

## Green Belt Relay - Stage Records

Year	Stage	Name	Team	Time	Category	
2005	1	12.7	Matt Jones	THH	01:12:15	Overall (men)
2005	1	12.7	Sonia O'Sullivan	Millenium	01:13:04	Overall (women)
2005	1	12.7	Sonia O'Sullivan	Millennium	01:13:04	V35 Women
2006	1	12.7	Greg Stevens	Stock Exchange AC	01:14:43	V40 Men
2007	1	12.7	Dee Smale	Stragglers	01:26:41	V45 Women
2010	1	12.7	Howard Gleave	Ranelagh	01:17:21	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2016	2	9.64	Simon Barrett	Serpentine Running Club Men	00:56:14	Overall (men)
2016	2	9.64	Cathy Ansell	Stock Exchange AC	01:00:38	Overall (women)
2017	2	9.64	Jen Baird	London Front Runners	01:08:15	V35 Women
2016	2	9.64	Simon Barrett	Serpentine Running Club Men	00:56:14	V40 Men
2017	2	9.64	Sue Hall	Stragglers Ladies	01:09:58	V45 Women
2016	2	9.64	Mark Forrest	London Front Runners	01:00:22	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2015	3	11	Bryn Reynolds	Clapham Chasers 3	01:03:46	Overall (men)
2008	3	11	Sonia O'Sullivan	Millennium Group	01:11:13	Overall (women)
2008	3	11	Sonia O'Sullivan	Millennium	01:11:13	V35 Women
2002	3	11	Mark Critchlow	West 4	01:00:34	V40 Men
2017	3	11	Carys Mills	Stragglers Ladies	01:25:23	V45 Women
2007	3	11	Nick Brown	Dulwich Runners	01:04:35	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2017	4	12.2	James McMullan	Thames Hare & Hounds 1	01:11:10	Overall (men)
2004	4	12.2	Barbara Yff	Serpentine	01:23:21	Overall (women)
2007	4	12.2	Louise Watson	Millennium	01:26:52	V35 Women
2005	4	12.2	Julian Smith	Ranelagh	01:18:28	V40 Men
2016	4	12.2	Ange Norris	Dulwich Runners 1	01:32:44	V45 Women
2005	4	12.2	Chris Owen	Ranelagh	01:23:03	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2000	5	13.5	David Benton	Ranelagh	01:13:54	Overall (men)
2007	5	13.5	Vicki Stringer	Serpentine	01:29:44	Overall (women)
2014	5	13.5	Andrea Pickup	Dulwich Runners 2 (ladies)	01:39:23	V35 Women
2017	5	13.5	Kirit Patel	London Frontrunners 1 (MV40)	01:20:54	V40 Men
2017	5	13.5	Marie Synott-Wells	Ranelagh Harriers 1	01:42:48	V45 Women
2016	5	13.5	Ebe Prill	Dulwich Runners 1	01:36:17	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2010	6	8.4	Hugh Torry	Serpentine	00:46:06	Overall (men)
2017	6		Carla Molinaro	Clapham Chasers White	00:50:22	Overall (women)
2010	6	8.4	Liz Straveski	Millennium	00:54:19	V35 Women
2005	6	8.4	Shaun Whelan	London Front Runners	00:46:35	V40 Men
2017	6		Sarah Knox	Serpie Women	00:58:13	V45 Women
2016	6	8.4	Shaun Wheelan	Front Runners 1	00:47:30	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2008	7	12	Shaun Whelan	FrontRunners	01:06:19	Overall (men)
2015	7	12	Helen Palmer	Serpentine 2	01:15:15	Overall (women)
2017	7	12	Alexi Shaw	Dulwich Runners	01:15:39	V35 Women
2008	7	12	Shaun Whelan	London Front Runners	01:06:19	V40 Men
2015	7	12	Ellen Claque	Ranelagh 1	01:32:54	V45 Women
2016	7	12	Jonathan Ratcliffe	Stock Exchange AC	01:09:44	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2008	8	10.65	Jeff Cunningham	Serpentine	00:59:35	Overall (men)
2006	8	10.65	Rachel Townsend	StockExchange	01:03:51	Overall (women)
2012	8	10.65	Louise Watson	Millennium Group	01:08:23	V35 Women
2007	8	10.65	Hugh Shields	Millennium Group	01:02:41	V40 Men
2011	8	10.65	Cathy Ulliot	Brighton & Hove City	01:12:02	V45 Women
2008	8	10.65	Steve Badgerly	Millennium Group	01:05:53	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2016	9	10.2	Busalieh Chris	Stock Exchange AC	00:59:03	Overall (men)
2006	9	10.2	Fiona Oakes	Thrift Green	01:05:33	Overall (women)
2007	9	10.2	Anna McLaughlin	Ranelagh	01:07:50	V35 Women
2008	9	10.2	Mark Forrest	London Front Runners	00:59:51	V40 Men
2017	9	10.2	Ange Norris	Dulwich Runners	01:13:54	V45 Women
2010	9	10.2	Nicholas Brown	Dulwich Runners	01:08:40	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2017	10	9	Jim Allchin	Thames Hare & Hounds 1	00:54:58	Overall (men)
2015	10	9.7	Sarah Kiriluk	Serpentine 2	01:04:22	Overall (women)
2008	10	9.7	Clare Pauzers	Millennium	01:07:48	V35 Women
2008	10	9.7	Callum Martin	London Front Runners	00:56:34	V40 Men
2009	10	9.7	Claire Pauzers	Millennium	01:07:58	V45 Women
2015	10	9.7	Dave Dixon	British Airways	01:00:16	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	
2007	11	7.5	Graham Brook	Stragglers	00:43:22	Overall (men)
2007	11	7.5	Zara Hyde- Peters	Stock Exchange AC	00:46:49	Overall (women)
2007	11	7.5	Zara Hyde-Peters	Stock Exchange	00:46:49	V35 Women
2016	11	7.5	Andrew Reeves	Serpentine Running Club Men	00:44:15	V40 Men
2012	11	7.5	Ange Norris	Dulwich Runners	00:53:40	V45 Women
2010	11	7.5	Bob Harrison	Millennium	00:48:34	V50 Men
<b>Year</b>	<b>Stage</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>	

2011	12	10.9	Richard Phillips	Serpentine	00:59:36	Overall (men)
2010	12	10.9	Teresa Gaillard de Laubenque	Dulwich Runners	01:08:39	Overall (women)
2010	12	10.9	Teresa Gaillard de Laubenque	Dulwich Runners	01:08:39	V35 Women
2015	12	10.9	Andrew Reeves	Serpentine 1	01:02:38	V40 Men
2016	12	10.9	Ange Norris	Dulwich Runners 1	01:17:26	V45 Women
2009	12	10.9	Rob Harrison	Millennium	01:07:46	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2016	13	6.6	Jeff Cunningham	Stock Exchange AC	00:36:50	Overall (men)
2014	13	6.6	Sarah Pemberton	Serpentine 1	00:42:45	Overall (women)
2017	13		Tamsin Simmonds	Serpie Mixed	00:47:06	V35 Women
2017	13		Mark Forrest	London Frontrunners 1 (MV40)	00:40:34	V40 Men
2017	13		Sue Hall	Stragglers Ladies	00:47:08	V45 Women
2017	13		Steven Daley	Beckenham RC 2	00:41:53	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2014	14	8.2	Simon Barrett	Serpentine 1	00:48:00	Overall (men)
2015	14	8.2	Helen Palmer	Serpentine 2	00:54:24	Overall (women)
2015	14	8.2	Vicky Edwards	British Airways	01:05:18	V35 Women
2016	14	8.2	Jonathan Moscrop	Front Runners 1	00:52:39	V40 Men
2015	14	8.2	Dorothy Wilkinson	Elmbridge Road Runners	01:03:24	V45 Women
2015	14	8.2	Dave Breslin	Sandhurst 2	00:57:00	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2012	15	9.2	Hugh Torry	Serpentine	00:50:58	Overall (men)
2015	15	9.2	Katie Williams	Serpentine 2	00:59:21	Overall (women)
2006	15	9.2	Marie Synnott-Wells	Ranelagh	01:04:42	V35 Women
2017	15		Andrew Reeves	Serpie Men	00:54:59	V40 Men
2012	15	9.2	Marie Synott-Wells	Ranelagh	01:04:46	V45 Women
2017	15		Gary Neville	SMTC	00:58:35	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2007	16	14	Andrew Weir	Stock Exchange	01:17:26	Overall (men)
2004	16	14	Barbara Yff	Serpentine	01:29:28	Overall (women)
2008	16	14	Karine Pradier	Serpentine	01:29:58	V35 Women
2003	16	14	Hugh Jones	Ranelagh	01:19:41	V40 Men
2012	16	14	Carys Mills	Stragglers	01:39:42	V45 Women
2007	16	14	Nick Brown	Dulwich Runners	01:28:53	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2016	17	10.5	Bryn Reynolds	Clapham Chasers 1	00:57:22	Overall (men)
2011	17	10.5	Lucie Custance	Serpentine	01:05:28	Overall (women)
2003	17	10.5	Phyllis Flynn	Stragglers	01:08:10	V35 Women
2016	17	10.5	Simon Barrett	Serpentine Running Club Men	00:59:24	V40 Men
2002	17	10.5	Jane Davies	Epsom & Ewell Harriers	01:14:49	V45 Women
2016	17	10.5	Jonathan Ratcliffe	Stock Exchange AC	01:04:27	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2017	18		James McMullan	Thames Hare & Hounds 1	00:57:16	Overall (men)
2016	18	8.6	Sam Ludlow Taylor	Serpentine Running Club Ladies	01:06:48	Overall (women)
2017	18		Anne Eden	Serpie Women	01:17:51	V35 Women
2016	18	8.6	Simon Buckley	Serpentine Running Club Vets	01:02:27	V40 Men
2014	18	8.6	Ange Norris	Dulwich Runners 2 (ladies)	01:13:55	V45 Women
2015	18	8.6	Rich Bartlett	Serpentine 3	01:10:58	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2016	19	9.8	James McMullan	Thames Hare & Hounds	00:58:14	Overall (men)
2014	19	9.8	Hayley Munn	Clapham Chasers 1	01:04:20	Overall (women)
2008	19	9.8	Sonia O'Sullivan	Millennium	01:07:10	V35 Women
2016	19	9.8	Kirit Patel	Front Runners 1	01:03:02	V40 Men
2012	19	9.8	Phyllis Flynn	Stragglers	01:15:37	V45 Women
2006	19	9.8	Hugh Jones	Ranelagh	01:04:29	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2017	20		Ted Mockett	Ranelagh Harriers 2	00:33:23	Overall (men)
2015	20	6	Marta Bagnati	Serpentine 2	00:37:42	Overall (women)
2017	20		Alexi Shaw	Dulwich Runners	00:37:32	V35 Women
2017	20		Simon Barrett	Serpie Men	00:32:30	V40 Men
2015	20	6	Fiona Selvin-Brown	Sandhurst 2	00:40:42	V45 Women
2014	20	6	Paul Sinton-Hewitt	Ranelagh 2	00:41:30	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2008	21	8.4	Mark Forrest	Front Runners	00:47:59	Overall (men)
2008	21	8.4	Clare Pauzers	Millennium	00:54:20	Overall (women)
2008	21	8.4	Clare Pauzers	Millennium	00:54:20	V35 Women
2008	21	8.4	Mark Forrest	London Front Runners	00:47:59	V40 Men
2011	21	8.4	Cathy Ulliot	Brighton & Hove City	00:55:57	V45 Women
2017	21		Dean Morley	Stragglers Vets	00:53:02	V50 Men
<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2011	22	9.15	Andy Greenleaf	Serpentine	00:49:27	Overall (men)
2005	22	9.15	Sonia O'Sullivan	Millennium	00:49:55	Overall (women)
2005	22	9.15	Sonia O'Sullivan	Millennium	00:49:55	V35 Women
2008	22	9.15	Callum Martin	London Front Runners	00:50:05	V40 Men
2008	22	9.15	Dee Smale	Stragglers	01:01:50	V45 Women
2010	22	9.15	Howard Gleave	Ranelagh	00:55:39	V50 Men

**Pre-2013 records (courses amended for safety improvements)**

<b>Year</b>	<b>Stage</b>		<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Category</b>
2012	10	9.7	Hugh Torry	Serpentine	00:55:28	Overall (men)
2015	10	9.7	Sarah Kiriluk	Serpentine 2	01:04:22	Overall (women)
2008	10	9.7	Clare Pauzers	Millennium	01:07:48	V35 Women
2008	10	9.7	Callum Martin	London Front Runners	00:56:34	V40 Men
2009	10	9.7	Claire Pauzers	Millennium	01:07:58	V45 Women
2015	10	9.7	Dave Dixon	British Airways	01:00:16	V50 Men
2012	13	6.9	Bryn Reynolds	Clapham Chasers	00:41:07	Overall (men)
2006	13	6.9	Rachel Townsend	Stock Exchange	00:42:14	Overall (women)
2011	13	6.9	Pascal Evans	Stragglers	00:41:56	V40 Men
2007	13	6.9	Zara Hyde-Peters	Stock Exchange	00:43:39	V35 Women
2007	13	6.9	Peter Giles	Millennium	00:43:56	V50 Men
	13	6.9	Clare Pauzers	Millennium Group	00:48:41	V45 Women
2010	14	7.9	James Flood	Stragglers	00:47:44	Senior Men
2008	14	7.9	Mona Burt	Clapham Chasers	00:48:52	Senior Women
2009	14	7.9	Louise Watson	Millennium	00:51:05	V35 Women
2012	14	7.9	Patrick Doyle	Frontrunners	00:51:02	V40 Men
2011	14	7.9	Marie Synott-Wells	Ranelagh	00:55:24	V45 Women
2006	14	7.9	Mike Bruce	Elmbridge	00:52:39	V50 Men
2011	18	8.7	Hugh Torry	Serpentine	00:46:30	Senior Men
2007	18	8.7	Louise Watson	Millennium	00:53:38	Senior Women
2007	18	8.7	Louise Watson	Millennium	00:53:38	V35 Women
2008	18	8.7	Darryl MacDonald	Millennium	00:51:33	V40 Men
2005	18	8.7	Kathryn Mallett	Ranelagh	01:01:34	V45 Women
2003	18	8.7	John Barnard	West 4	00:53:48	V50 Men
2010	20	5.6	Simon Barrett	Serpentine	00:29:17	Senior Men
2011	20	5.6	Alison Wood	Stock Exchange	00:34:13	Senior Women
2011	20	5.6	Alison Wood	Stock Exchange AC	00:34:13	V35 Women
2012	20	5.6	Andrew Reeves	Serpentine	00:30:05	V40 Men
2007	20	5.6	Dee Smale	Stragglers	00:34:19	V45 Women
2010	20	5.6	Nicholas Brown	Dulwich Runners	00:33:14	V50 Men