McCall	Clapham Chasers	01:27:53
17	2023	Tatsfield - Merstham	17	10.5	Joe Croft	Clapham Chasers	01:00:02	17	10.5	Lynne Barnes	Clapham Chasers	01:15:30
18	2023	Merstham - Burford Bridge	18	9.7	Marc Leyshon	Ranelagh Harriers	01:04:27	18	9.7	Anna Lawson	Clapham Chasers	01:15:05
19	2023	Burford Bridge - West Hanger	19	8.4	Jonathan Smith	Ranelagh Harriers	00:53:25	19	8.4	Katie Lysons	Clapham Chasers	01:03:10
20	2023	West Hanger - Ripley	20	6	Tom Cameron	Ranelagh Harriers	00:36:06	20	6	Aurelia Osborne	Beckenham	00:42:02
21	2023	Ripley - Walton Bridge	21	8.4	Eirin McDaid	Ranelagh Harriers	00:49:26	21	8.4	Claire Altmann	Thames Hare & Hounds	00:55:17
22	2023	Walton Bridge - Bushy Park Sport Ctr	22	7.1	Martin Alvarez-Espinar	Thames Hare & Hounds	00:39:10	22	7.1	Clare Fowler	Ranelagh Harriers	00:48:42

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2022	Hampton Court - Staines	1	12.7	Richard Ollington	Thames Hare & Hounds	01:10:09	1	12.7	Katie Lysons	Clapham Chasers	01:25:00
2	2022	Staines - Boveney	2	9.42	Gareth Williams	Ranelagh Harriers	00:57:02	2	9.42	Natalie Seymour	Thames Hare & Hounds	01:00:34
3	2022	Boveney - Little Marlow	3	11.2	James McMullan	Thames Hare & Hounds	01:04:12	3	11.2	Frankie Hogge	British Airways AC	01:18:38
4	2022	Little Marlow - Great Kingshill	4	11.5	Martin Alvarez-Espinar	Thames Hare & Hounds	01:14:29	4	11.5	Steph McCall	Clapham Chasers	01:24:45
5	2022	Great Kingshill - Chipperfield	5	13.5	James Hoad	Thames Hare & Hounds	01:18:08	5	13.5	Carla Molinaro	Clapham Chasers	01:32:30
6	2022	Chipperfield - St Albans	6	8.4	Neil Chisholm	Thames Hare & Hounds	00:57:24	6	8.4	Katie Smith	Dulwich Runners	01:05:13
7	2022	St Albans - Letty Green	7	11.6	Matt Raeside	Clapham Pioneers	01:11:41	7	11.6	Ellie Andrews	Clapham Chasers	01:25:20
8	2022	Letty Green - Dobbs Weir	8	10.7	Alistair McMaster	Thames Hare & Hounds	01:03:27	8	10.7	Frances Sille	Maidenhead AC	01:18:44
9	2022	Dobbs Weir - High Beach	9	10.2	Andrew Wallace	Clapham Chasers	01:03:30	9	10.2	Sophie Flanagan	Serpentine	01:14:33
10	2022	High Beach - Toot Hill	10	9	Nick Altmann	Thames Hare & Hounds	00:59:10	10	9	Hannah Wells	Hillingdon AC	01:07:20
11	2022	Toot Hill - Blackmore	11	7.5	Rhys Powell	Shaef Shifters	00:44:56	11	7.5	Katy Hedgethorn	Thames Hare & Hounds	00:50:58
12	2022	Blackmore - Thorndon Park	12	10.75	James Hoad	Thames Hare & Hounds	01:02:05	12	10.75	Clare Norris	Dulwich Runners	01:20:03
13	2022	Thorndon Park - Cranham	13	6.6	Gavin Brandie	Clapham Chasers	00:38:36	13	6.6	Katy Hedgethorn	Thames Hare & Hounds	00:43:22
14	2022	Cranham - Davy Down	14	9	Michael White	Clapham Pioneers	00:53:39	14	9	Ellie Andrews	Clapham Chasers	01:07:24
15	2022	Stone Lodge - Lullingstone	15	9.4	Gordon Pearce	Thames Hare & Hounds	01:00:52	15	9.4	Alice Whiley	Clapham Chasers	01:06:54
16	2022	Lullingstone - Tatsfield	16	13.1	James Laing	Hillingdon AC	01:20:58	16	13.1	Carla Molinaro	Clapham Chasers	01:41:06
17	2022	Tatsfield - Merstham	17	10.5	David Ready	Ranelagh Harriers	01:02:21	17	10.5	Steph McCall	Clapham Chasers	01:06:45
18	2022	Merstham - Burford Bridge	18	9.7	Martin Alvarez-Espinar	Thames Hare & Hounds	01:00:22	18	9.7	Katie Lysons	Clapham Chasers	01:07:36
19	2022	Burford Bridge - West Hanger	19	8.4	Ted Mockett	Ranelagh Harriers	00:56:46	19	8.4	Charlotte Firth	Clapham Chasers	01:02:54
20	2022	West Hanger - Ripley	20	6	Joe Spraggins	Clapham Chasers	00:33:33	20	6	Natalie Seymour	Thames Hare & Hounds	00:35:32
21	2022	Ripley - Walton Bridge	21	8.4	Alistair McMaster	Thames Hare & Hounds	00:49:30	21	8.4	Frankie Hogge	British Airways AC	00:57:15
22	2022	Walton Bridge - Bushy Park Sport Ctr	22	7.1	Neil Chisholm	Thames Hare & Hounds	00:39:10	22	7.1	Claire Altmann	Thames Hare & Hounds	00:47:15

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2019	Hampton Court - Staines	1	12.7	Kitching, Matt	Queens Park Harriers	01:14:51	1	12.7	Crawford, Victoria	Serpentine	01:28:58
2	2019	Staines - Boveney	2	9.42	Wright, Chris	Serpentine	00:55:18	2	9.42	Bushell, Jenny	Ealing Eagles	01:05:02
3	2019	Boveney - Little Marlow	3	11.2	Altmann, Nick	Thames Hare & Hounds	01:06:25	3	11.2	Blazey, Laura	Ranelagh Harriers	01:22:35
4	2019	Little Marlow - Great Kingshill	4	11.5	Roddy, Paddy	Thames Hare & Hounds	01:07:28	4	11.5	Pemberton, Sarah	Serpentine	01:25:06
5	2019	Great Kingshill - Chipperfield	5	13.5	Hoad, James	Thames Hare & Hounds	01:16:02	5	13.5	Hannon, Felicity	Clapham Chasers	01:34:39
6	2019	Chipperfield - St Albans	6	8.4	Smith, Jonathan	Ranelagh Harriers	00:52:08	6	8.4	Edgar, Rebekah	Thames Hare & Hounds	00:55:29
7	2019	St Albans - Letty Green	7	11.6	Ollington, Richard	Thames Hare & Hounds	01:02:21	7	11.6	Harvey, Rose	Clapham Chasers	01:14:05
8	2019	Letty Green - Dobbs Weir	8	10.7	McMullan, James	Thames Hare & Hounds	00:58:02	8	10.7	Baird, Jen	London Front Runners	01:09:24
9	2019	Dobbs Weir - High Beach	9	10.2	Jones, Matthew	Thames Hare & Hounds	00:58:23	9	10.2	Whiley, Alice	Clapham Chasers	01:06:18
10	2019	High Beach - Toot Hill	10	9	Pearce, Gordon	Thames Hare & Hounds	00:54:25	10	9	Pickup, Andrea	Dulwich Runners	01:07:18
11	2019	Toot Hill - Blackmore	11	7.5	Brandie, Gavin	Clapham Chasers	00:46:40	11	7.5	Roberts, Megan	Serpentine	00:52:21
12	2019	Blackmore - Thorndon Park	12	10.75	Jones, Matthew	Thames Hare & Hounds	01:02:48	12	10.75	Pemberton, Sarah	Serpentine	01:12:47
13	2019	Thorndon Park - Cranham	13	6.6	Hughes, Glenn	Serpentine	00:35:38	13	6.6	Hedgthorn, Katy	Thames Hare & Hounds	00:44:09
14	2019	Cranham - Davy Down	14	8.2	Torry, Hugh	Serpentine	00:49:18	14	8.2	Crawford, Victoria	Serpentine	00:55:10
15	2019	Stone Lodge - Lullingstone	15	9.4	Ollington, Richard	Thames Hare & Hounds	00:53:17	15	9.4	Baird, Jen	London Front Runners	01:05:45
16	2019	Lullingstone - Tatsfield	16	13.1	Hoad, James	Thames Hare & Hounds	01:15:48	16	13.1	Hannon, Felicity	Clapham Chasers	01:43:50
17	2019	Tatsfield - Merstham	17	10.5	Roddy, Paddy	Thames Hare & Hounds	00:55:08	17	10.5	Whiley, Alice	Clapham Chasers	01:09:13
18	2019	Merstham - Burford Bridge	18	9.7	McMullan, James	Thames Hare & Hounds	01:01:53	18	9.7	Gibson, Melissah	Ealing Eagles	01:15:39
19	2019	Burford Bridge - West Hanger	19	8.4	Pearce, Gordon	Thames Hare & Hounds	00:53:02	19	8.4	Roberts, Megan	Serpentine	01:02:00
20	2019	West Hanger - Ripley	20	6	Wright, Chris	Serpentine	00:31:07	20	6	Sheel, Natasha	Serpentine	00:37:02
21	2019	Ripley - Walton Bridge	21	8.4	Brochie, Jack	Stock Exchange AC	00:46:41	21	8.4	Edgar, Rebekah	Thames Hare & Hounds	00:54:10
22	2019	Walton Bridge - Hawker Centre	22	9.15	Baines, Simon	Thames Hare & Hounds	00:49:38	22	9.15	Russenberger, Heidi	Stragglers	01:04:18

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2018	Hampton Court - Staines	1	12.7	Max Harrison-Tosatto	Serpentine	01:15:15	1	12.7	Rose Hurford	Clapham Chasers	01:32:01
2	2018	Staines - Boveney	2	9.42	Jeff Cunningham	Stock Exchange	00:56:13	2	9.42	Fiona Stevin-Brown	Sandhurst Joggers	01:07:23
3	2018	Boveney - Little Marlow	3	11	Simon Barrett	Thames Hare & Hounds	01:06:23	3	11	Katie Lysons	Clapham Chasers	01:19:58
4	2018	Little Marlow - Great Kingshill	4	12.2	Ben Reynolds	Thames Hare & Hounds	01:18:02	4	12.2	Jennifer Bradley	Serpentine	01:42:31
5	2018	Great Kingshill - Chipperfield	5	13.5	Andrew Clarke	Stock Exchange	01:19:41	5	13.5	Natasha Sheel	Serpentine	01:35:18
6	2018	Chipperfield - St Albans	6	8.4	James Gillanders	Serpentine	00:50:06	6	8.4	Sarah Pemberton	Serpentine	00:57:56
7	2018	St Albans - Letty Green	7	11.6	Jonathan Moscrop	Serpentine	01:12:08	7	11.6	Martha Hall	Sandhurst Joggers	01:16:38
8	2018	Letty Green - Dobbs Weir	8	10.65	Johnny Suttle	Queen's Park Harriers	00:59:27	8	10.65	Gaby Reynolds	Stock Exchange AC	01:11:20
9	2018	Dobbs Weir - High Beach	9	10.2	Gordon Pearce	Thames Hare & Hounds	01:00:52	9	10.2	Nikki Stanley	Sandhurst Joggers	01:14:02
10	2018	High Beach - Toot Hill	10	9	Ted Mockett	Ranelagh	00:58:25	10	9	Becky Hall	Ranelagh Harriers	01:06:05
11	2018	Toot Hill - Blackmore	11	7.5	Joost Vogel	Serpentine	00:45:21	11	7.5	Clare Meraz	Serpentine	00:54:44
12	2018	Blackmore - Thorndon Park	12	10.9	Ben Reynolds	Thames Hare & Hounds	01:05:23	12	10.9	Rose Hurford	Clapham Chasers	01:15:04
13	2018	Thorndon Park - Cranham	13	6.6	Bernard Sexton	Ealing Eagles	00:39:56	13	6.6	Natasha Sheel	Serpentine	00:41:59
14	2018	Cranham - Davy Down	14	8.2	Max Harrison-Tosatto	Serpentine	00:47:49	14	8.2	Jackie Balfour	BMF Bushy Park	01:00:07
15	2018	Stone Lodge - Lullingstone	15	9.2	Simon Barrett	Thames Hare & Hounds	00:52:36	15	9.2	Sarah Winter	Stragglers	01:00:31
16	2018	Lullingstone - Tatsfield	16	13.3	Johnny Suttle	Queen's Park Harriers	01:19:50	16	13.3	Sarah Pemberton	Serpentine	01:36:55
17	2018	Tatsfield - Merstham	17	10.5	Christopher Peck	Waverley Harriers	01:00:02	17	10.5	SophieAnne Flanagan	Serpentine	01:19:00
18	2018	Merstham - Box Hill	18	8.6	Hugh Torry	Serpentine	00:58:41	18	8.6	Nikki Stanley	Sandhurst Joggers	01:13:28
19	2018	Box Hill - West Hanger	19	9.8	Matt Jones	Thames Hare & Hounds	00:59:28	19	9.8	Christine Kennedy	Serpentine	01:14:32
20	2018	West Hanger - Ripley	20	6	Will Rawling	Shaef Shifters	00:34:18	20	6	Victoria Barthelmess	Thames Hare & Hounds	00:37:28
21	2018	Ripley - Walton Bridge	21	8.4	Jack Brochie	Stock Exchange	00:48:06	21	8.4	Natasha Sheel	Serpentine	00:54:21
22	2018	Walton Bridge - Hawker Centre	22	9.15	Nick Impey	Ranelagh	00:51:04	22	9.15	Martha Hall	Sandhurst Joggers	01:02:21

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1	2017	Hampton Court - Staines	1	12.7	Charlie Ogilvie	Serpentine	01:15:06	1	12.7	Megan Roberts	Serpentine	01:27:31
2	2017	Staines - Boveney	2	9.42	John Nugus	Serpentine	00:58:45	2	9.42	Katy Hedgethorm	Thames Hare & Hounds	01:00:52
3	2017	Boveney - Little Marlow	3	11	Jonathan Bradford	Serpentine	01:06:21	3	11	Tamsin Simmonds	Serpentine	01:16:50
4	2017	Little Marlow - Great Kingshill	4	12.2	James McMullan	Thames Hare & Hounds	01:11:10	4	12.2	Sarah Pemberton	Serpentine	01:37:50
5	2017	Great Kingshill - Chipperfield	5	13.5	James Gillanders	London Front Runners	01:20:38	5	13.5	Rebecca Jackson	Ealing Eagles	01:39:50
6	2017	Chipperfield - St Albans	6	8.4	Shaun Wheelan	London Front Runners	00:47:59	6	8.4	Carla Molinaro	Clapham Chasers	00:50:22
7	2017	St Albans - Letty Green	7	11.6	Andrew Reeves	Serpentine	01:11:10	7	11.6	Alexi Shaw	Dulwich Runners	01:15:39
8	2017	Letty Green - Dobbs Weir	8	10.65	Bryn Reynolds	Stock Exchange	01:00:50	8	10.65	Anna Thomas	Dulwich Runners	01:20:03
9	2017	Dobbs Weir - High Beach	9	10.2	Matt Jones	Thames Hare & Hounds	00:59:20	9	10.2	Ange Norris	Dulwich Runners	01:13:54
10	2017	High Beach - Toot Hill	10	9	Jim Alchin	Thames Hare & Hounds	00:54:58	10	9	Joanna Braine	Queen's Park Harriers	01:12:04
11	2017	Toot Hill - Blackmore	11	7.5	Ed Catmur	Thames Hare & Hounds	00:47:18	11	7.5	Jenny Robinson	Sandhurst Joggers	00:50:10
12	2017	Blackmore - Thorndon Park	12	10.9	Jim Alchin	Thames Hare & Hounds	01:04:38	12	10.9	Helen Keeley	London Front Runners	01:20:22
13	2017	Thorndon Park - Cranham	13	6.6	Jonathan Bradford	Serpentine	00:36:56	13	6.6	Karen Ellison	Stock Exchange AC	00:43:21
14	2017	Cranham - Davy Down	14	8.2	Charlie Ogilvie	Serpentine	00:49:41	14	8.2	Katy Hedgethorm	Thames Hare & Hounds	00:58:32
15	2017	Stone Lodge - Lullingstone	15	9.2	Alan Barnes	Stock Exchange	00:53:08	15	9.2	Jenny Robinson	Sandhurst Joggers	01:04:37
16	2017	Lullingstone - Tatsfield	16	14	Johnny Suttle	Queen's Park Harriers	01:22:25	16	14	Alice Whaley	Clapham Chasers	01:42:03
17	2017	Tatsfield - Merstham	17	10.5	Joe Spraggins	Clapham Chasers	01:01:49	17	10.5	Sarah Pemberton	Serpentine	01:12:35
18	2017	Merstham - Box Hill	18	8.6	James McMullan	Thames Hare & Hounds	00:57:16	18	8.6	Sarah Bailey	Ealing Eagles	01:11:30
19	2017	Box Hill - West Hanger	19	9.8	Erin McDaid	Ranelagh	00:58:57	19	9.8	Rose Hurford	Clapham Chasers	01:12:58
20	2017	West Hanger - Ripley	20	6	Simon Barrett	Serpentine	00:32:30	20	6	Alexi Shaw	Dulwich Runners	00:37:32
21	2017	Ripley - Walton Bridge	21	8.4	James Gillanders	London Front Runners	00:49:04	21	8.4	Tamsin Simmonds	Serpentine	01:00:54
22	2017	Walton Bridge - Hawker Centre	22	9.15	Bryn Reynolds	Stock Exchange	00:53:30	22	9.15	Carla Molinaro	Clapham Chasers	00:56:23

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All Stage Winners

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2016	Hampton Court - Staines	1	12.7	Bryn Reynolds	Clapham Chasers	01:17:19	1	12.7	Alice Braham	Thames Hare & Hounds	01:19:29
2	2016	Staines - Boveney	2	9.42	Simon Barrett	Serpentine	00:56:14	2	9.42	Cathy Ansell	Stock Exchange	01:00:38
3	2016	Boveney - Little Marlow	3	11	John Nugus	Serpentine	01:05:30	3	11	Nikki Nicholson	Elmbridge	01:18:15
4	2016	Little Marlow - Great Kingshill	4	12.2	Alan Barnes	Stock Exchange	01:11:35	4	12.2	Ange Norris	Dulwich Runners	01:32:44
5	2016	Great Kingshill - Chipperfield	5	13.5	Martin Rutter	Clapham Chasers	01:22:18	5	13.5	Sam Ludlow Taylor	Serpentine	01:31:35
6	2016	Chipperfield - St Albans	6	8.4	Shaun Wheelan	London Front Runners	00:47:30	6	8.4	Natalie Ruffell	Clapham Chasers	00:58:48
7	2016	St Albans - Letty Green	7	11.6	Ian Fullen	Team Bushy	01:09:31	7	11.6	Martha Hall	Sandhurst	01:19:49
8	2016	Letty Green - Dobbs Weir	8	10.65	Jim Allchin	Thames Hare & Hounds	01:02:40	8	10.65	Lorraine Smyth	Clapham Chasers	01:17:23
9	2016	Dobbs Weir - High Beach	9	10.2	Chris Busalieh	Stock Exchange	00:59:03	9	10.2	Nikki Stanley	Sandhurst	01:13:27
10	2016	High Beach - Toot Hill	10	9.7	Bartosz Porzuczek	Serpentine	01:02:39	10	9.7	Andrea Pickup	Dulwich Runners	01:10:54
11	2016	Toot Hill - Blackmore	11	7.5	Andrew Reeves	Serpentine	00:44:15	11	7.5	Jenny Robinson	Sandhurst	00:50:01
12	2016	Blackmore - Thorndon Park	12	10.9	Hugh Torry	Serpentine	01:01:39	12	10.9	Ange Norris	Dulwich Runners	01:17:26
13	2016	Thorndon Park - Cranham	13	6.6	Jeff Cunningham	Stock Exchange	00:36:50	13	6.6	Manue Chardon	London Front Runners	00:46:59
14	2016	Cranham - Davy Down	14	8.2	Jonathan Moscrop	London Front Runners	00:52:39	14	8.2	Lorraine Smyth	Clapham Chasers	01:00:17
15	2016	Stone Lodge - Lullingstone	15	9.2	Martin Rutter	Clapham Chasers	00:54:39	15	9.2	Jenny Robinson	Sandhurst	01:04:38
16	2016	Lullingstone - Tatsfield	16	14	Alan Barnes	Stock Exchange	01:25:47	16	14	Sarah Knox	Serpentine	01:55:38
17	2016	Tatsfield - Merstham	17	10.5	Bryn Reynolds	Clapham Chasers	00:57:22	17	10.5	Marie Synott-Wells	Ranelagh	01:16:28
18	2016	Merstham - Box Hill	18	8.6	Jonathan Bradford	Serpentine	01:01:16	18	8.6	Sam Ludlow Taylor	Serpentine	01:06:48
19	2016	Box Hill - West Hanger	19	9.8	James McMullan	Thames Hare & Hounds	00:58:14	19	9.8	Gemma Nelson	Clapham Chasers	01:19:51
20	2016	West Hanger - Ripley	20	6	DavidP Evans	Serpentine	00:35:37	20	6	Jenny Robinson	Sandhurst	00:39:27
21	2016	Ripley - Walton Bridge	21	8.4	James Gillanders	London Front Runners	00:48:59	21	8.4	Natalie Duchemin	Clapham Chasers	00:58:11
22	2016	Walton Bridge - Hawker Centre	22	9.15	Nic Gould	Thames Hare & Hounds	00:52:35	22	9.15	Cathy Ansell	Stock Exchange	00:55:45

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2015	Hampton Court - Staines	1	12.7	Nathan Smeaton	Clapham Chasers	01:16:26	1	12.7	Cathy Ansell	Stock Exchange	01:19:14
2	2015	Staines - Boveney	2	9.42	Andrew Reeves	Serpentine	01:00:25	2	9.42	Jackie Balfour	Stragglers	01:11:13
3	2015	Boveney - Little Marlow	3	11	Bryn Reynolds	Clapham Chasers	01:03:46	3	11	Nikki Stanley	Sandhurst	01:24:26
4	2015	Little Marlow - Great Kingshill	4	12.2	Alan Barnes	Stock Exchange	01:19:40	4	12.2	Liz Wynn	Serpentine	01:36:13
5	2015	Great Kingshill - Chipperfield	5	13.5	James Gillanders	London Front Runners	01:21:43	5	13.5	Sarah Pemberton	Serpentine	01:34:32
6	2015	Chipperfield - St Albans	6	8.4	Hugh Torry	Serpentine	00:47:53	6	8.4	Jen Green	London Front Runners	00:57:06
7	2015	St Albans - Letty Green	7	11.6	James Neave	Clapham Chasers	01:11:59	7	11.6	Helen Palmer	Serpentine	01:15:15
8	2015	Letty Green - Dobbs Weir	8	10.65	Richard Taylor	Serpentine	01:03:53	8	10.65	Jennifer Bradley	Serpentine	01:13:28
9	2015	Dobbs Weir - High Beach	9	10.2	Jack Hillier	Stock Exchange	01:05:18	9	10.2	Nikki Nicholson	Elmbridge	01:12:16
10	2015	High Beach - Toot Hill	10	9.7	Dave Dixon	British Airways	01:00:16	10	9.7	Sarah Kiriluk	Serpentine	01:04:22
11	2015	Toot Hill - Blackmore	11	7.5	David Evans	Serpentine	00:46:10	11	7.5	Jenny Robinson	Sandhurst	00:51:05
12	2015	Blackmore - Thorndon Park	12	10.9	Nathan Smeaton	Clapham Chasers	01:02:32	12	10.9	Liz Wynn	Serpentine	01:15:24
13	2015	Thorndon Park - Cranham	13	6.6	Bartosz Porzuczek	Serpentine	00:40:31	13	6.6	Karen Ellison	Stock Exchange	00:43:51
14	2015	Cranham - Davy Down	14	8.2	Jack Hillier	Stock Exchange	00:50:32	14	8.2	Helen Palmer	Serpentine	00:54:24
15	2015	Stone Lodge - Lullingstone	15	9.2	Matt Munro	Stock Exchange	00:56:01	15	9.2	Katie Williams	Serpentine	00:59:21
16	2015	Lullingstone - Tatsfield	16	13.6	Hugh Torry	Serpentine	01:24:57	16	13.6	Ange Norris	Dulwich Runners	01:50:30
17	2015	Tatsfield - Merstham	17	10.5	Simon Barrett	Serpentine	01:01:15	17	10.5	Rachael Thompson	Serpentine	01:15:29
18	2015	Merstham - Box Hill	18	8.6	Clement Sicart	Clapham Chasers	01:03:23	18	8.6	Karen Nadeen Gregory	Serpentine	01:15:25
19	2015	Box Hill - West Hanger	19	9.8	Martin Rutter	Clapham Chasers	01:03:06	19	9.8	Sarah Kiriluk	Serpentine	01:06:54
20	2015	West Hanger - Ripley	20	6	James Edgar	Serpentine	00:36:38	20	6	Marta Bagnati	Serpentine	00:37:42
21	2015	Ripley - Walton Bridge	21	8.4	Stephen Whitehead	Stock Exchange	00:49:09	21	8.4	Alex Baird	London Front Runners	00:58:02
22	2015	Walton Bridge - Hawker Centre	22	9.15	Richard Taylor	Serpentine	00:54:14	22	9.15	Cathy Ansell	Stock Exchange	00:55:49

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2014	Hampton Court - Staines	1	12.7	Peter James	Clapham Chasers	01:14:33	1	12.7	Michelle Davies	Ranelagh	01:36:20
2	2014	Staines - Boveney	2	9.42	Daniel de Palol	Serpentine	00:59:49	2	9.42	Anna Scally	Ranelagh	01:13:19
3	2014	Boveney - Little Marlow	3	11	John Nugus	Serpentine	01:07:20	3	11	Nikki Stanley	Sandhurst	01:20:29
4	2014	Little Marlow - Great Kingshill	4	12.2	Andy Greenleaf	Serpentine	01:13:31	4	12.2	Anna Thomas	Dulwich Runners	01:45:16
5	2014	Great Kingshill - Chipperfield	5	13.5	Glenn Hughes	Serpentine	01:24:12	5	13.5	Andrea Pickup	Dulwich Runners	01:39:23
6	2014	Chipperfield - St Albans	6	8.4	Andrew Reeves	Serpentine	00:50:42	6	8.4	Helen Palmer	Serpentine	00:58:35
7	2014	St Albans - Letty Green	7	11.6	James Gillanders	London Front Runners	01:11:12	7	11.6	Sarah Pemberton	Serpentine	01:21:25
8	2014	Letty Green - Dobbs Weir	8	10.65	Mickael Hegesippe	Sandhurst	01:13:11	8	10.65	Hayley Munn	Clapham Chasers	01:07:18
9	2014	Dobbs Weir - High Beach	9	10.2	Steven Artist	London Front Runners	01:06:37	9	10.2	Natasha Sheel	Serpentine	01:14:57
10	2014	High Beach - Toot Hill	10	9.7	David Dixon	British Airways	01:02:05	10	9.7	Victoria Crawford	Serpentine	01:17:29
11	2014	Toot Hill - Blackmore	11	7.5	Hugh Torry	Serpentine	00:43:27	11	7.5	Jenny Robinson	Sandhurst	00:51:26
12	2014	Blackmore - Thorndon Park	12	10.9	Mark Herbert	Ranelagh	01:12:51	12	10.9	Jenny Robinson	Sandhurst	01:22:03
13	2014	Thorndon Park - Cranham	13	6.6	Pascal Evans	Stragglers	00:40:48	13	6.6	Sarah Pemberton	Serpentine	00:42:45
14	2014	Cranham - Davy Down	14	8.2	Simon Barrett	Serpentine	00:48:00	14	8.2	Claire Robb	Clapham Chasers	01:02:34
15	2014	Stone Lodge - Lullingstone	15	9.2	John Nugus	Serpentine	00:57:21	15	9.2	Andrea Pickup	Dulwich Runners	01:07:44
16	2014	Lullingstone - Tatsfield	16	13.3	Alan Barnes	Stock Exchange	01:23:50	16	13.3	Anna Thomas	Dulwich Runners	01:51:21
17	2014	Tatsfield - Merstham	17	10.5	Daniel de Palol	Serpentine	01:05:12	17	10.5	Helen Palmer	Serpentine	01:11:54
18	2014	Merstham - Box Hill	18	8.6	Glenn Hughes	Serpentine	00:59:40	18	8.6	Karen Ellison	Stock Exchange	01:08:11
19	2014	Box Hill - West Hanger	19	9.8	Hugh Torry	Serpentine	00:59:27	19	9.8	Hayley Munn	Clapham Chasers	01:04:20
20	2014	West Hanger - Ripley	20	6	James Ratcliff	Sandhurst	00:34:26	20	6	Henrietta Syers	Serpentine	00:38:59
21	2014	Ripley - Walton Bridge	21	8.4	Brad Lawson	Golden Joggers	00:57:06	21	8.4	Jen Green	London Front Runners	00:57:14
22	2014	Walton Bridge - Hawker Centre	22	9.15	Nick Twomey	Ranelagh	00:56:24	22	9.15	Natalie Ruffell	Clapham Chasers	01:05:52

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2012	Hampton Court - Staines	1	12.7	Chris Minns	Stock Exchange	01:15:17	1	12.7	Phyllis Flynn	Stragglers	01:27:57
2	2012	Staines - Thames Valley AC	2	7.25	Jonathan Moscrop	London Front Runners	00:45:45	2	7.25	Catherine Lee	Dulwich Runners	00:48:39
3	2012	Thames Valley AC - Little Marlow	3	13.1	Steven Artist	London Front Runners	01:22:46	3	13.1	Marta Bagnati	Serpentine	01:36:34
4	2012	Little Marlow - Great Kingshill	4	12.2	Alan Barnes	Stock Exchange	01:15:33	4	12.2	Helen Taranowski	West 4	01:32:36
5	2012	Great Kingshill - Chipperfield	5	13.5	Huw Lobb	Serpentine	01:15:49	5	13.5	Teresa Gaillard de Laubenque	Serpentine	01:34:19
6	2012	Chipperfield - St Albans	6	8.4	Martin Gaunt	Serpentine	00:51:18	6	8.4	Christel Beukes	Serpentine	00:59:20
7	2012	St Albans - Letty Green	7	12	James Gillanders	London Front Runners	01:11:20	7	12	Katie Moore	Sussex Lambs	01:17:09
8	2012	Letty Green - Dobbs Weir	8	10.65	Bryn Reynolds	Clapham Chasers	01:02:22	8	10.65	Louise Watson	Millennium	01:08:23
9	2012	Dobbs Weir - High Beach	9	10.2	Graham Robinson	Sandhurst	01:00:02	9	10.2	Victoria Crawford	Serpentine	01:08:31
10	2012	High Beach - Toot Hill	10	9.7	Hugh Torry	Serpentine	00:55:28	10	9.7	Shona McIntosh	Dulwich Runners	01:06:31
11	2012	Toot Hill - Blackmore	11	7.5	Jonathan Rae	Serpentine	00:45:25	11	7.5	Sarah Knox	Serpentine	00:52:28
12	2012	Blackmore - Thorndon Park	12	10.9	Wesley Harrison	Serpentine	01:09:00	12	10.9	Jenny Robinson	Sandhurst	01:14:31
13	2012	Thorndon Park - Thames Chase	13	6.9	Bryn Reynolds	Clapham Chasers	00:41:07	13	6.9	Karen Ellison	Stock Exchange	00:45:04
14	2012	Thames Chase - Davy Down	14	7.9	Jim Clark	West 4	00:48:31	14	7.9	Dee Smale	Stragglers	00:55:51
15	2012	Stone Lodge - Lullingstone	15	9.2	Hugh Torry	Serpentine	00:50:58	15	9.2	Marie Synott-Wells	Ranelagh	01:04:46
16	2012	Lullingstone - Tatsfield	16	13.3	Riel Carol	Clapham Chasers	01:24:03	16	13.3	Katie Moore	Sussex Lambs	01:33:16
17	2012	Tatsfield - Merstham	17	10.5	Mark Fallowfield-Smith	Sandhurst	01:04:57	17	10.5	Carla Denny	Serpentine	01:15:23
18	2012	Merstham - Box Hill	18	8.7	Huw Lobb	Serpentine	00:49:27	18	8.7	Suran Dickson	London Front Runners	00:57:52
19	2012	Box Hill - West Hanger	19	10.5	Alan Barnes	Stock Exchange	01:01:30	19	10.5	Louise Watson	Millennium	01:12:23
20	2012	West Hanger - Ripley	20	5.6	Andrew Reeves	Serpentine	00:30:05	20	5.6	Poppy Lenton	Serpentine	00:35:19
21	2012	Ripley - Walton Bridge	21	8.4	Graham Robinson	Sandhurst	00:48:48	21	8.4	Nikki Nicholson	Elmbridge	00:56:26
22	2012	Walton Bridge - Hawker Centre	22	9.15	Stephen Whiting	London Front Runners	00:50:17	22	9.15	Shona McIntosh	Dulwich Runners	00:55:26

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2011	Hampton Court - Staines	1	12.7	Andy Greenleaf	Serpentine	01:12:19	1	12.7	Teresa Gaillard de Laubenque	Serpentine	01:22:25
2	2011	Staines - Boveney	2	10.15	Bryn Reynolds	Clapham Chasers	00:57:52	2	10.15	Catherine Lee	Dulwich Runners	01:10:44
3	2011	Boveney - Little Marlow	3	11	Michael Williams	Dulwich Runners	01:05:21	3	11	Tanya O'Connor	Clapham Chasers	01:12:28
4	2011	Little Marlow - Great Kingshill	4	12.2	Alan Barnes	Stock Exchange	01:16:17	4	12.2	Alexi Shaw	Dulwich Runners	01:27:30
5	2011	Great Kingshill - Chipperfield	5	13.5	Hugh Torry	Serpentine	01:14:53	5	13.5	Marie Synott-Wells	Ranelagh	01:34:05
6	2011	Chipperfield - St Albans	6	8.4	Anthony Bourne	Serpentine	00:47:58	6	8.4	Melissa Galea	Clapham Chasers	00:55:11
7	2011	St Albans - Letty Green	7	12	Kevin Mason	Brighton & Hove	01:07:12	7	12	Jenny Gray	Sandhurst	01:20:46
8	2011	Letty Green - Dobbs Weir	8	10.65	John Nugus	Serpentine	01:04:12	8	10.65	Karen Ellison	Stock Exchange	01:10:59
9	2011	Dobbs Weir - High Beach	9	10.2	Andrew Hibbert	Serpentine	01:04:31	9	10.2	Fiona Powell	Brighton & Hove	01:08:04
10	2011	High Beach - Toot Hill	10	9.7	Andrew Reeves	Serpentine	00:57:37	10	9.7	Martha Hall	Sandhurst	01:06:21
11	2011	Toot Hill - Blackmore	11	7.5	Nicholas Torry	Serpentine	00:43:37	11	7.5	Alison Wood	Stock Exchange	00:51:49
12	2011	Blackmore - Thorndon Park	12	10.9	Richard Phillips	Serpentine	00:59:36	12	10.9	Laura Beckwith	Serpentine	01:20:03
13	2011	Thorndon Park - Thames Chase	13	6.9	Andrew Taylor	Serpentine	00:41:10	13	6.9	Catherine Lee	Dulwich Runners	00:44:04
14	2011	Thames Chase - Davy Down	14	7.9	Wesley Harrison	Serpentine	00:48:07	14	7.9	Teresa Gaillard de Laubenque	Serpentine	00:51:45
15	2011	Stone Lodge - Lullingstone	15	9.2	Jeff Cunningham	Serpentine	00:53:19	15	9.2	Tanya Shaw	Serpentine	01:03:54
16	2011	Lullingstone - Tatsfield	16	13.3	Kevin Mason	Brighton & Hove	01:21:53	16	13.3	Fiona Alexander	Serpentine	01:46:27
17	2011	Tatsfield - Merstham	17	10.5	Roy Reeder	Stragglers	01:03:11	17	10.5	Lucie Custance	Clapham Chasers	01:05:28
18	2011	Merstham - Box Hill	18	8.7	Hugh Torry	Serpentine	00:46:30	18	8.7	Jane Davies	Elmbridge	01:01:53
19	2011	Box Hill - West Hanger	19	10.5	Nicholas Torry	Serpentine	00:58:17	19	10.5	Claire Shelley	Serpentine	01:15:00
20	2011	West Hanger - Ripley	20	5.6	John Nugus	Serpentine	00:31:06	20	5.6	Alison Wood	Stock Exchange	00:34:13
21	2011	Ripley - Walton Bridge	21	8.4	Andrew Reeves	Serpentine	00:49:41	21	8.4	Cathy Ulliot	Brighton & Hove	00:55:57
22	2011	Walton Bridge - Hawker Centre	22	9.15	Andy Greenleaf	Serpentine	00:49:27	22	9.15	Fiona Powell	Brighton & Hove	00:57:06

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2010	Hampton Court - Staines	1	12.7	Chris Minns	Beckenham	01:12:39	1	12.7	Alison Carpenter	Millennium	01:31:13
2	2010	Staines - Boveney	2	10.15	Steve Whitehead	Stock Exchange	00:59:51	2	10.15	Teresa Gaillard de Laubenque	Dulwich Runners	01:06:03
3	2010	Boveney - Little Marlow	3	11	Ben Paviour	Stock Exchange	01:06:47	3	11	Dee Smale	Stragglers	01:17:07
4	2010	Little Marlow - Great Kingshill	4	12.2	Alan Barnes	Stock Exchange	01:13:15	4	12.2	Louise Watson	Millennium	01:29:38
5	2010	Great Kingshill - Chipperfield	5	13.5	Andy Greenleaf	Serpentine	01:14:23	5	13.5	Natalie Kolodziej	Serpentine	01:33:32
6	2010	Chipperfield - St Albans	6	8.4	Hugh Torry	Serpentine	00:46:06	6	8.4	Mariah McConnaughey	Serpentine	00:52:45
7	2010	St Albans - Letty Green	7	12	Shaun Wheelan	London Front Runners	01:09:16	7	12	Fiona Alexander	Serpentine	01:21:19
8	2010	Letty Green - Dobbs Weir	8	10.65	Bryn Reynolds	Clapham Chasers	01:00:59	8	10.65	Karen Ellison	Stock Exchange	01:10:40
9	2010	Dobbs Weir - High Beach	9	10.2	Graham Brook	Stragglers	01:00:05	9	10.2	Lisa Hale	Sandhurst	01:18:21
10	2010	High Beach - Toot Hill	10	9.7	Jeff Cunningham	Serpentine	00:56:36	10	9.7	Aimee Billington	26:2 Club	01:11:47
11	2010	Toot Hill - Blackmore	11	7.5	Jim Marshall	Thrift Green Trotters	00:46:01	11	7.5	Rachel Holmes	Ranelagh	00:53:52
12	2010	Blackmore - Thorndon Park	12	10.9	Bryn Reynolds	Clapham Chasers	01:01:37	12	10.9	Teresa Gaillard de Laubenque	Dulwich Runners	01:08:39
13	2010	Thorndon Park - Thames Chase	13	6.9	John Negus	Serpentine	00:42:17	13	6.9	Karen Ellison	Stock Exchange	00:43:56
14	2010	Thames Chase - Davy Down	14	7.9	James Flood	Stragglers	00:47:44	14	7.9	Louise Watson	Millennium	00:53:35
15	2010	QE2 Bridge - Lullingstone	15	9.7	Jeff Cunningham	Serpentine	00:56:24	15	9.7	Dee Smale	Stragglers	01:09:19
16	2010	Lullingstone - Tatsfield	16	13.3	Hugh Torry	Serpentine	01:20:33	16	13.3	Anna Critchlow	Richmond Park Runners	01:37:12
17	2010	Tatsfield - Merstham	17	10.5	Ben Paviour	Stock Exchange	01:00:34	17	10.5	Catherine Higgs	Serpentine	01:15:23
18	2010	Merstham - Box Hill	18	8.7	Andy Greenleaf	Serpentine	00:47:10	18	8.7	Fiona Alexander	Serpentine	01:01:41
19	2010	Box Hill - West Hanger	19	10.5	Alan Barnes	Stock Exchange	01:02:27	19	10.5	Andrea Pickup	Dulwich Runners	01:15:32
20	2010	West Hanger - Ripley	20	5.6	Simon Barrett	Serpentine	00:29:17	20	5.6	Melanie Burdett	Beckenham	00:35:00
21	2010	Ripley - Walton Bridge	21	8.4	Paul Clarkson	Team Maybelline	00:52:07	21	8.4	Claire Pauzers	Millennium	00:59:52
22	2010	Walton Bridge - Hawker Centre	22	9.15	9:15 miles Anthony Jackson	Stragglers	00:53:59	22	9.15	Helen Smethurst	London Front Runners	01:06:41

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2009	Hampton Court - Staines	1	12.7	Dave Symons	Millennium	01:16:07	1	12.7	Mona Burt	Clapham Chasers	01:22:24
2	2009	Staines - Boveney	2	10.15	Mark Taylor	British Airways	01:02:25	2	10.15	Amy Balchin	Serpentine	01:17:03
3	2009	Boveney - Little Marlow	3	11	Miguel Branco	Serpentine	01:05:25	3	11	Helen Zenner	Serpentine	01:12:50
4	2009	Little Marlow - Great Kingshill	4	12.2	Hugh Torry	Serpentine	01:17:46	4	12.2	Maggie Purr	Serpentine	01:34:32
5	2009	Great Kingshill - Chipperfield	5	13.5	James Ellis	Clapham Chasers	01:26:15	5	13.5	Catherine Dulla	Clapham Chasers	01:31:53
6	2009	Chipperfield - St Albans	6	8.4	Jim Addison	Beckenham	00:50:24	6	8.4	Jennifer Bradley	Serpentine	01:00:06
7	2009	St Albans - Letty Green	7	12	Graham Robinson	Sandhurst	01:07:30	7	12	Rachel Whittaker	Serpentine	01:20:55
8	2009	Letty Green - Dobbs Weir	8	10.65	Marc Clayton	Beckenham	01:05:38	8	10.65	Jenny Gray	Sandhurst	01:15:21
9	2009	Dobbs Weir - High Beach	9	10.2	Matt Ward	Clapham Chasers	01:02:25	9	10.2	Lucy Boyd	Clapham Chasers	01:16:53
10	2009	High Beach - Toot Hill	10	9.7	Will Withecombe	Beckenham	00:57:54	10	9.7	Claire Pauzers	Millennium	01:07:58
11	2009	Toot Hill - Blackmore	11	7.5	Danny Bell	Clapham Chasers	00:48:00	11	7.5	Melissa Galea	Clapham Chasers	00:54:50
12	2009	Blackmore - Thorndon Park	12	10.9	Marc Clayton	Beckenham	01:02:59	12	10.9	Lucie Custance	Clapham Chasers	01:18:29
13	2009	Thorndon Park - Thames Chase	13	6.9	Jim Addison	Beckenham	00:41:28	13	6.9	Mandy Harris	Ranelagh	00:50:39
14	2009	Thames Chase - Davy Down	14	7.9	Ben Jervis	Clapham Chasers	00:50:58	14	7.9	Louise Watson	Millennium	00:51:05
15	2009	QE2 Bridge - Lullingstone	15	9.7	James Ellis	Clapham Chasers	00:58:20	15	9.7	Helen Zenner	Serpentine	01:04:45
16	2009	Lullingstone - Tatsfield	16	13.3	Neil Aitken	Clapham Chasers	01:28:42	16	13.3	Jennifer Bradley	Serpentine	01:46:52
17	2009	Tatsfield - Merstham	17	10.5	Graham Robinson	Sandhurst	01:03:18	17	10.5	Melissa Galea	Clapham Chasers	01:14:34
18	2009	Merstham - Box Hill	18	8.7	Ben Cope	Serpentine	00:54:01	18	8.7	Lucy Boyd	Clapham Chasers	01:03:39
19	2009	Box Hill - West Hanger	19	10.5	James Flood	Stragglers	01:03:50	19	10.5	Mona Burt	Clapham Chasers	01:12:32
20	2009	West Hanger - Ripley	20	5.6	Matt Hilary	Clapham Chasers	00:31:28	20	5.6	Nikki Nicholson	Elmbridge	00:35:26
21	2009	Ripley - Walton Bridge	21	8.4	Nigel Rothwell	Stragglers	00:56:13	21	8.4	Emily Gear	Clapham Chasers	01:00:43
22	2009	Walton Bridge - Hawker Centre	22	9.15	Matt Ward	Clapham Chasers	00:55:47	22	9.15	Liz Wilson	Clapham Chasers	01:08:41

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2008	Hampton Court - Staines	1	12.7	Harry Wilson	London Front Runners	01:14:27	1	12.7	Victoria Collins	Serpentine	01:27:30
2	2008	Staines - Boveney	2	10.15	Hugh Torry	Serpentine	00:59:10	2	10.15	Karine Pradier	Serpentine	01:04:15
3	2008	Boveney - Little Marlow	3	11	Graeme Buscke	Clapham Chasers	01:08:10	3	11	Sonia O'Sullivan	Millennium	01:11:31
4	2008	Little Marlow - Great Kingshill	4	12.2	Chris Beecham	London Front Runners	01:17:55	4	12.2	Ruth Clifton	Serpentine	01:49:46
5	2008	Great Kingshill - Chipperfield	5	13.5	Andrew Reeves	Serpentine	01:21:01	5	13.5	Claire Imrie	Serpentine	01:33:14
6	2008	Chipperfield - St Albans	6	8.4	Gavin Edmonds	Serpentine	00:53:31	6	8.4	Nikki Nicholson	Elmbridge	01:00:58
7	2008	St Albans - Letty Green	7	12	Shaun Whelan	London Front Runners	01:06:19	7	12	Kath Phillips	Ranelagh	01:24:22
8	2008	Letty Green - Dobbs Weir	8	10.65	Jeff Cunningham	Serpentine	00:59:35	8	10.65	Nicola Juniper	Thrift Green Trotters	01:09:47
9	2008	Dobbs Weir - High Beach	9	10.2	Marc Clayton	Beckenham	00:59:05	9	10.2	Laura Denison	Serpentine	01:17:47
10	2008	High Beach - Toot Hill	10	9.7	Callum Martin	London Front Runners	00:56:34	10	9.7	Clare Pauzers	Millennium	01:07:48
11	2008	Toot Hill - Blackmore	11	7.5	Richard Phillips	Serpentine	00:44:06	11	7.5	Justina Heslop	Clapham Chasers	00:47:19
12	2008	Blackmore - Thorndon Park	12	10.9	Harry Wilson	London Front Runners	01:02:28	12	10.9	Marie Synnott-Wells	Ranelagh	01:14:19
13	2008	Thorndon Park - Thames Chase	13	6.9	Richard Robeson	London Front Runners	00:43:00	13	6.9	Justina Heslop	Clapham Chasers	00:42:20
14	2008	Thames Chase - Davy Down	14	7.9	Gus Levy	London Front Runners	00:49:28	14	7.9	Mona Burt	Clapham Chasers	00:48:52
15	2008	QE2 Bridge - Lullingstone	15	9.7	Andrew Mercer	Serpentine	00:54:29	15	9.7	Claire Imrie	Serpentine	01:05:21
16	2008	Lullingstone - Tatsfield	16	13.3	Shaun Whelan	London Front Runners	01:18:59	16	13.3	Karine Pradier	Serpentine	01:29:58
17	2008	Tatsfield - Merstham	17	10.5	Andrew Reeves	Serpentine	00:59:22	17	10.5	Sarah Edmunds	Serpentine	01:14:37
18	2008	Merstham - Box Hill	18	8.7	Darryl MacDonald	Millennium	00:51:33	18	8.7	Sandra Prosser	Ranelagh	01:03:29
19	2008	Box Hill - West Hanger	19	10.5	Chris Beecham	London Front Runners	01:01:31	19	10.5	Sonia O'Sullivan	Millennium	01:07:10
20	2008	West Hanger - Ripley	20	5.06	Jack Cartwright	Clapham Chasers	00:32:15	20	5.06	Nikki Nicholson	Elmbridge	00:38:03
21	2008	Ripley - Walton Bridge	21	8.04	Mark Forrest	London Front Runners	00:47:59	21	8.04	Clare Pauzers	Millennium	00:54:20
22	2008	Walton Bridge - Hawker Centre	22	9.15	Callum Martin	London Front Runners	00:50:05	22	9.15	Anna Scally	Ranelagh	00:59:25

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2007	Hampton Court - Staines	1	12.7	Tim Doran	Elmbridge	01:13:02	1	12.7	Sonia O'Sullivan	Millennium	01:16:08
2	2007	Staines - Boveney	2	10.15	Hugh Torry	Serpentine	01:03:19	2	10.15	Rachel Disley	Millennium	01:15:03
3	2007	Boveney - Little Marlow	3	11	Eric Phillips	Serpentine	01:04:26	3	11	Helen Smethurst	London Front Runners	01:13:18
4	2007	Little Marlow - Great Kingshill	4	12.2	Andrew Reeves	Serpentine	01:16:56	4	12.2	Louise Watson	Millennium	01:26:52
5	2007	Great Kingshill - Chipperfield	5	13.5	Andrew Weir	Stock Exchange	01:16:20	5	13.5	Vikki Stringer	Serpentine	01:29:44
6	2007	Chipperfield - St Albans	6	8.4	Ian Higgins	Millennium	00:54:33	6	8.4	Claire Imie	Serpentine	00:57:22
7	2007	St Albans - Letty Green	7	12	Tim Woodthorpe	Stock Exchange	01:09:26	7	12	Lizzie Clifford	Ranelagh	01:20:51
8	2007	Letty Green - Dobbs Weir	8	10.65	David Alcock	Thrift Green Trotters	01:00:57	8	10.65	Helen Zenner	Serpentine	01:09:56
9	2007	Dobbs Weir - High Beach	9	10.2	Mark Forrest	London Front Runners	01:02:15	9	10.2	Anna McLaughlin	Ranelagh	01:07:50
10	2007	High Beach - Toot Hill	10	9.7	Greg Stevens	Stock Exchange	00:56:57	10	9.7	Jane Davies	Elmbridge	01:14:50
11	2007	Toot Hill - Blackmore	11	7.5	Graham Brook	Stragglers	00:43:22	11	7.5	Zara Hyde-Peters	Stock Exchange	00:46:49
12	2007	Blackmore - Thorndon Park	12	10.9	Simon Barrett	Serpentine	01:03:17	12	10.9	Clare Nicholson	Stragglers	01:14:28
13	2007	Thorndon Park - Thames Chase	13	6.9	Eric Phillips	Serpentine	00:41:23	13	6.9	Zara Hyde-Peters	Stock Exchange	00:43:39
14	2007	Thames Chase - Davy Down	14	7.9	Graham Kennedy	London Front Runners	00:53:01	14	7.9	Louisa Ruderman	Serpentine	00:53:25
15	2007	QE2 Bridge - Lullingstone	15	9.7	Tim Woodthorpe	Stock Exchange	00:57:36	15	9.7	Vikki Stringer	Serpentine	01:05:50
16	2007	Lullingstone - Tatsfield	16	13.3	Andrew Weir	Stock Exchange	01:17:26	16	13.3	Mathilde Heaton	Clapham Chasers	01:35:04
17	2007	Tatsfield - Merstham	17	10.5	Andrew Reeves	Serpentine	01:00:58	17	10.5	Mandy Westlake	Ranelagh	01:16:40
18	2007	Merstham - Box Hill	18	8.7	Martin Wood	Stock Exchange	00:53:42	18	8.7	Louise Watson	Stock Exchange	00:53:38
19	2007	Box Hill - West Hanger	19	10.5	Alan Barnes	Stock Exchange	01:03:57	19	10.5	Anna McLaughlin	Ranelagh	01:12:33
20	2007	West Hanger - Ripley	20	5.6	Matthew Hillary	Clapham Chasers	00:31:16	20	5.6	Dee Smale	Stragglers	00:34:19
21	2007	Ripley - Walton Bridge	21	8.4	David Alcock	Thrift Green Trotters	00:48:30	21	8.4	Alison Brownhill	West 4	00:57:53
22	2007	Walton Bridge - Hawker Centre	22	9.15	Callum Martin	London Front Runners	00:52:09	22	9.15	Sonia O'Sullivan	Millennium	00:53:10

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2006	Hampton Court - Staines	1	12.7	Greg Stevens	Stock Exchange	01:14:43	1	12.7	Liz Kipling	Ranelagh	01:26:19
2	2006	Staines - Boveney	2	10.15	Tom Kingsnorth	BPTT.net	01:01:18	2	10.15	Karen Hancock	Serpentine	01:11:50
3	2006	Boveney - Little Marlow	3	11	Jimmy Goulls	BPTT.net	01:03:13	3	11	Isobel Rea	West 4	01:18:55
4	2006	Little Marlow - Great Kingshill	4	12.2	David Symons	BPTT.net	01:17:04	4	12.2	Helen Marks	Serpentine	01:30:04
5	2006	Great Kingshill - Chipperfield	5	13.5	Hugh Jones	Ranelagh	01:18:23	5	13.5	Marie Synott-Wells	Ranelagh	01:30:57
6	2006	Chipperfield - St Albans	6	8.4	Nick Shearn	City of Bath AC	00:49:43	6	8.4	Penny Thorn	Serpentine	00:59:15
7	2006	St Albans - Letty Green	7	12	Simon Barrett	Serpentine	01:09:07	7	12	Lizzie Clifford	Ranelagh	01:20:25
8	2006	Letty Green - Dobbs Weir	8	10.65	David Coales	City of Bath AC	01:03:01	8	10.65	Rachel Townsend	Stock Exchange	01:03:51
9	2006	Dobbs Weir - High Beach	9	10.2	Mick Lane	Ranelagh	01:01:14	9	10.2	Fiona Oakes	Thrift Green Trotters	01:05:33
10	2006	High Beach - Toot Hill	10	9.7	Robin Tuddenheim	Serpentine	01:03:35	10	9.7	Jane Davies	Elmbridge	01:13:38
11	2006	Toot Hill - Blackmore	11	7.5	Mark Caldecourt	BPTT.net	00:49:06	11	7.5	Elkie Thorndyke	Serpentine	00:55:29
12	2006	Blackmore - Thorndon Park	12	10.9	Tim Woodthorpe	Stock Exchange	01:03:12	12	10.9	Lizzie Clifford	Ranelagh	01:14:47
13	2006	Thorndon Park - Thames Chase	13	6.9	Kevin Darcy	Serpentine	00:41:10	13	6.9	Rachel Townsend	Stock Exchange	00:42:14
14	2006	Thames Chase - Davy Down	14	7.9	Ben Corlett	City of Bath AC	00:49:50	14	7.9	Justina Heslop	Clapham Chasers	00:52:44
15	2006	QE2 Bridge - Lullingstone	15	9.7	Mick Lane	Ranelagh	01:01:11	15	9.7	Marie Synott-Wells	Ranelagh	01:04:42
16	2006	Lullingstone - Tatsfield	16	13.3	Jimmy Goulls	BPTT.net	01:23:57	16	13.3	Fari Shams	Ranelagh	01:37:17
17	2006	Tatsfield - Merstham	17	10.5	Greg Stevens	Stock Exchange	01:02:33	17	10.5	Jess Whitmore	City of Bath AC	01:12:05
18	2006	Merstham - Box Hill	18	8.7	Andrew Reeves	Serpentine	00:52:07	18	8.7	Helen Marks	Serpentine	01:00:22
19	2006	Box Hill - West Hanger	19	10.5	David Symons	BPTT.net	01:00:54	19	10.5	Christine Lutsch	Serpentine	01:22:30
20	2006	West Hanger - Ripley	20	5.6	Dermot Cummins	BPTT.net	00:31:04	20	5.6	Joanna Conn	Serpentine	00:38:32
21	2006	Ripley - Walton Bridge	21	8.4	Wayne Smith	BPTT.net	00:49:25	21	8.4	Pru Hayhow	Grange Farm Trotters	00:59:00
22	2006	Walton Bridge - Hawker Centre	22	9.15	Tom Kingsnorth	BPTT.net	00:52:08	22	9.15	Natasha Krikorian	Clapham Chasers	01:05:04

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2005	Hampton Court - Staines	1	12.7	Matt Jones	Thames Hare & Hounds	01:12:15	1	12.7	Sonia O'Sullivan	Millennium	01:13:04
2	2005	Staines - Boveney	2	10.15	Andrew Davies	Serpentine	00:59:27	2	10.15	Clare Nicholson	Stragglers	01:04:44
3	2005	Boveney - Little Marlow	3	11	Tyrone Berg	Mornington Chasers	01:06:27	3	11	Claire Peacock	Stragglers	01:13:33
4	2005	Little Marlow - Great Kingshill	4	12.2	Julian Smith	Ranelagh	01:18:28	4	12.2	Dee Smale	Stragglers	01:33:59
5	2005	Great Kingshill - Chipperfield	5	13.5	David Symons	Thames Hare & Hounds	01:18:04	5	13.5	Marie Synott-Wells	Ranelagh	01:35:03
6	2005	Chipperfield - St Albans	6	8.04	Shaun Whelan	London Front Runners	00:46:43	6	8.04	Nancy Labiner	Serpentine	01:00:00
7	2005	St Albans - Little Berkhamsted	7	13.15	Simon Barrett	Serpentine	01:15:34	7	13.15	Lizzie Clifford	Ranelagh	01:29:18
8	2005	Little Berkhamsted - Enfield Lock	8	11.3	Steve Hilton	Serpentine	01:06:48	8	11.3	Kate Symons	Thames Hare & Hounds	01:17:44
9	2005	Enfield Lock - Passingford Mill	9	10.8	Roy Reeder	Stragglers	01:05:24	9	10.8	Anna McLaughlin	Ranelagh	01:12:01
10	2005	Passingford Mill - Blackmore	10	8.15	Barney Southin	Serpentine	00:49:14	10	8.15	Marie-Aline Perrier	Serpentine	00:53:38
11	2005	Blackmore - Thorndon Park	11	10.9	Jonny Powell	Stock Exchange	01:09:25	11	10.9	Lizzie Clifford	Ranelagh	01:14:01
12	2005	Thorndon Park - QE2 Bridge	12	11	Simon Barrett	Serpentine	01:05:14	12	11	Marie Synott-Wells	Ranelagh	01:15:30
13	2005	QE2 Bridge - Lullingstone	13	9.2	Graham Brook	Stragglers	00:58:41	13	9.2	Nancy Labiner	Serpentine	01:12:09
14	2005	Lullingstone - Tatsfield	14	13.3	David Symons	Thames Hare & Hounds	01:21:53	14	13.3	Clare Nicholson	Stragglers	01:40:48
15	2005	Tatsfield - Merstham	15	10.5	Paul Fromme	Serpentine	01:03:42	15	10.5	Liz Kipling	Ranelagh	01:08:26
16	2005	Merstham - Box Hill	16	8.9	Nic Gould	Thames Hare & Hounds	00:52:33	16	8.9	Christine Lutsch	Serpentine	01:01:27
17	2005	Box Hill - West Hanger	17	10.5	Matt Jones	Thames Hare & Hounds	01:02:34	17	10.5	Emma Calderbank	Serpentine	01:09:38
18	2005	West Hanger - Pyrford Lock	18	8.05	Shaun Whelan	London Front Runners	00:46:25	18	8.05	Louisa Ruderman	Serpentine	01:01:05
19	2005	Pyrford Lock - Walton Bridge	19	6.9	Kevin Darcy	Serpentine	00:39:21	19	6.9	Marie-Aline Perrier	Serpentine	00:42:11
20	2005	Walton Bridge - Hawker Centre	20	9.15	Evan Bond	Stragglers	00:51:08	20	9.15	Sonia O'Sullivan	Millennium	00:49:55
21	2005		21		N/A			21		N/A		
22	2005		22					22				

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2004	Hampton Court - Staines	1	12.7	Steve Endacote	Dulwich Runners	01:17:34	1	12.7	Sarah Seal	Ranelagh	01:24:49
2	2004	Staines - Boveney	2	10.15	Mark Critchlow	West 4	00:59:04	2	10.15	Liz Kipling	Ranelagh	01:09:51
3	2004	Boveney - Little Marlow	3	11	Clive Abbott	New Malden	01:06:49	3	11	Elinor Rest	Serpentine	01:12:32
4	2004	Little Marlow - Great Kingshill	4	12.2	Will Clark	New Malden	01:18:51	4	12.2	Barbara Yff	Serpentine	01:23:21
5	2004	Great Kingshill - Chipperfield	5	13.5	Chris Mullington	West 4	01:21:35	5	13.5	Swenja Surminski	Serpentine	01:38:39
6	2004	Chipperfield - St Albans	6	8.4	Pete Brown	West 4	00:52:56	6	8.4	Emily Nelson	New Malden	00:53:00
7	2004	St Albans - Little Berkhamsted	7	13.15	David Symons	New Malden	01:12:45	7	13.15	Candice McDonald	Serpentine	01:34:14
8	2004	Little Berkhamsted - Enfield Lock	8	11.4	Jan Torfs	Flanders	01:05:32	8	11.4	Sarah Edmonds	Serpentine	01:18:55
9	2004	Enfield Lock - Passingford Mill	9	10.7	Mick Lane	Ranelagh	01:04:34	9	10.7	Theresa Brady	Serpentine	01:14:48
10	2004	Passingford Mill - Blackmore	10	8.15	Simon Loach	Dulwich Runners	00:47:48	10	8.15	Anna Verges	London Front Runners	00:54:58
11	2004	Blackmore - Thorndon Park	11	10.9	Sus Renders	Flanders	01:03:30	11	10.9	Karie Hastings	Serpentine	01:23:37
12	2004	Thorndon Park - QE2 Bridge	12	11	James Godber	Dulwich Runners	01:06:55	12	11	Candice McDonald	Serpentine	01:19:23
13	2004	QE2 Bridge - Lullingstone	13	9.2	Jan Damen	Flanders	00:57:30	13	9.2	Elinor Rest	Serpentine	01:05:48
14	2004	Lullingstone - Tatsfield	14	13.3	David Symons	New Malden	01:24:38	14	13.3	Barbara Yff	Serpentine	01:29:28
15	2004	Tatsfield - Merstham	15	10.5	Andrew Reeves	Serpentine	01:05:51	15	10.5	Emily Nelson	New Malden	01:10:24
16	2004	Merstham - Box Hill	16	8.9	Chris Mulligan	West 4	00:52:04	16	8.9	Liz Kipling	Ranelagh	01:00:03
17	2004	Box Hill - West Hanger	17	10.5	Will Clark	New Malden	01:06:16	17	10.5	Sandra Blenkinsop	Stragglers	01:18:46
18	2004	West Hanger - Pyrford Lock	18	8.5	Herman Lievens	Flanders	00:49:55	18	8.5	Sarah Edmunds	Serpentine	00:59:37
19	2004	Pyrford Lock - Walton Bridge	19	6.9	Mark Critchlow	West 4	00:38:25	19	6.9	Anna Verges	London Front Runners	00:42:48
20	2004	Walton Bridge - Hawker Centre	20	9.15	ShaunWhelan	London Front Runners	00:50:27	20	9.15	Sarah Seal	Ranelagh	00:59:47
21	2004		21		N/A			21		N/A		
22	2004		22		N/A			22		N/A		

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Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2003	Hampton Court - Staines	1	13.3	Jim Desmond	Shandies	01:23:44	1	13.3	Phyllis Flynn	Stragglers	01:26:00
2	2003	Staines - Boveney	2	9.1	Mark Critchlow	West 4	00:53:20	2	9.1	Kathryn Mallett	Ranelagh	01:05:53
3	2003	Boveney - Little Marlow	3	11.2	Gary Woolgar	Brighton & Hove	01:03:57	3	11.2	Sandra Blenkinsop	Stragglers	01:16:22
4	2003	Little Marlow - Great Kingshill	4	12.2	Mike Peters	Shandies	01:20:13	4	12.2	Zoe Gulliver	Serpentine	01:33:06
5	2003	Great Kingshill - Chipperfield	5	13.5	Hugh Jones	Ranelagh	01:16:45	5	13.5	Elinor Rest	Serpentine	01:36:13
6	2003	Chipperfield - St Albans	6	8.4	Jonny Powell	Shandies	00:52:02	6	8.4	Kathy Quinton	Brighton & Hove	00:59:51
7	2003	St Albans - Little Berkhamsted	7	13.15	Simon Loach	Dulwich Runners	01:16:10	7	13.15	Anna McLaughlin	Ranelagh	01:48:44
8	2003	Little Berkhamsted - Enfield Lock	8	11.4	John Rawlings	West 4	01:04:17	8	11.4	Morven Reid	Serpentine	01:18:44
9	2003	Enfield Lock - Passingford Mill	9	10.7	John Macfarlane	Shandies	01:03:05	9	10.7	Lynne Prestegar	Serpentine	01:19:54
10	2003	Passingford Mill - Blackmore	10	8.15	Tony Shepherd	Millennium	00:49:18	10	8.15	Hilary Davis	Stragglers	01:01:46
11	2003	Blackmore - Thorndon Park	11	10.9	John Rawlings	West 4	01:06:40	11	10.9	Kim Stephenson	West 4	01:13:42
12	2003	Thorndon Park - QE2 Bridge	12	11	John Macfarlane	Shandies	01:02:58	12	11	Sarah Seal	Ranelagh	01:14:45
13	2003	QE2 Bridge - Lullingstone	13	9.2	Paul McTigue	Shandies	01:01:09	13	9.2	Anna McLaughlin	Ranelagh	01:11:41
14	2003	Lullingstone - Tatsfield	14	13.3	Hugh Jones	Ranelagh	01:19:41	14	13.3	Zoe Gulliver	Serpentine	01:40:14
15	2003	Tatsfield - Merstham	15	10.5	Tony Sheppard	Millennium	01:05:31	15	10.5	Phyllis Flynn	Stragglers	01:08:10
16	2003	Merstham - Box Hill	16	8.9	Roy Clooter	West 4	00:52:09	16	8.9	Clare Nicholson	Ranelagh	01:00:48
17	2003	Box Hill - West Hanger	17	10.4	Ian Edwards	Shandies	01:02:04	17	10.4	Elinor Rest	Serpentine	01:08:51
18	2003	West Hanger - Pyrford Lock	18	8.5	Roy Reader	Shandies	00:45:18	18	8.5	Dee Smale	Stragglers	00:55:08
19	2003	Pyrford Lock - Walton Bridge	19	6.9	Mark Caldecourt	Shandies	00:39:14	19	6.9	Rhion Loudon	West 4	00:46:43
20	2003	Walton Bridge - Hawker Centre	20	9.15	Mark Critchlow	West 4	00:50:28	20	9.15	Rani Stewart	Stragglers	01:08:01
21	2003		21		N/A			21		N/A		
22	2003		22		N/A			22		N/A		

Green Belt Relay

All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2002	Hampton Court - Staines	1	13.3	Martin Wood	SLH	01:17:00	1	13.3	Clare Pauzers	SLH	01:30:00
2	2002	Staines - Boveney	2	9.1	Giles Marshall	Ranelagh	01:00:01	2	9.1	Anna Critchlow	West 4	01:01:57
3	2002	Boveney - Little Marlow	3	11.2	Mark Critchlow	West 4	01:00:34	3	11.2	Jane Davis	Epsom & Ewell	01:16:42
4	2002	Little Marlow - Great Kingshill	4	12.2	Stuart Major	SLH	01:12:39	4	12.2	Elinor Rest	Serpentine	01:31:33
5	2002	Great Kingshill - Chipperfield	5	13.8	Darryl McDonald	Ranelagh	01:29:23	5	13.8	Lindsay Maclaran	Serpentine	01:29:32
6	2002	Chipperfield - St Albans	6	8.4	Tom Ulliot	Brighton & Hove	00:52:08	6	8.4	Justina Heslop	Serpentine	01:01:45
7	2002	St Albans - Little Berkhamsted	7	13.15	Hugh Jones	Ranelagh	01:12:58	7	13.15	Zoe Gulliver	Serpentine	01:33:38
8	2002	Little Berkhamsted - Waltham Abbey	8	10.3	Marcus Gohar	Ranelagh	00:57:31	8	10.3	Alex Coe	Croydon Striders	01:09:15
9	2002	Waltham Abbey - Passingford Mill	9	11.5	Mick Lane	Ranelagh	01:08:37	9	11.5	Gill O'Connor	SLH	01:17:09
10	2002	Passingford Mill - Blackmore	10	8.15	Tony Shepherd	Millennium	00:49:32	10	8.15	Gillian Johnson	Dulwich Runners	00:56:02
11	2002	Blackmore - Thorndon Park	11	10.9	Darryl McDonald	Ranelagh	01:03:32	11	10.9	Ros Tabor	Dulwich Runners	01:17:48
12	2002	Thorndon Park - QE2 Bridge	12	11	Mick Lane	Ranelagh	01:05:10	12	11	Anna Critchlow	West 4	01:09:01
13	2002	QE2 Bridge - Lullingstone	13	9.2	Martin Wood	SLH	00:56:42	13	9.2	Emmie Gribble	West 4	01:09:19
14	2002	Lullingstone - Tatsfield	14	13.3	Hugh Jones	Ranelagh	01:22:24	14	13.3	Clare Pauzers	SLH	01:31:54
15	2002	Tatsfield - Merstham	15	10.5	Stuart Major	SLH	01:02:08	15	10.5	Lindsay Maclaran	Serpentine	01:11:23
16	2002	Merstham - Box Hill	16	8.9	Andy Bickerstaff	Ranelagh	00:55:01	16	8.9	Diane Ballard	Croydon Striders	01:05:25
17	2002	Box Hill - West Hanger	17	10.4	Peter Haraar	Ranelagh	01:03:13	17	10.4	Pippa Major	SLH	01:09:01
18	2002	West Hanger - Pyrford Lock	18	8.5	Marcus Gohar	Ranelagh	00:50:33	18	8.5	Gillian Johnson	Dulwich Runners	00:53:13
19	2002	Pyrford Lock - Walton Bridge	19	6.9	Mark Critchlow	West 4	00:35:40	19	6.9	Sue Ashley	SLH	00:44:35
20	2002	Walton Bridge - Hawker Centre	20	9.15	Stephen Hilton	Serpentine	00:53:24	20	9.15	Chris Costiff	SLH	01:02:52
21	2002		21		N/A			21		N/A		
22	2002		22		N/A			22		N/A		

Green Belt Relay

All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	2000	Hampton Court - Staines	1	13.3	Mick Lane & Chris Owens	Ranelagh	01:16:56	1	13.3	Sue-Ellen Horrocks	Serpentine	01:34:15
2	2000	Staines - Eton	2	8.1	Don Anderson	Stragglers	00:48:19	2	8.1	Marina Stedman	Reading	00:49:59
3	2000	Eton - Little Marlow	3	12.6	David Wright	Ranelagh	01:14:23	3	12.6	Nikki Pollock	Epsom & Ewell	01:36:01
4	2000	Little Marlow - Widmer End	4	11	Julian Smith	Ranelagh	01:04:41	4	11	Linda Cartwright	Ranelagh	01:14:22
5	2000	Widmer End - Chipperfield	5	13.8	David Benton	Ranelagh	01:13:54	5	13.8	Hillary Walker	Serpentine	01:38:46
6	2000	Chipperfield - St Albans	6	8.55	Andy Breakspear	Reading	00:53:47	6	8.55	Mary Loftus	Dulwich Runners	00:59:46
7	2000	St Albans - Little Berkhamsted	7	13.15	Paul McTigue	Shandies	01:15:00	7	13.15	Kathleen Harris	Ranelagh	01:32:06
8	2000	Little Berkhamsted - Waltham Abbey	8	10.3	Giles Marshall	Ranelagh	01:01:21	8	10.3	Anne Molneux	Epsom & Ewell	01:13:11
9	2000	Waltham Abbey - Passingford Mill	9	12	Mike Peters	Shandies	01:10:44	9	12	Sue Healey	Ranelagh	01:39:54
10	2000	Passingford Mill - Blackmore	10	8.15	Andy Bickerstaff	Ranelagh	00:48:13	10	8.15	Jane Pope	Dulwich Runners	00:59:56
11	2000	Blackmore - Thorndon Park	11	10.9	Marius Acker	Ranelagh	01:07:28	11	10.9	Sue-Ellen Horrocks	Serpentine	01:20:19
12	2000	Thorndon Park - QE2 Bridge	12	11	Mick Lane	Ranelagh	01:05:00	12	11	Jane Pope	Dulwich Runners	01:25:57
13	2000	QE2 Bridge - Shoreham	13	11.6	David Benton	Ranelagh	01:05:21	13	11.6	Jane Davis	Epsom & Ewell	01:20:45
14	2000	Shoreham - Tatsfield	14	10.3	Paul McTigue	Shandies	01:03:07	14	10.3	Marlene Pautard	Ranelagh	01:17:47
15	2000	Tatsfield - Merstham	15	10.5	Julian Smith	Ranelagh	01:00:54	15	10.5	Sue Ashley	Epsom & Ewell	01:16:34
16	2000	Merstham - Box Hill	16	8.9	Declan Flynn	Shandies	00:54:36	16	8.9	Sonia Rowland	Ranelagh	01:08:57
17	2000	Box Hill - Gomshall	17	10.3	Kevin Tilley	Shandies	01:03:54	17	10.3	Susanne Kirster	West 4	01:18:15
18	2000	Gomshall - Pyrford Lock	18	10.8	Andy Bickerstaff	Ranelagh	01:06:12	18	10.8	Linda Cartwright	Ranelagh	01:13:26
19	2000	Pyrford Lock - Walton Bridge	19	6.9	Chris Owens	Ranelagh	00:38:56	19	6.9	Sue Waters	Stragglers	00:48:48
20	2000	Walton Bridge - Hawker Centre	20	9.15	Paul Beauvais	Ranelagh	00:55:22	20	9.15	Marina Stedman	Reading	01:02:49
21	2000		21		N/A			21		N/A		
22	2000		22		N/A			22		N/A		

Green Belt Relay

All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	1999	Hampton Court - Staines	1	13.3	Mike Hoey	Poole	01:14:12	1	13.3	Serpanta Dorri	Serpentine	01:29:04
2	1999	Staines - Eton	2	8.1	Don Anderson	Stragglers	00:48:10	2	8.1	Jane Davies	Epsom & Ewell	00:54:56
3	1999	Eton - Little Marlow	3	12.6	Dwayne Stewart	Reading	01:14:55	3	12.6	Mary Loftus	Dulwich Runners	01:34:17
4	1999	Little Marlow - Widmer End	4	11	Dave Cox	Poole	01:07:07	4	11	Ros Tabor	Dulwich Runners	01:21:18
5	1999	Widmer End - Chipperfield	5	13.8	John Boyes	Poole	01:16:55	5	13.8	Carol Doe	Poole	01:33:16
6	1999	Chipperfield - St Albans	6	8.55	Pete Aked	Reading	00:50:23	6	8.55	Louise Cramer	Dulwich Runners	00:57:08
7	1999	St Albans - Little Berkhamsted	7	13.15	Steve Williams	Dulwich Runners	01:15:10	7	13.15	Sue-Ellen Horrocks	Serpentine	01:36:55
8	1999	Little Berkhamsted - Waltham Abbey	8	10.3	Dave Penwarden	Poole	00:58:56	8	10.3	Gillian Johnson	Dulwich Runners	01:06:30
9	1999	Waltham Abbey - Passingford Mill	9	11.5	Kevin Oakley	Reading	01:11:39	9	11.5	Pauline Virgo	Dulwich Runners	01:28:49
10	1999	Passingford Mill - Blackmore	10	8.15	Clive Sentence	Dulwich Runners	00:49:03	10	8.15	Sue Waters	Stragglers	01:00:23
11	1999	Blackmore - Thorndon Park	11	10.9	Clive Sentence	Dulwich Runners	01:06:44	11	10.9	Wendy Jones	Ranelagh	01:12:39
12	1999	Thorndon Park - QE2 Bridge	12	11	Mike Hoey	Poole	01:01:22	12	11	Jane Pope	Dulwich Runners	01:16:30
13	1999	QE2 Bridge - Shoreham	13	11.6	John Boyes	Poole	01:11:15	13	11.6	Carolyn Doe	Poole	01:24:00
14	1999	Shoreham - Tatsfield	14	10.3	Pete Turner	Reading	01:05:15	14	10.3	Jane Young	Metros	01:16:49
15	1999	Tatsfield - Merstham	15	10.5	Dave Cox	Poole	01:05:30	15	10.5	Sue Ashley	Epsom & Ewell	01:09:48
16	1999	Merstham - Box Hill	16	8.9	Pete Aked	Reading	00:51:39	16	8.9	Louise Cramer	Dulwich Runners	00:57:53
17	1999	Box Hill - Gomshall	17	10.3	Howard Grubb	Reading	00:58:56	17	10.3	Bridget Cuthbert	Ranelagh	01:11:32
18	1999	Gomshall - Pyrford Lock	18	10.8	Kevin Oakley	Reading	01:05:44	18	10.8	Pauline Virgo	Dulwich Runners	01:20:05
19	1999	Pyrford Lock - Walton Bridge	19	6.9	Dave Cartright	Poole	00:41:33	19	6.9	Louise Trainor	Ranelagh	00:45:05
20	1999	Walton Bridge - Hawker Centre	20	9.15	Rupert Morall	Serpentine	00:54:28	20	9.15	Gillian Johnson	Dulwich Runners	00:59:00
21	1999	n/a	21		N/A			21		N/A		
22	1999		22		N/A			22		N/A		

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All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	1998	Hampton Court - Staines	1	13	Mike Hoey	Poole	01:15:47	1	13	Naomi Stanford	Serpentine	01:37:03
2	1998	Staines - Eton	2	8.1	Clive Sentence	Dulwich Runners	00:49:36	2	8.1	Anne Power	Reading	00:54:23
3	1998	Eton - Little Marlow	3	11.6	Dave Hydon	Reading	01:12:20	3	11.6	Jane Pope	Dulwich Runners	01:23:37
4	1998	Little Marlow - Widmer End	4	11	Ian Edwards	Poole	01:06:59	4	11	Pauline Virgo	Dulwich Runners	01:28:10
5	1998	Widmer End - Chipperfield	5	13.8	Mark Critchlow	West 4	01:15:48	5	13.8	Carol Doe	Poole	01:34:06
6	1998	Chipperfield - St Albans	6	8.55	Chris Darby	Reading	00:55:37	6	8.55	Joanna Conn	Serpentine	01:09:46
7	1998	St Albans - Little Berkhamsted	7	13.4	Terry Cutler	Poole	01:16:58	7	13.4	Monica Ward	Dulwich Runners	01:37:26
8	1998	Little Berkhamsted - Waltham Abbey	8	10.3	Rupert Pepper	Poole	00:58:58	8	10.3	Mary Loftus	Dulwich Runners	01:10:50
9	1998	Waltham Abbey - Passingford Mill	9	11.5	Dave Penwarden	Poole	01:08:23	9	11.5	Helen Ambrosen	Poole	01:30:17
10	1998	Passingford Mill - Blackmore	10	8.15	Mike Cook	Poole	00:48:47	10	8.15	Sue Jay	Stragglers	01:08:55
11	1998	Blackmore - Thorndon Park	11	10.9	Alan Thomas	Reading	01:09:32	11	10.9	Jane Young	Metros	01:18:07
12	1998	Thorndon Park - QE2 Bridge	12	11	Mike Hoey	Poole	01:03:10	12	11	Kath Boyes	Poole	01:23:36
13	1998	QE2 Bridge - Shoreham	13	11.6	Dwyane Stewart	Reading	01:12:53	13	11.6	Oca Fayemi	Dulwich Runners	01:28:30
14	1998	Shoreham - Tatsfield	14	10.3	Ian Edwards	Poole	01:04:37	14	10.3	Hannah Towner	Poole	01:25:23
15	1998	Tatsfield - Merstham	15	10.5	Mark Critchlow	West 4	01:02:29	15	10.5	Pauline Virgo	Dulwich Runners	01:23:05
16	1998	Merstham - Box Hill	16	8.9	Mike Cook	Poole	00:54:07	16	8.9	Lynda Howe	Stragglers	01:07:08
17	1998	Box Hill - Gomshall	17	10.3	Mike Johnson	Stragglers	01:04:06	17	10.3	Julia Hymen	West 4	01:15:42
18	1998	Gomshall - Woking	18	12.2	John Boyes	Poole	01:07:52	18	12.2	Carol Doe	Poole	01:20:36
19	1998	Woking - Chertsey	19	7.2	John Yates	Reading	00:44:51	19	7.2	Anne Power	Reading	00:47:55
20	1998	Chertsey - Ham	20	12.3	Simon Brazil / Terry Cutter	Stragglers / Poole	01:12:26	20	12.3	Naomi Stanford	Serpentine	01:33:21
21	1998		21		N/A			21		N/A		
22	1998		22		N/A			22		N/A		

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All Stage Winners

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All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	1997	Hampton Court - Staines	1	13	Hugh Jones	Ranelagh	01:14:08	1	13	Jill Durham	Poole	01:31:00
2	1997	Staines - Eton	2	8.1	Don Anderson	Stragglers	00:48:55	2	8.1	Sarah Houghton	Dulwich Runners	01:04:25
3	1997	Eton - Little Marlow	3	11.6	Dave Cartright	Poole	01:10:22	3	11.6	Jane Young	Metros	01:20:41
4	1997	Little Marlow - Widmer End	4	11	Alan Thomas	Reading	01:08:39	4	11	Kate Armstrong	Metros	01:17:50
5	1997	Widmer End - Chipperfield	5	13.8	John Boyes	Poole	01:17:06	5	13.8	Hilary Walker	Serpentine	01:34:19
6	1997	Chipperfield - St Albans	6	8.55	Len Slater	Poole	00:53:07	6	8.55	Carrie McAdam	Stragglers	01:03:41
7	1997	St Albans - Little Berkhamsted	7	13.4	Ian Barnes	Poole	01:16:47	7	13.4	Jan Heather	26:2 Club	01:29:26
8	1997	Little Berkhamsted - Waltham Abbey	8	10.3	Paul Roche	Dulwich Runners	01:00:50	8	10.3	Gill Johnson	Dulwich Runners	01:09:07
9	1997	Waltham Abbey - Passingford Mill	9	11.5	Simon Loach	Dulwich Runners	01:09:56	9	11.5	Julie Moore	Poole	01:20:00
10	1997	Passingford Mill - Blackmore	10	8.15	John McGlashen	Dulwich Runners	00:51:23	10	8.15	Joanna Conn	Serpentine	01:02:04
11	1997	Blackmore - Thorndon Park	11	11	Geoffrey Scott	Poole	01:09:41	11	11	Ros Tabor	Dulwich Runners	01:19:37
12	1997	Thorndon Park - QE2 Bridge	12	11	Mike Hoey	Poole	01:04:24	12	11	Jo Quantrill	Dulwich Runners	01:25:58
13	1997	QE2 Bridge - Shoreham	13	11.06	Dave Cartright	Poole	01:11:14	13	11.06	Jill Durham	Poole	01:19:59
14	1997	Shoreham - Tatsfield	14	10.3	Alan Thomas	Reading	01:06:26	14	10.3	Kate Armstrong	Metros	01:12:45
15	1997	Tatsfield - Merstham	15	10.5	Dave Cox	Poole	01:05:46	15	10.5	Carol Doe	Poole	01:13:04
16	1997	Merstham - Box Hill	16	8.9	Dwayne Stewart	Reading	00:54:56	16	8.9	Gill Johnson	Dulwich Runners	01:02:29
17	1997	Box Hill - Gomshall	17	10.3	Hugh Jones	Ranelagh	00:55:08	17	10.3	Hilary Walker	Serpentine	01:14:51
18	1997	Gomshall - Woking	18	12.2	John Boyes	Poole	01:12:53	18	12.2	Meredith Blake	Serpentine	01:18:03
19	1997	Woking - Chertsey	19	7.2	Walter Busuttil	Dulwich Runners	00:43:29	19	7.2	Suzanne McGladdery	Dulwich Runners	00:56:40
20	1997	Chertsey - Weston Green	20	11.2	Ian Barnes	Poole	01:03:37	20	11.2	Helen Ambrosen	Poole	01:20:51
21	1997		21		N/A			21		N/A		
22	1997		22		N/A			22		N/A		

Green Belt Relay

All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	1996	Hampton Court - Staines	1	12.3	Paul Roche	Dulwich Runners	01:08:57	1	12.3	Jayne Waller	Poole	01:21:04
2	1996	Staines - Eton	2	8.1	Clive Sentence	Dulwich Runners	00:48:39	2	8.1	Rachel Mackenzie	Serpentine	00:53:55
3	1996	Eton - Little Marlow	3	11.6	Mike Askew / Mark Minnett	Serpentine / Poole	01:10:12	3	11.6	Naomi Stanford	Serpentine	01:23:06
4	1996	Little Marlow - Widmer End	4	11	Sean Davis	Stragglers	01:03:48	4	11	Mary Loftus	Dulwich Runners	01:20:23
5	1996	Widmer End - Chipperfield	5	13.8	Ian Johnson	Stragglers	01:17:38	5	13.8	Carol Doe	Poole	01:34:06
6	1996	Chipperfield - Sandridge	6	11.2	Steve Smythe	Dulwich Runners	01:04:58	6	11.2	Kate Armstrong	Metros	01:11:40
7	1996	Sandridge - Little Berkhamsted	7	11.2	Nigel Rothwell	Stragglers	01:04:26	7	11.2	Heather Kingston	Serpentine	01:15:18
8	1996	Little Berkhamsted - Waltham Abbey	8	10.95	Mark Thomas	Stragglers	01:02:20	8	10.95	Julie Moore	Poole	01:05:52
9	1996	Waltham Abbey - Passingford Mill	9	11.5	Rupert Pepper	Poole	01:09:21	9	11.5	Marjarie Epton	Dulwich Runners	01:20:59
10	1996	Passingford Mill - Blackmore	10	8.15	Steve Daly	Stragglers	00:51:13	10	8.15	Sarah Newton	Serpentine	01:00:15
11	1996	Blackmore - Thorndon Park	11	10.9	Mike Johnson	Stragglers	01:05:00	11	10.9	Jayne Young	Metros	01:16:39
12	1996	Thorndon Park - QE2 Bridge	12	11	Don Anderson	Stragglers	01:06:50	12	11	Julia Storey	Stragglers	01:17:19
13	1996	QE2 Bridge - Shoreham	13	11.6	Paul Roche	Dulwich Runners	01:07:48	13	11.6	Debbie Lewis	Poole	01:21:20
14	1996	Shoreham - Tatsfield	14	10.3	Steve Smythe	Dulwich Runners	01:02:48	14	10.3	Jayne Waller	Poole	01:10:33
15	1996	Tatsfield - Merstham	15	11	Dave Wilson	26:2 Club	01:06:05	15	11	Deirdre Ross	Poole	01:27:04
16	1996	Merstham - Box Hill	16	8.8	David Penwarden	Poole	00:52:27	16	8.8	Kate Armstrong	Metros	00:58:03
17	1996	Box Hill - Gomshall	17	10.3	Mike Askew	Serpentine	00:58:55	17	10.3	Hilary Walker	Serpentine	01:13:37
18	1996	Shere - Woking	18	12.2	Ian Johnson	Stragglers	01:10:52	18	12.2	Julie Moore	Poole	01:21:40
19	1996	Woking - Chertsey	19	8.25	Tim Don	Stragglers	00:46:18	19	8.25	Rachel McKenzie	Serpentine	00:52:53
20	1996	Chertsey - Weston Green	20	11.2	Martin Thomas	Poole	01:03:08	20	11.2	Carol Doe	Poole	01:15:05
21	1996		21		N/A			21		N/A		
22	1996		22		N/A			22		N/A		

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All Stage Winners

Stage	Year	Route	Stage	Distance	Men	Club	Time	Stage	Distance	Women	Club	Time
1	1995	Elmbridge Leisure Centre - Staines	1	8.4	Mike Peace	Ranelagh	00:50:50	1	8.4	Lin O'Grady	Dulwich Park	01:07:33
2	1995	Staines - Eton	2	8.1	John Ricketts	Ranelagh	00:45:15	2	8.1	Cathy Davis	Stragglers	01:09:32
3	1995	Eton - Little Marlow	3	11.6	Clive Beauvais	Ranelagh	01:08:53	3	11.6	No lady runner		
4	1995	Little Marlow - Widmer End	4	11	Brian Wiles	Stragglers	01:10:43	4	11	Sue Ashley	Ranelagh	01:24:38
5	1995	Widmer End - Chipperfield	5	13.8	Alan Pemberton	Stragglers	01:24:17	5	13.8	Julia Storey	Stragglers	01:22:12
6	1995	Chipperfield - Sandridge	6	11.2	Richard Holloway	Ranelagh	01:07:00	6	11.2	No lady runner		
7	1995	Sandridge - Little Berkhamsted	7	11.2	Hugh Jones	Ranelagh	00:57:01	7	11.2	Janet Sharp	26:2 Club	01:22:36
8	1995	Little Berkhamsted - Waltham Abbey	8	10.3	Clive Nash	Ranelagh	01:03:22	8	10.3	No lady runner		
9	1995	Waltham Abbey - Passingford Mill	9	11.5	Sean Davis	Stragglers	01:14:17	9	11.5	Maz Turner	Dulwich Park	01:45:00
10	1995	Passingford Mill - Doddinghurst	10	7.7	Mark Daly	Stragglers	00:49:42	10	7.7	Susan Smith	Dulwich Park	
11	1995	Doddinghurst - Little Warley	11	9.25	Clive Beauvais	Ranelagh	00:53:46	11	9.25	Julia Storey	Stragglers	01:05:08
12	1995	Little Warley - Thurrock Hotel	12	10	Mark Thomas	Stragglers	01:08:26	12	10	Sue Ashley	Ranelagh	01:13:50
13	1995	QE2 Bridge - Shoreham	13	11.1	Alan Pemberton	Stragglers	01:13:19	13	11.1	Rani Stewart	Stragglers	01:29:44
14	1995	Shoreham - Tatsfield	14	10.3	Steve Instone	Ranelagh	01:07:35	14	10.3	Susan Smith	Dulwich Park	01:26:48
15	1995	Tatsfield - Merstham	15	11	John Ricketts	Ranelagh	01:04:01	15	11	No lady runner		
16	1995	Merstham - Box Hill	16	9	Steve Rowland	Ranelagh	00:59:51	16	9	No lady runner		
17	1995	Box Hill - Shere	17	11.25	Steve Enderby	Stragglers	01:08:21	17	11.25	Janet Sharpe	26:2 Club	01:31:25
18	1995	Shere - Woking	18	11.5	Hugh Jones	Ranelagh	00:59:08	18	11.5	No lady runner		
19	1995	Woking - Chertsey	19	9.25	Mark Daly	Stragglers	01:05:54	19	9.25	Lin O'Grady	Dulwich Park	01:15:06
20	1995	Chertsey - Weston Green	20	9	Richard Holloway	Ranelagh	00:53:40	20	9	Lynda Howe	Stragglers	00:38:32
21	1995		21		N/A			21		N/A		
22	1995		22		N/A			22		N/A		
										Anna Jenkins	Stragglers	01:45:00